Session Types

Explore the variety of session types to find the right fit for your training needs, technical skill level, and learning style.

Presentation Style

Session Type	Description	Length (minutes)	Full Conference	IT Leadership	Explorer	Earn CE Credits	On Demand Post Event
Breakout (BRK)	Highly technical topics on specific Cisco solutions. Focus on technology strategy, design, deployment, implementation, and troubleshooting, covering all skill levels.	60, 90	✓	✓		✓	✓
Cisco Insider User Group (CUG)	Focuses on upcoming product release information and timelines, delivered by Cisco product Teams. *Must be a member of Cisco Insider User Group to register for sessions.*	60, 90	✓	✓			✓
Customer Success Session (CSS)	Best practices and recommendations for deploying, managing, and extending Cisco product features and capabilities. Delivered by Cisco customers and staff.	45	✓	✓	✓		✓
DevNet (DEV)	Focuses on the latest Cisco API platforms and on topics like network programmability, developing with containers, blockchain, DevOps, IoT, and more.	20, 45	✓	✓	✓	DevNet Workshops only	✓
Center Stage (CEN)	Cisco executives highlight the latest innovations in technology and products.	30	✓	✓	✓		✓
Technical Seminar (TEC)	In-depth, comprehensive half-day seminar delivered by a Cisco expert on a particular technology including design principles, case studies, and best practices. *Priced in addition to conference fee.*	240				✓	
World of Solutions Session (WOS)	Join Partner or Cisco sessions in the Content Corner and Villages.	10, 15, 30	✓	✓	✓		Content Corner only
Keynote Deep Dive (KDD)	Architecture-led sessions with Cisco executives that go deeper into Keynote announcements and launches.	45	✓	✓	✓		✓
Cisco U (CISCOU)	Sessions cover Cisco technologies, Cisco Certifications, and emerging technologies. Located in the Learning and Certifications area in the World of Solutions.	45	✓	✓	✓		✓

Interactive

Session Type	Description	Length (minutes)	Full Conference	IT Leadership	Explorer	Earn CE Credits	On Demand Post Event
Capture the Flag (CTF)	Compete in gamified hands-on labs and activities on a variety of Cisco technologies.	varies	✓	✓	✓	✓	
Instructor-Led Lab (LTR)	Hands-on experience with pre-designed scenarios. Attendees explore configurations, evaluate, and test some of the latest products. Subject to availability.	240	One included*	One included*		✓	
4-hour Instructor-led Labs	Extensive hands-on training at its finest with Cisco's top instructors in small group settings. These paid labs offer an immersive and practical environment designed to deepen your expertise in installing and troubleshooting core Cisco technologies. Priced in addition to conference fee.	240				✓	
Walk-In Lab (LAB)	Self-paced predesigned scenarios. First come, first serve. Subject matter experts on hand to answer questions. Walk-up only.	>45	✓	✓	✓		