Let’s go

The bridge to possible

Zero Trust Network Access (ZTNA) Demystified

What It Is, Why You Need It and the New Cisco Technologies That Make Frictionless Security Possible

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CCIE Security #35525

cisco Live!

BRKSEC-2079

About Your Speaker

- Security Architect focused on global financials and global life sciences customers
- 15 years in industry including higher ed, manufacturing and 10 years at Cisco
- Author of CCNP Security Virtual Private Networks SVPN 300-730 Official Cert Guide

Agenda

- Why ZTNA and it’s evolution
- ZTA w/ Cisco Secure Firewall
- ZTA w/ Cisco Secure Access

Not Covered: ISE, TrustSec or Duo

Webex App

Questions?

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1. Find this session in the Cisco Events Mobile App
2. Click “Join the Discussion”
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4. Enter messages/questions in the Webex space

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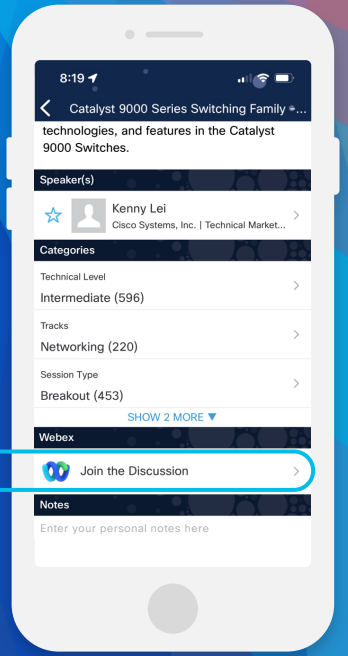

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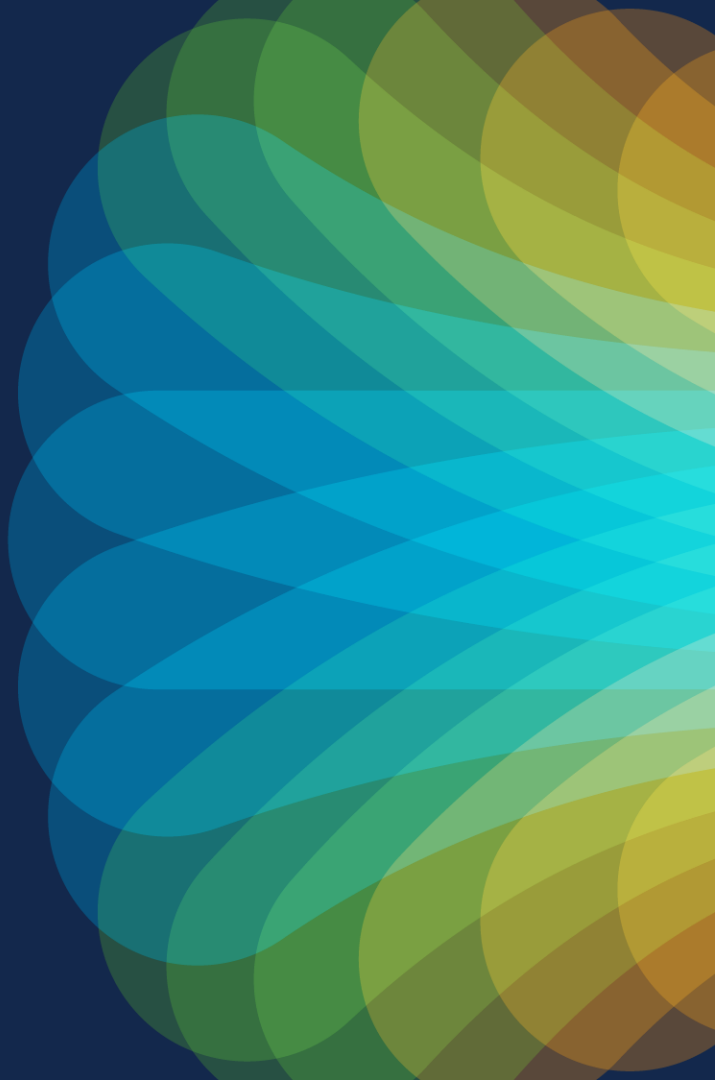
Why ZTNA?



Why ZTNA?

49%
Employees are remote/hybrid users

53%
Remote/hybrid workers using DIA

55%
Traffic to/from off-premises, cloud-based facilities

This complexity + an increased ability of attackers to profit has made hypothetical attacks reality and pushed many organizations to the breaking point.

Reference: ESG SSE Survey, June 2023

ZTNA

Zero Trust Network Access

Why ZTNA?

User Experience

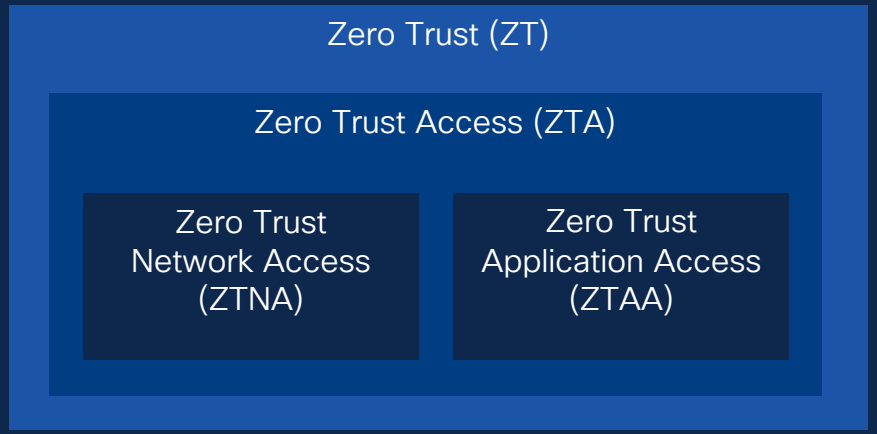
SaaS Delivery

Zero Trust

ZT vs. ZTA vs. ZTNA vs. ZTAA (Outcome View)

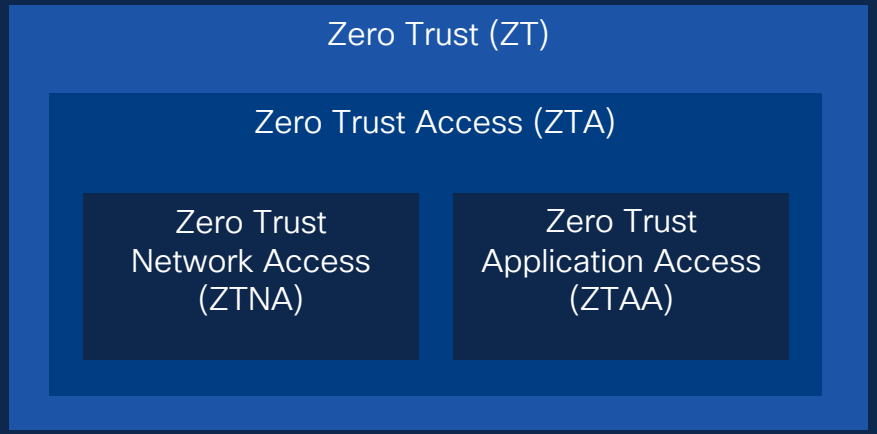
- **Zero Trust**
  - A comprehensive security framework that prioritizes least privilege, strict access controls, and continuous monitoring to mitigate risks and protect resources.

- **Zero Trust Access**
  - A specific aspect of Zero Trust that focuses on managing and enforcing access to resources



ZT vs. ZTA vs. ZTNA vs. ZTAA (Outcome View)

- Zero Trust Network Access (ZTNA)
  - A subset of Zero Trust Access that focuses on secure access to networks.
- Zero Trust Application Access (ZTAA)
  - A subset of Zero Trust Access that focuses on secure access to individual applications.



ZTNA vs. ZTAA (Outcome View)

	Zero Trust Network Access (ZTNA)	Zero Trust Application Access (ZTAA)
Allow Access To:	Corporate Network (10.0.0.0/8 or *.example.com)	Production Jira App (jira.example.com)
When:	User Identity (Lee authenticated via MFA)	
	Device Posture (Fully patched device)	
	Location (United States)	
	Continuous Monitoring (TLS decrypt and IPS inspection)	

The primary difference between ZTNA and ZTAA is the granularity of access in the policy

Types of Zero Trust Access

	Clientless	Client-based
General description	Lightweight method to securely access resources	More feature rich method to securely access resources
Application support	Web applications (HTTP/HTTPS) via a web browser and other select protocols (SMB/RDP/SSH/etc.) via a portal or small helper application	Broad range of applications via a software client
Partner/BYOD use	Preferred method	Yes, if desired/needed
Employee use	Yes, if desired	Preferred method

Cisco Secure Firewall Zero Trust Access (ZTA)

New Cisco Zero Trust Access Options

	Secure Firewall	Cisco Secure Access
Hosting	Hardware or VM	
Type	Clientless	
Client	Web Browser	
Supported Traffic	Client-to-server	
Supported Apps	HTTPS	
Client Protocol(s)	TLS	
Device Posture	None (Use Duo)	
Per-App Controls	TLS Decrypt, IPS, Anti-Malware	

Cisco Secure Firewall Zero Trust Access (ZTA)

Background

- Prior to Secure Firewall 7.4, organizations wanting to grant users access to private applications and implement zero trust were required to install additional software installed (like AnyConnect / Secure Client) on client devices.

What's New

- Clientless Zero Trust Access functionality added to Secure Firewall 7.4.
- SAML based authentication of users with support for Duo, Azure AD, Okta, & other Identity Providers.
- No additional network equipment needed. Simply upgrade to FTD v7.4.

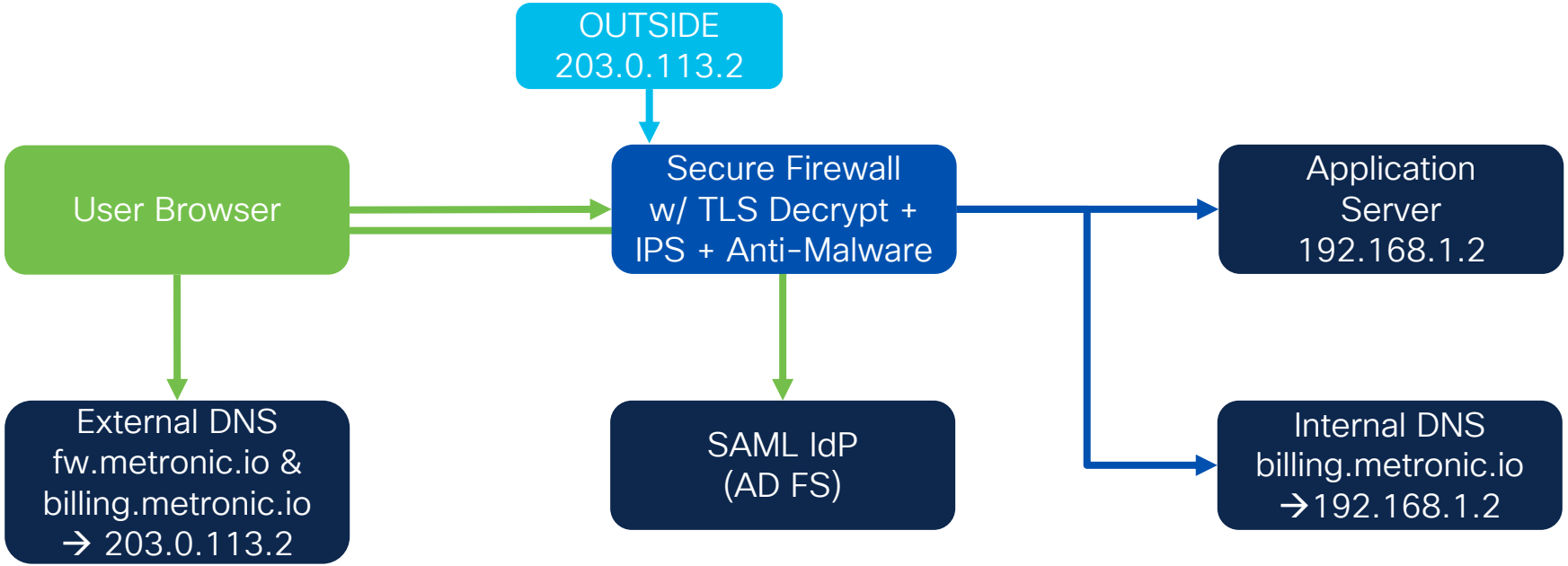
Benefits

- Enables users to access applications without requiring additional software on personal devices.

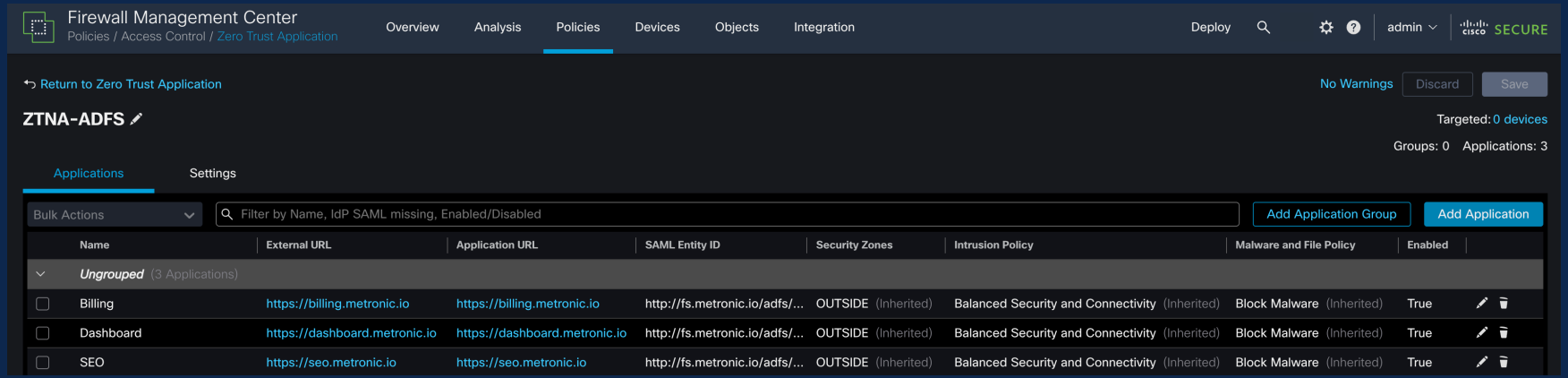
Requirements

- Secure Firewall 7.4
- Snort 3
- FMC On Prem + FMC REST API or cdFMC
- Not supported on ASA
- Only Routed mode supported
- Not supported on individual mode cluster

Demo Setup: Secure Firewall ZTA w/ AD FS

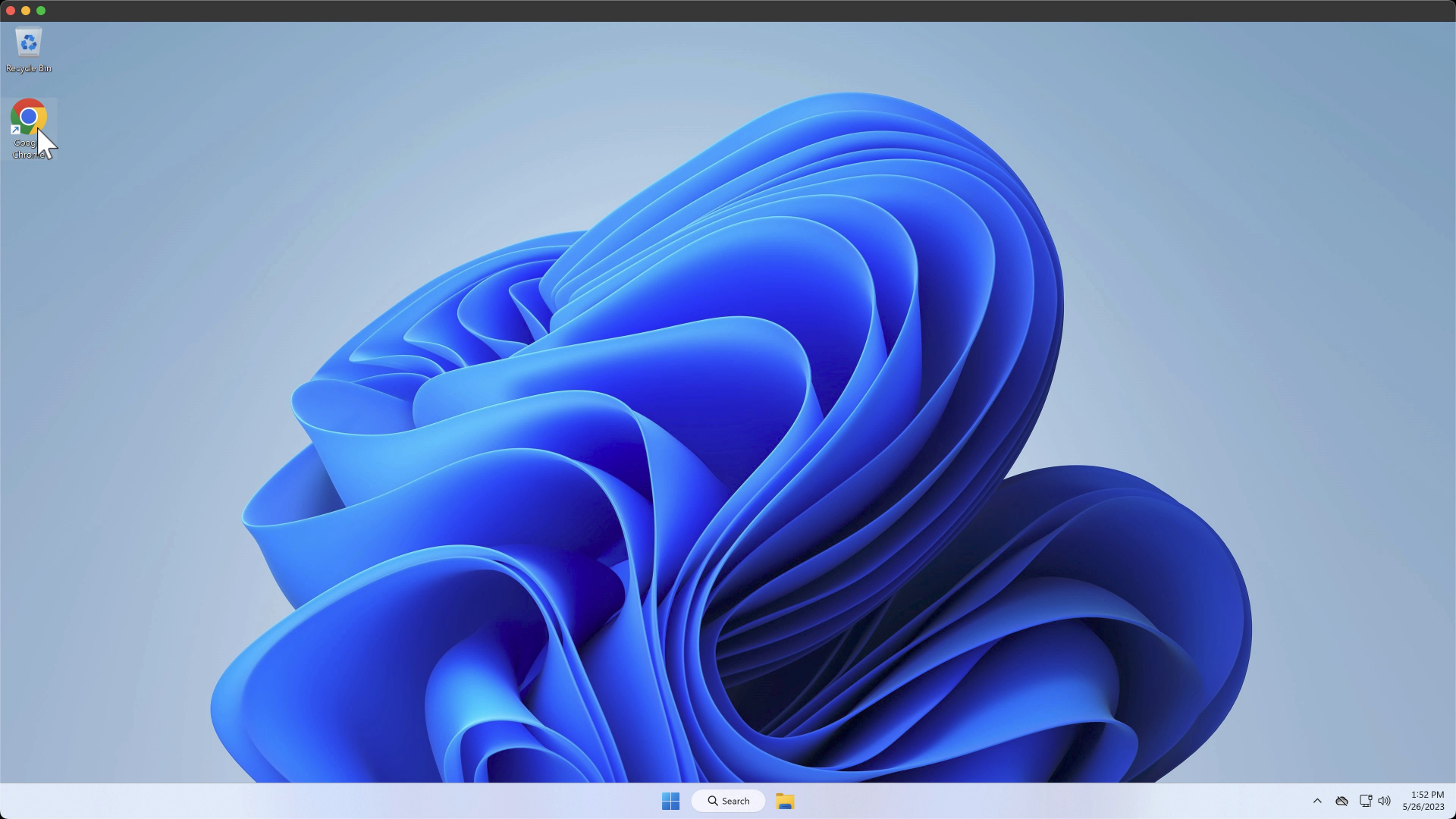


Config: Secure Firewall ZTA w/ AD FS

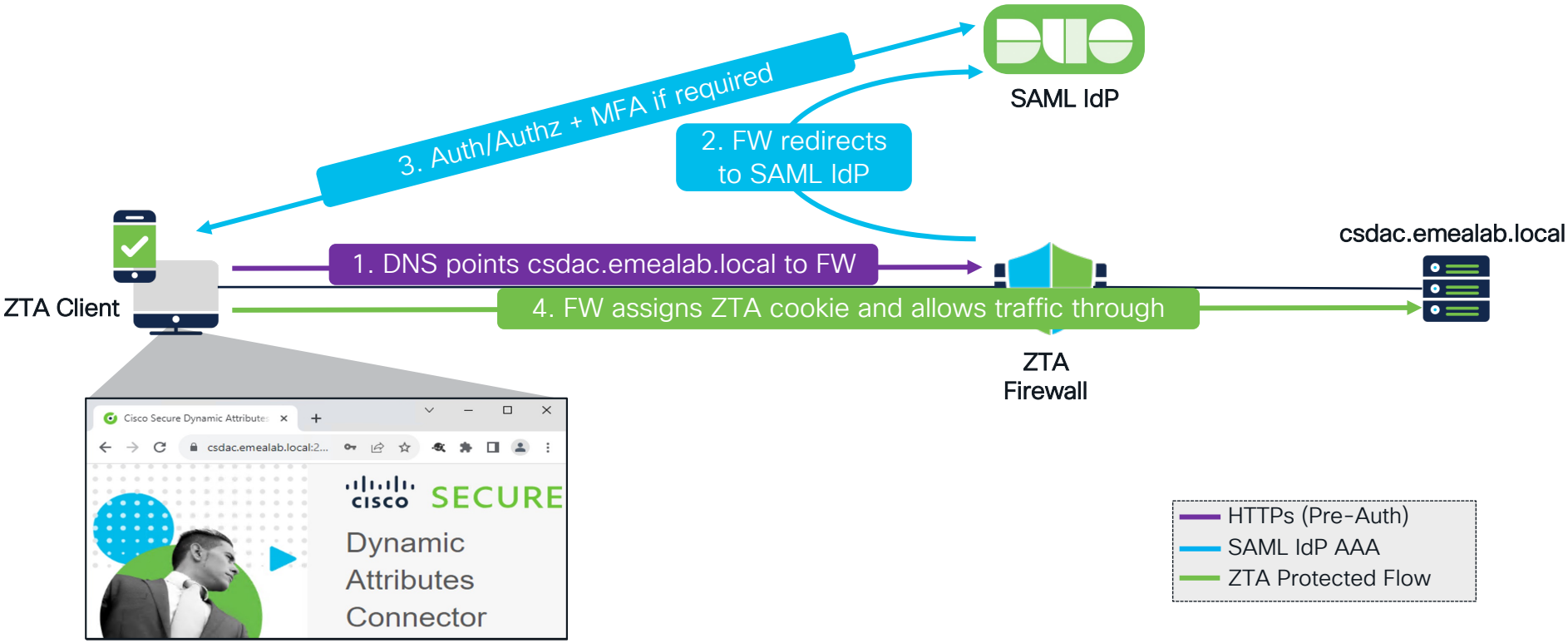


User Demo:

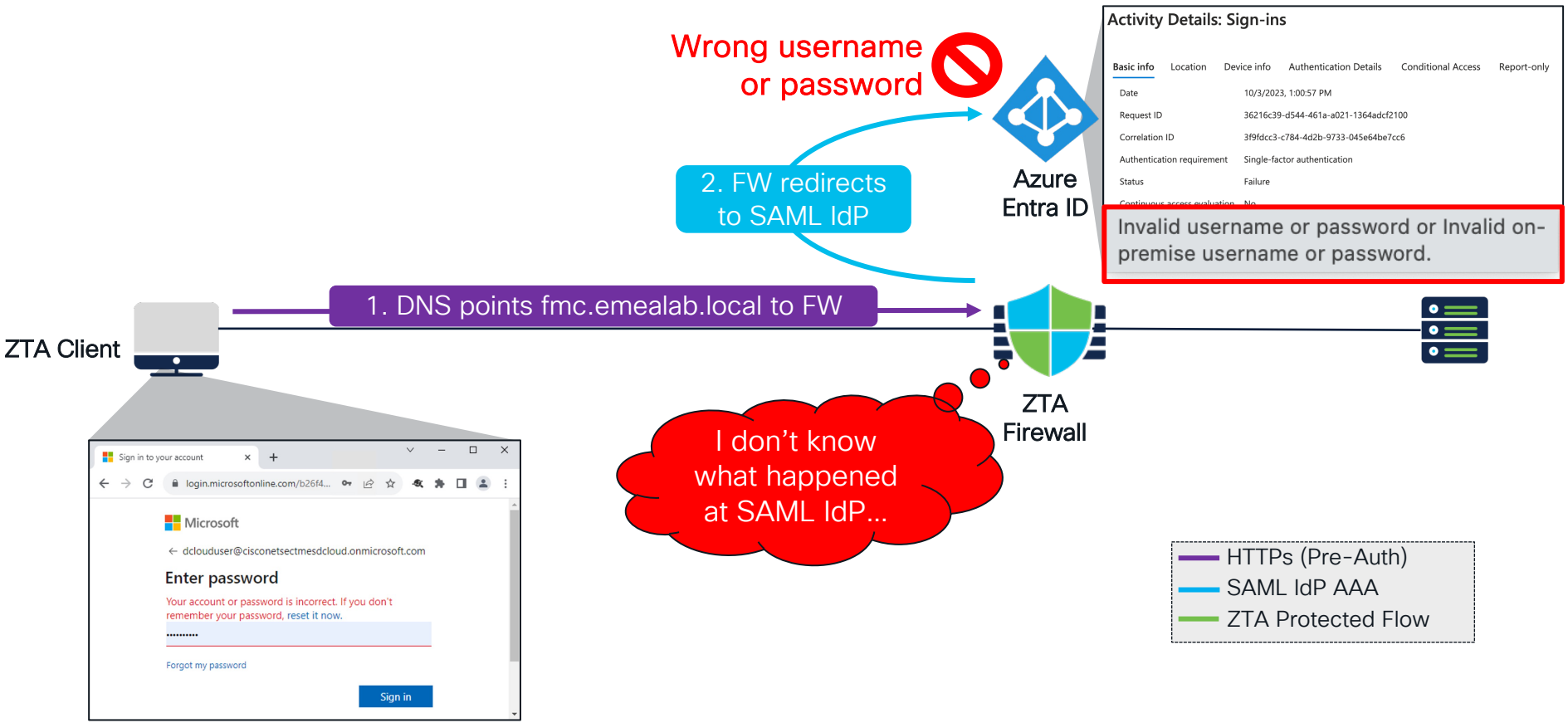
Cisco Secure Firewall ZTA + AD FS


Recycle Bin
Search
1:52 PM
5/26/2023

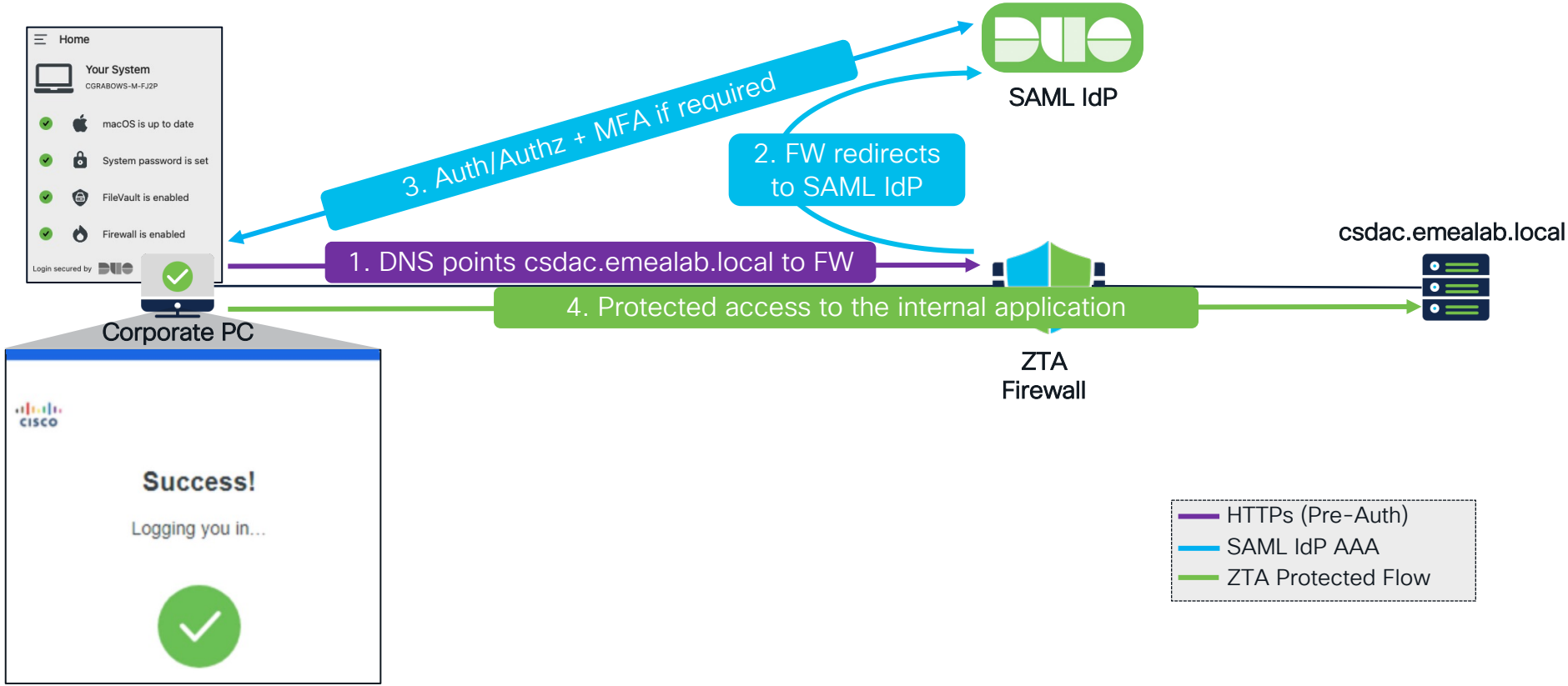
Flow – Basic Flow



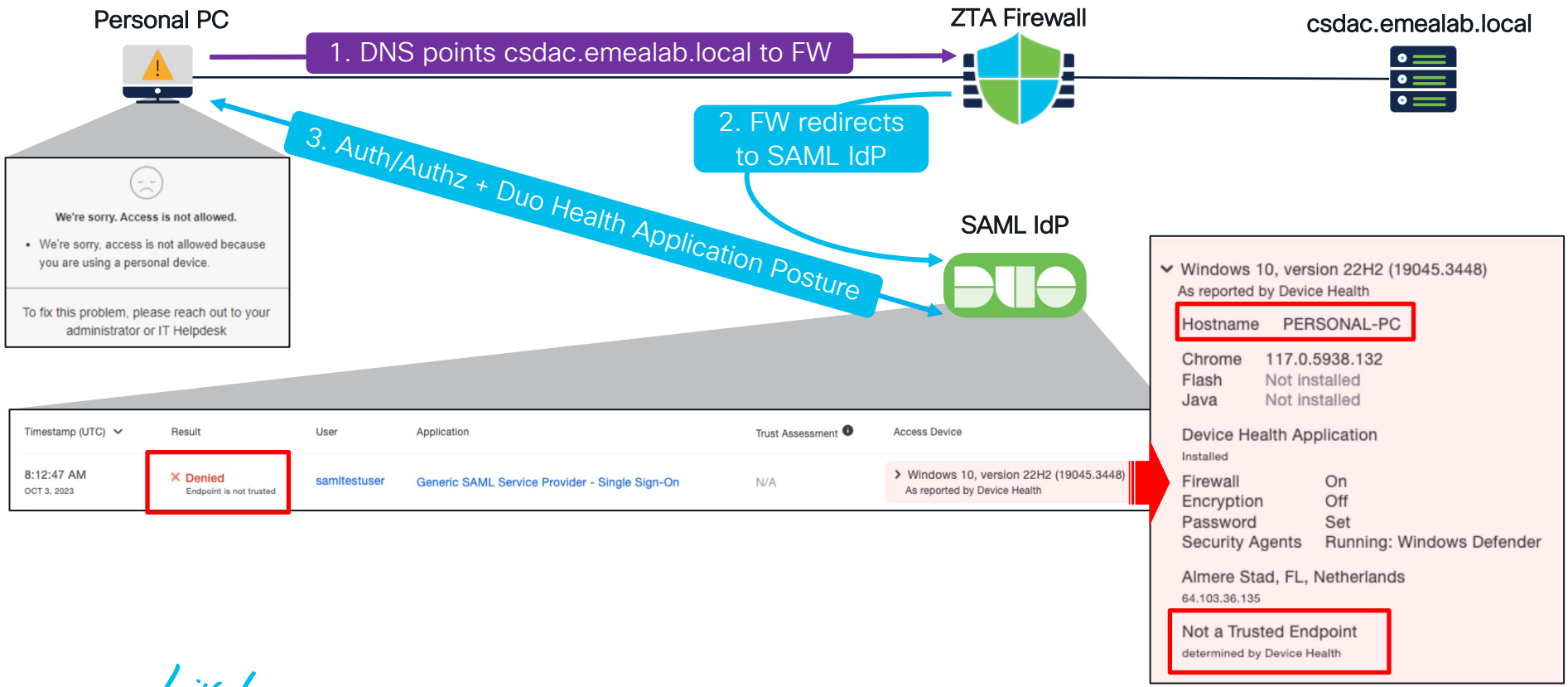
Flow – Failed Authentication



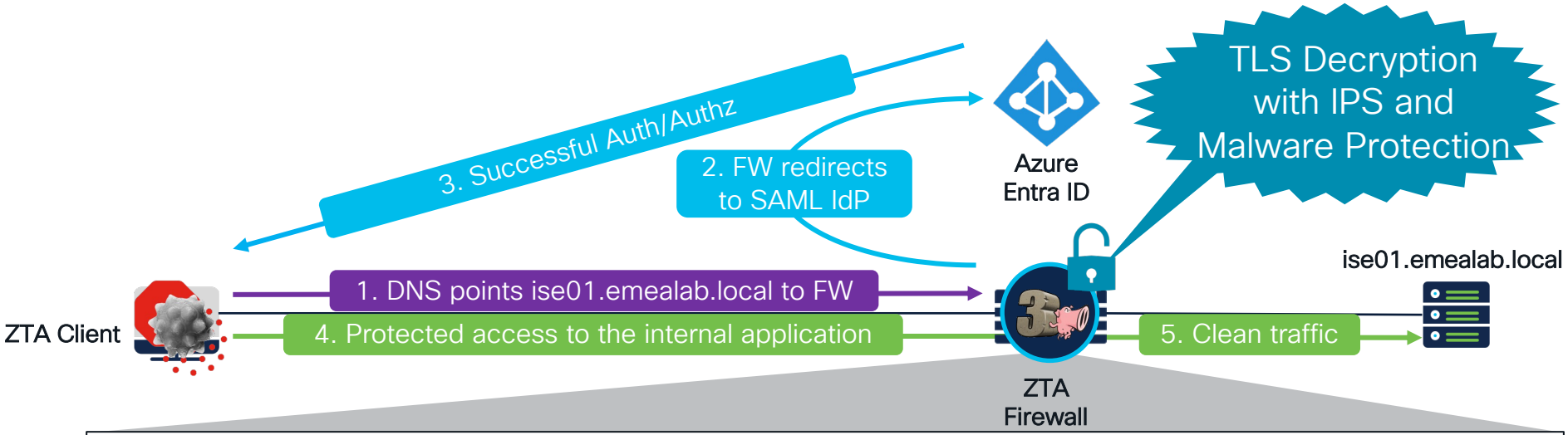
Flow – Compliant Endpoint



Flow – Non-Compliant Endpoint



Flow – Successful Auth/Authz w/ Inspection



Firewall Management Center
Analysis / Unified Events

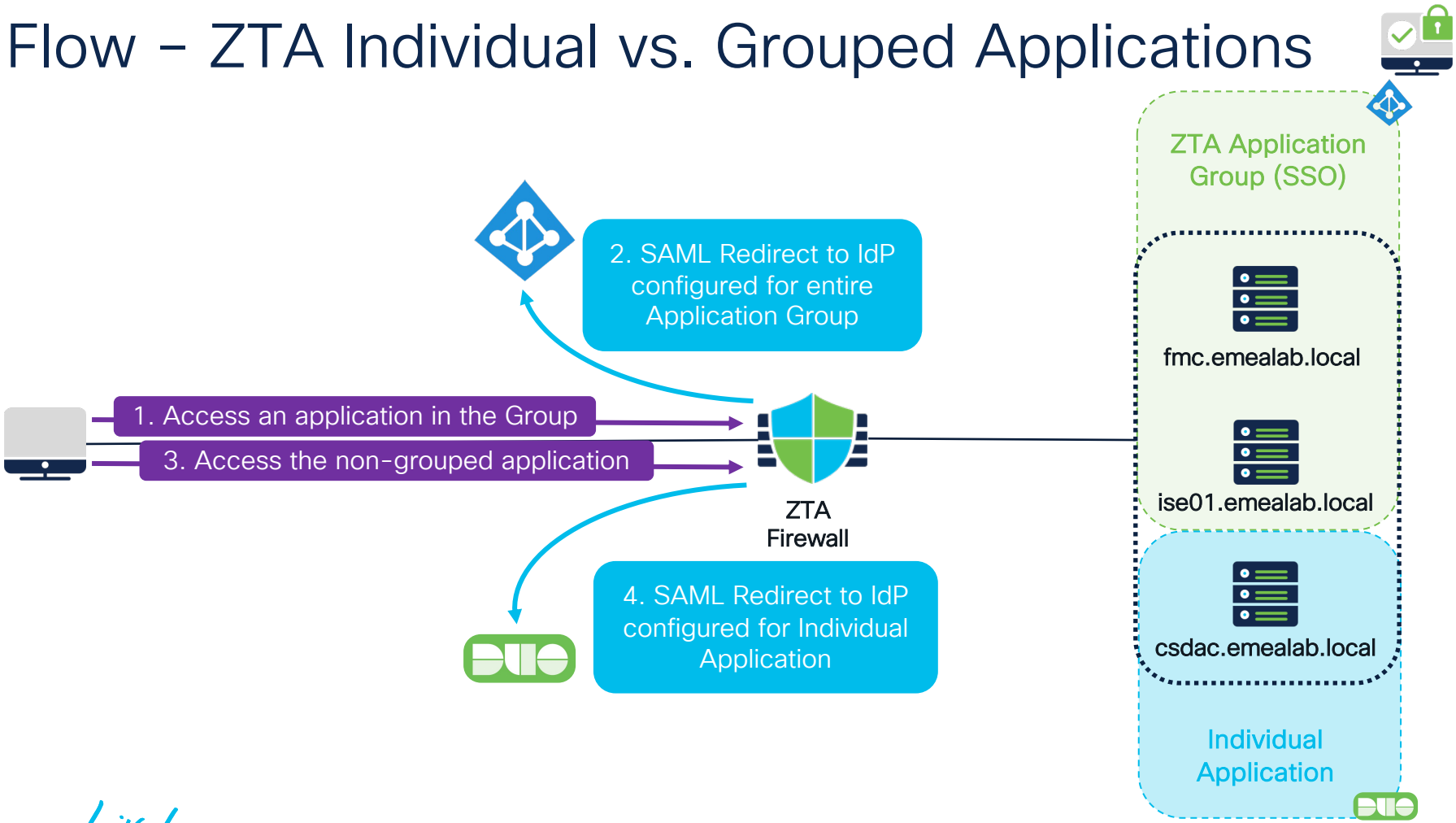
Overview | Analysis | Policies | Devices | Objects | Integration | Deploy | admin | SECURE

Event Type: Intrusion, Malware | Refresh

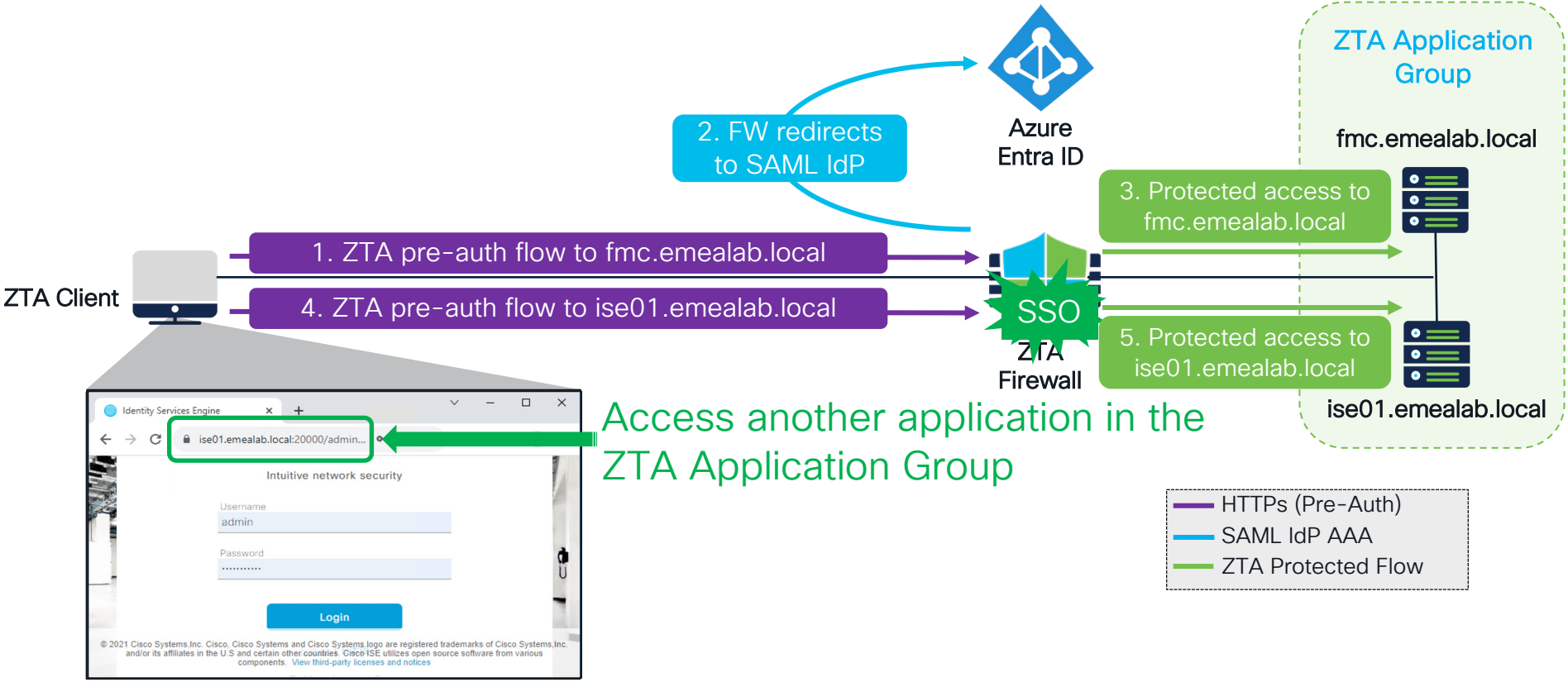
Showing all 27 events (8, 19) | Last 1 month | Go Live

Time	Event Type	Action	Source IP	Destination IP	Destination Port / ICMP Code	Source User
2023-10-03 09:59:30	Malware	Malware Block	172.16.135.101	172.16.134.96	443 (https) / tcp	dclouduser@cisconetsectmesdcloud.onmicrosoft.com
2023-10-03 09:59:28	Intrusion	Alert	172.16.135.101	172.16.134.96	443 (https) / tcp	dclouduser@cisconetsectmesdcloud.onmicrosoft.com

Flow – ZTA Individual vs. Grouped Applications



Flow – Grouped Applications



Recommendations

- Only SAML IdPs are supported e.g. Azure AD, Duo, Ping ID, One Login, Okta
- DNS needs to be configured to direct application traffic to the ZTA firewall's interface.
- ZTA application protection supported for Internet and internal access use-case (with proper DNS configuration)
- ZTA is supported on routed mode in HA/Cluster*/Multi-Instance deployments
- License requirements:
  - Essentials license for basic ZTA access
  - IPS and/or Malware Defense for application traffic inspection
  - ZTA does not work in evaluation mode
- ZTA traffic is not subjected to Access Control Policy (ZTA policy takes precedence)

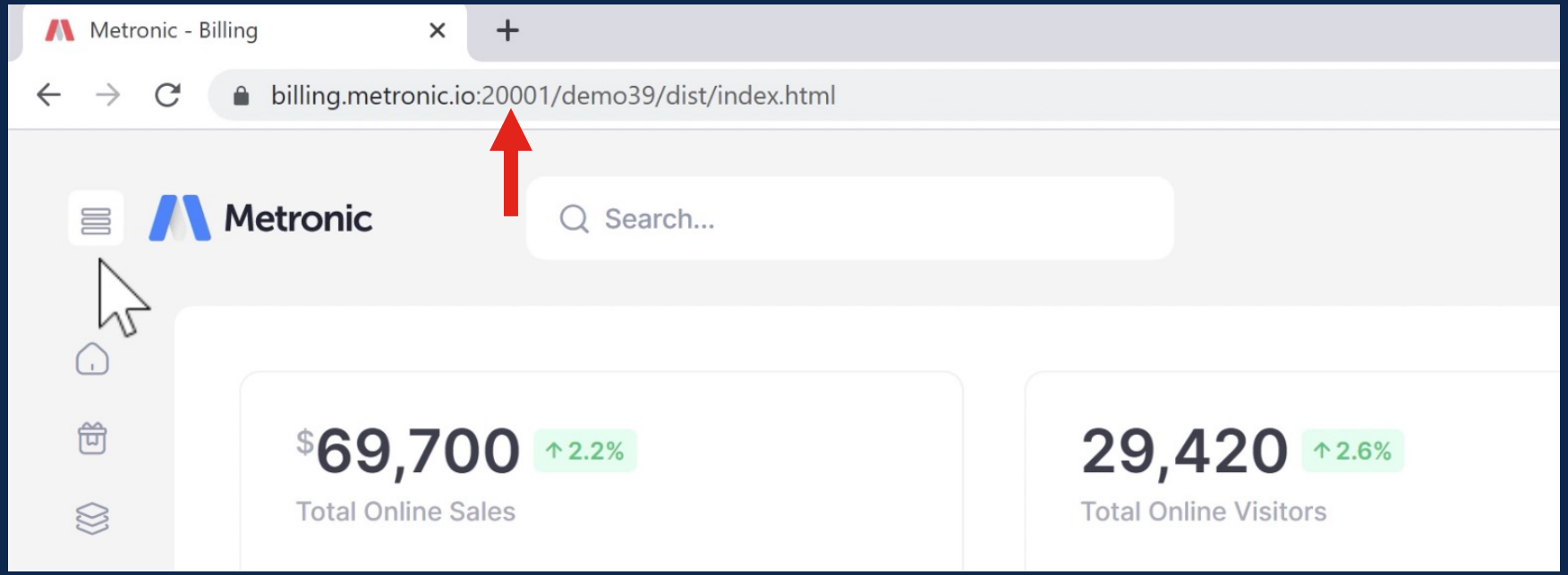
* Not supported on individual mode cluster

Recommendations

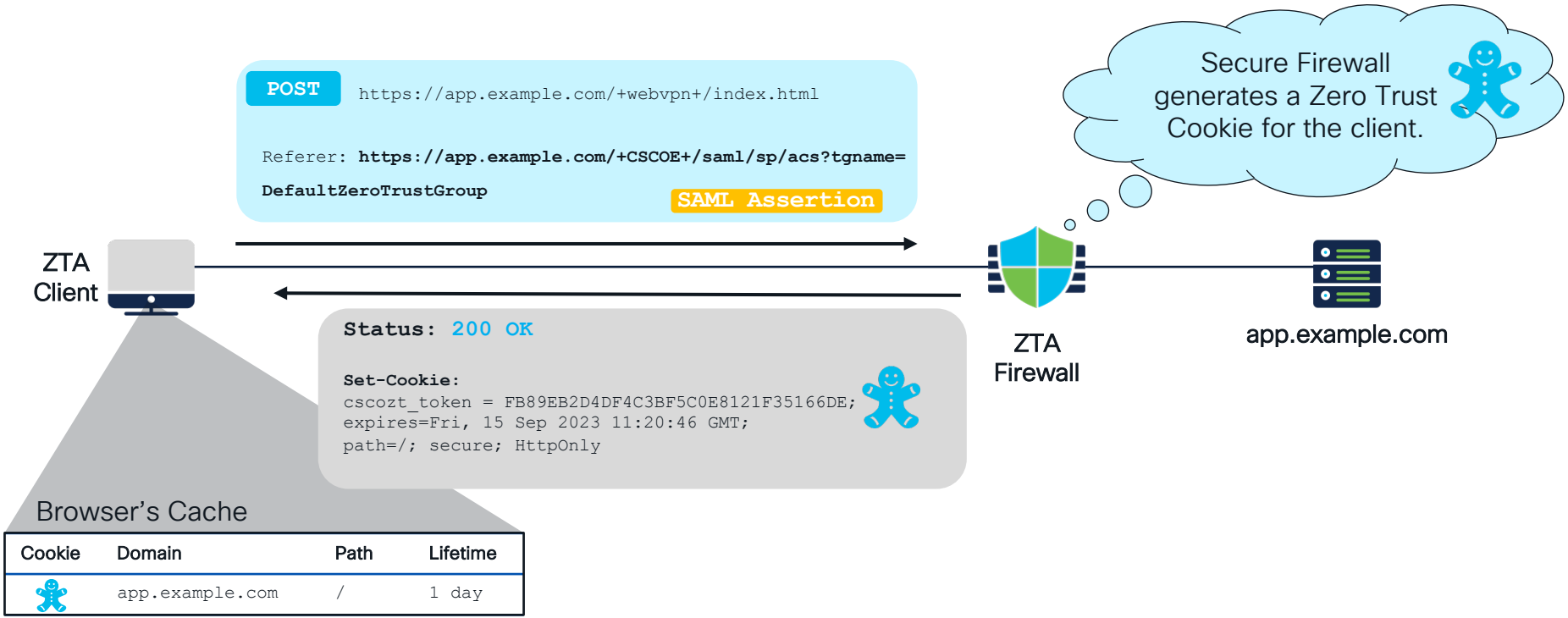
- Supports HTTPs applications only (HTTP, RDP, SSH not supported)
- ZTA supports interactive web applications (requires user SAML login)
- ZTA is not a reverse-proxy:
  - Firewall does not rewrite HTTP requests
  - The flow is based on HTTP redirects
  - TLS decryption is mandatory – Snort validates ZTA HTTP cookie in the HTTP request
- ZTA will not work for non-HTTP traffic tunneled through TCP 443 interface.
- A pre-auth certificate matching FQDNs of protected applications is required
- Not supported if protected application redirects between ports or does strict HTTP Host Header validation

Note the port at the end of the FQDN

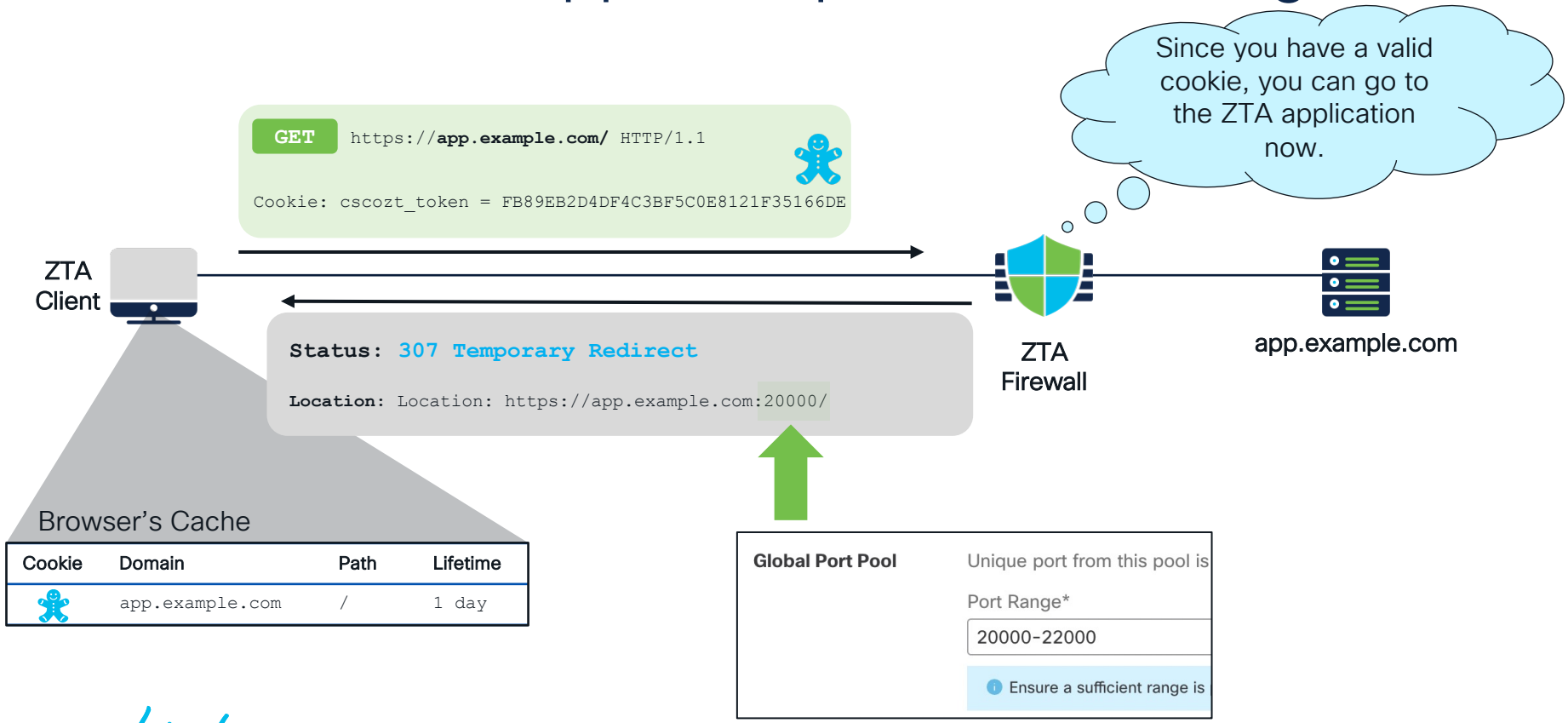
Secure Firewall redirects to a FQDN with a high port (20,000+) for each app



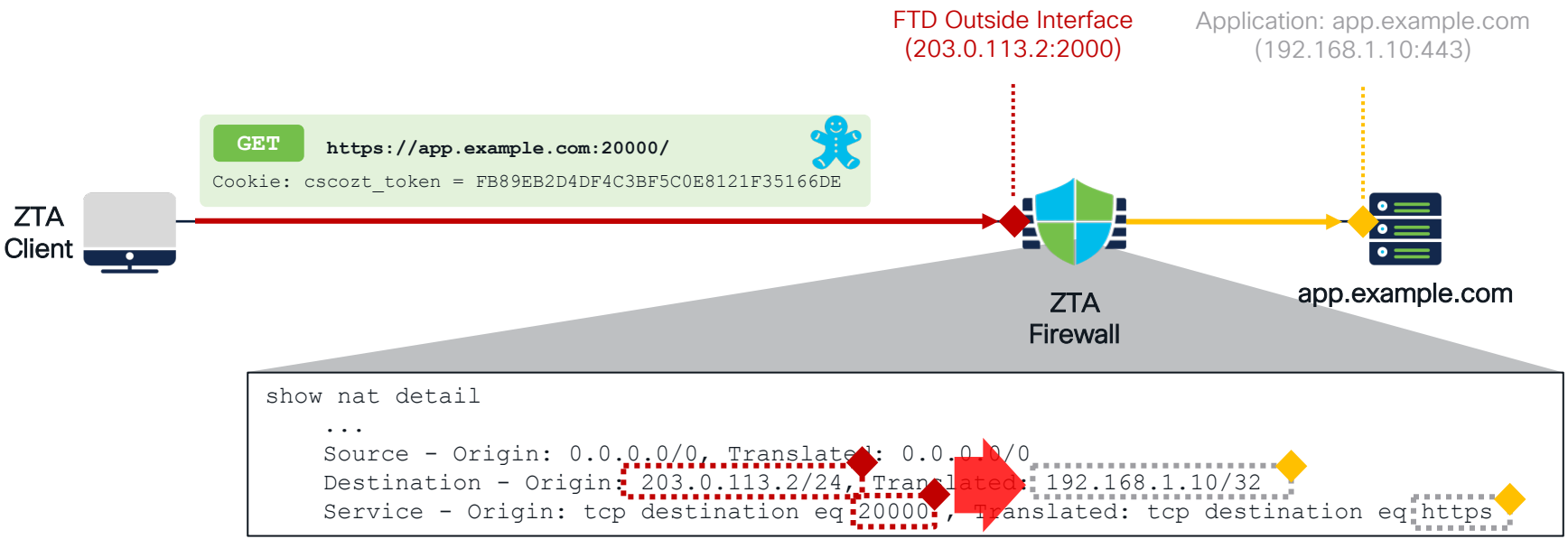
SAML Assertion Consumption and Setting Application Cookie



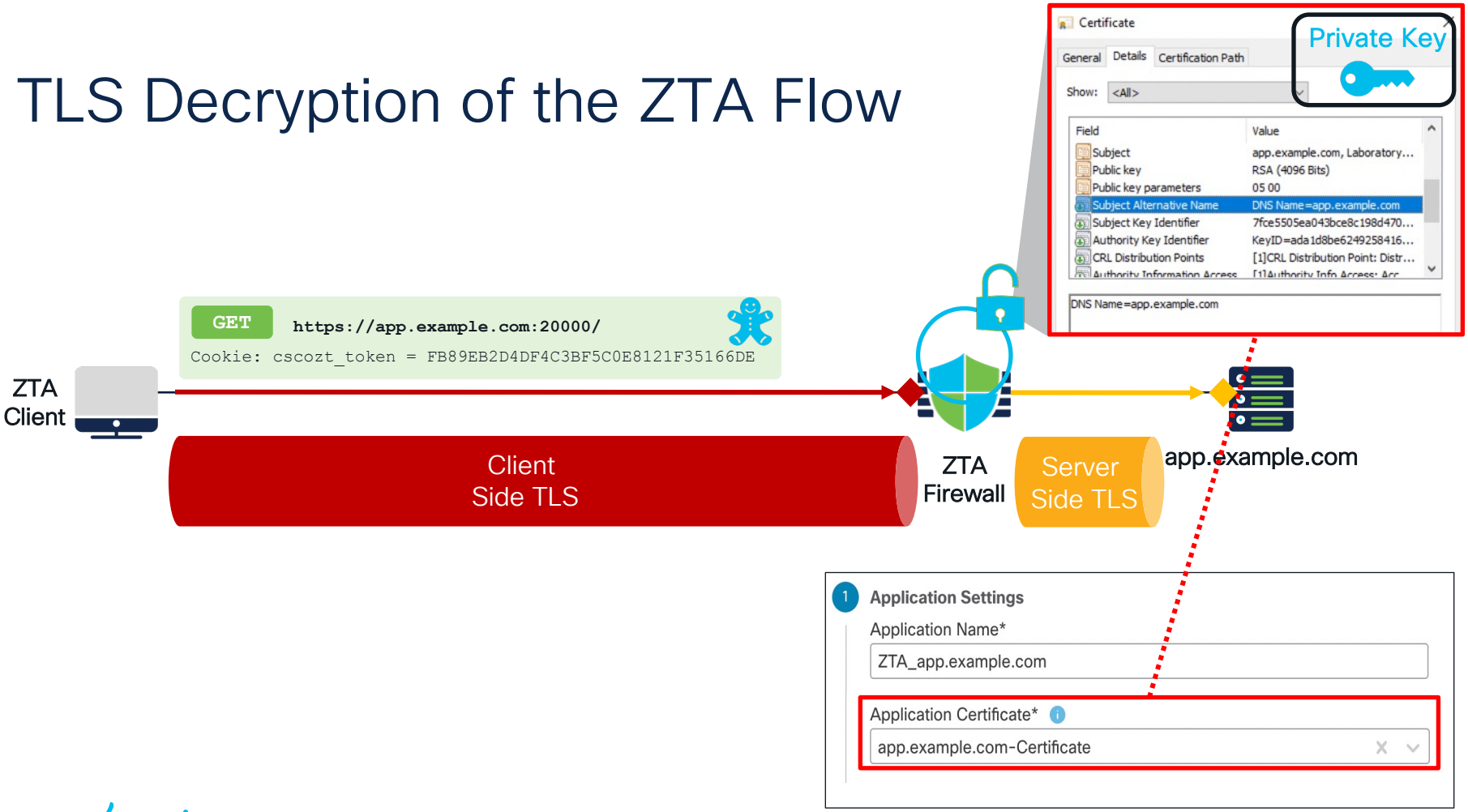
Redirect to ZTA app.example.com NAT High Port



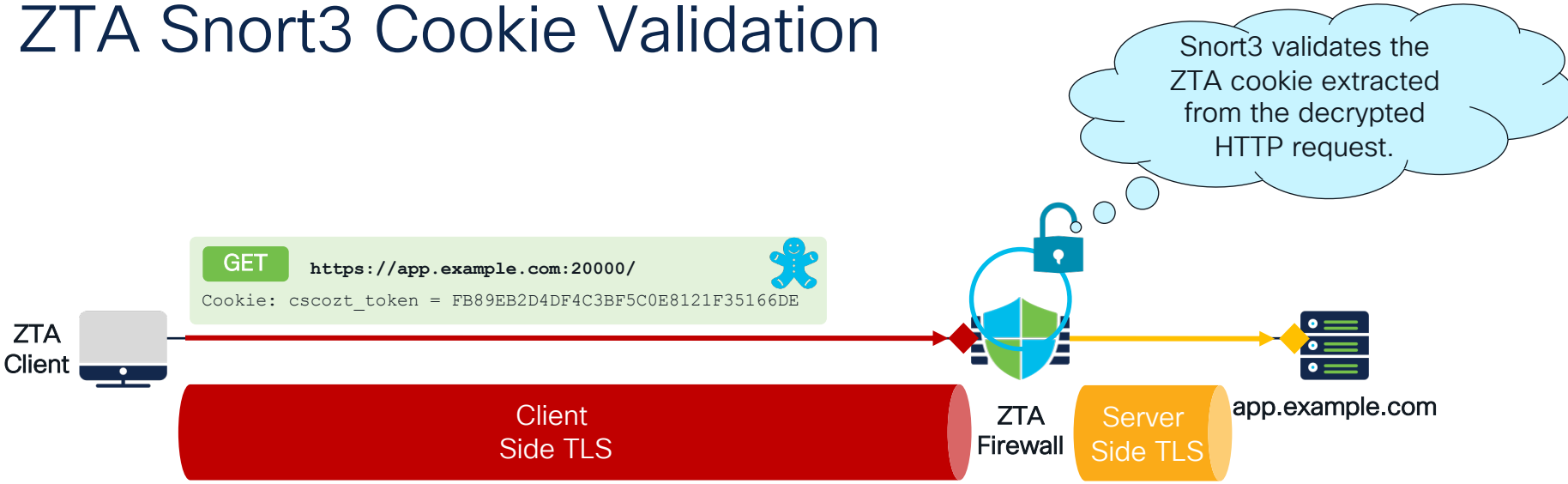
ZTA app.example.com NAT Construct



TLS Decryption of the ZTA Flow

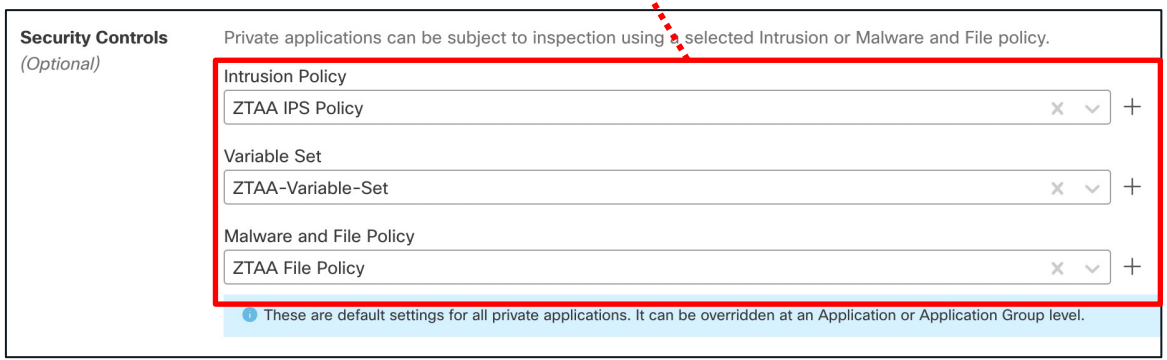


ZTA Snort3 Cookie Validation



IPS and Malware Protection

All ZTA protected application traffic is protected with IPS and/or Malware Defense policies.



Cisco Secure Access

New Cisco Zero Trust Access Options

	Secure Firewall	Cisco Secure Access		
Hosting	Hardware or VM	SaaS		
Type	Clientless	Clientless	Client-Based	
Client	Web Browser	Web Browser	ZTA Module OS Native Clients	VPN Module
Supported Traffic	Client-to-server	Client-to-server	Client-to-server	Client-to-server, Client-to-client, Server-to-client
Supported Apps	HTTPS	HTTP, HTTPS	TCP & UDP	TCP, UDP & ICMP
Client Protocol(s)	TLS	TLS	MASQUE over QUIC or TLS	TLS, DTLS, IPSec
Device Posture	None (Use Duo)	Per-Rule	Per-Rule	On Connect
Per-App Controls	TLS Decrypt, IPS, Anti-Malware	User/Group-Based Access Control, TLS Decrypt, IPS		

Cisco Secure Access

Go beyond core Security Service Edge (SSE) to better connect and protect your business

Core SSE

- Secure Web Gateway (SWG)
- Cloud Access Security Broker (CASB) and DLP
- Zero Trust Access (ZTA)
- Firewall as a Service (FWaaS) and IPS

+

Cisco delivers the core and more in a single subscription...

- DNS Security
- Multimode DLP
- Advanced Malware protection
- Sandbox
- Talos Threat Intelligence
- VPN as a Service
- Digital Experience Monitoring*
- Remote Browser Isolation*

Add-on solutions

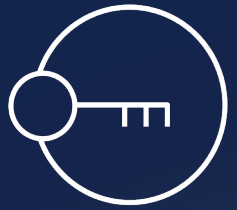
- SD-WAN
- XDR
- Duo MFA/ SSO
- CSPM

* Included in the unified experience / separate license (optional)

Cisco Secure Access

Go beyond core Security Service Edge (SSE) to better connect and protect your business

Core SSE



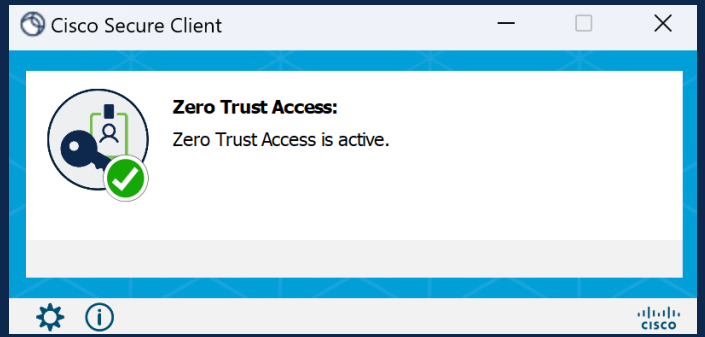
Zero Trust Access (ZTA)

Easy, frictionless user experience

User Demo:

Cisco Secure Access + Client-Based Zero Trust Access

Cisco Secure Client Zero Trust Access Module



Zero Trust Access module in
Cisco Secure Client 5.1 (formerly AnyConnect)

- Transparent user experience
- Forward proxied resource access with coarse-grained or fine-grained access control
- Service managed client certificates with TPM-protected key storage

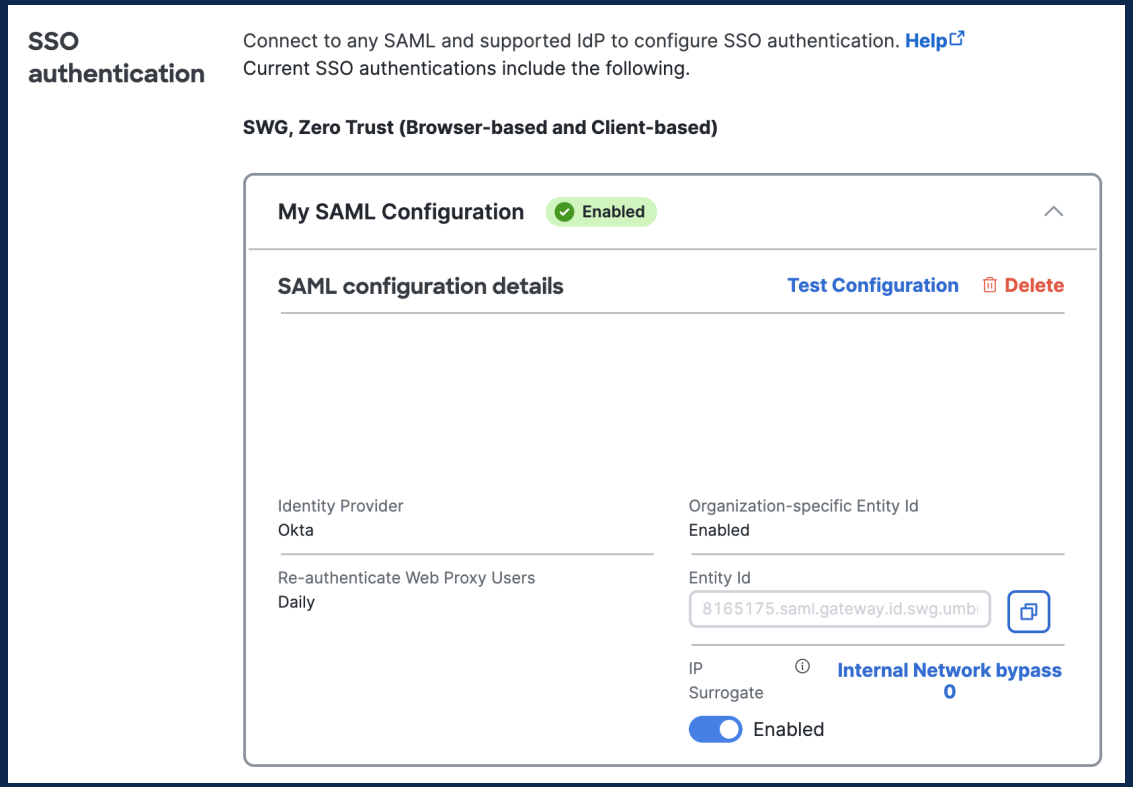
- Support for TCP and UDP applications
- Cisco and third-party VPN client interop
- Next-generation protocol (MASQUE + QUIC)

Why Is It Called Zero Trust Access (ZTA) Instead of Zero Trust Network Access (ZTNA)?

	ZTNA	ZTA
Multifactor Authentication	✓	✓
Device posture checks	✓	✓
Micro-segmentation	✓	✓
Complete separation between the user and the enterprise network	✗	✓
Next-generation protocols	✗	✓
Native OS support	✗	✓
Flexible backend connectivity options	✗	✓
Hardware protected credentials	✗	✓

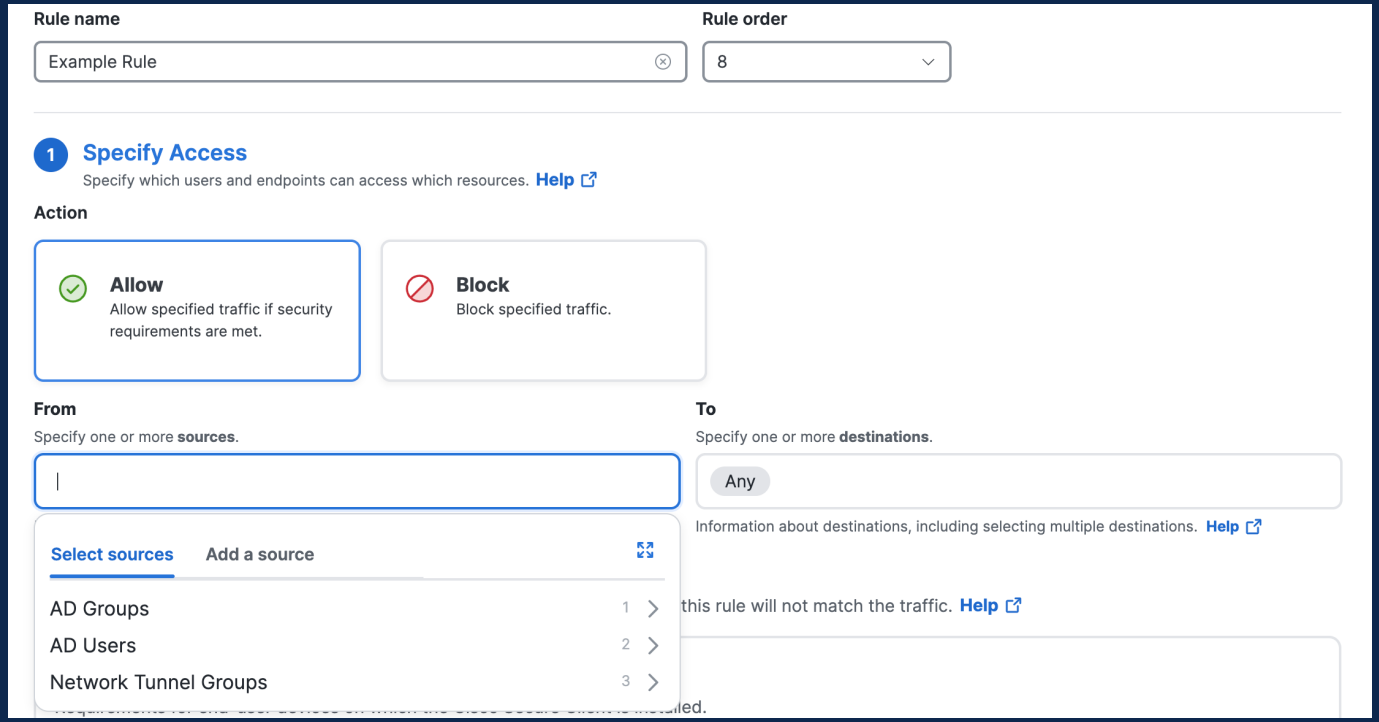
Rule Basics: User Authentication & MFA via SAML

Use Duo or any IdP that supports SAML to strongly authenticate users



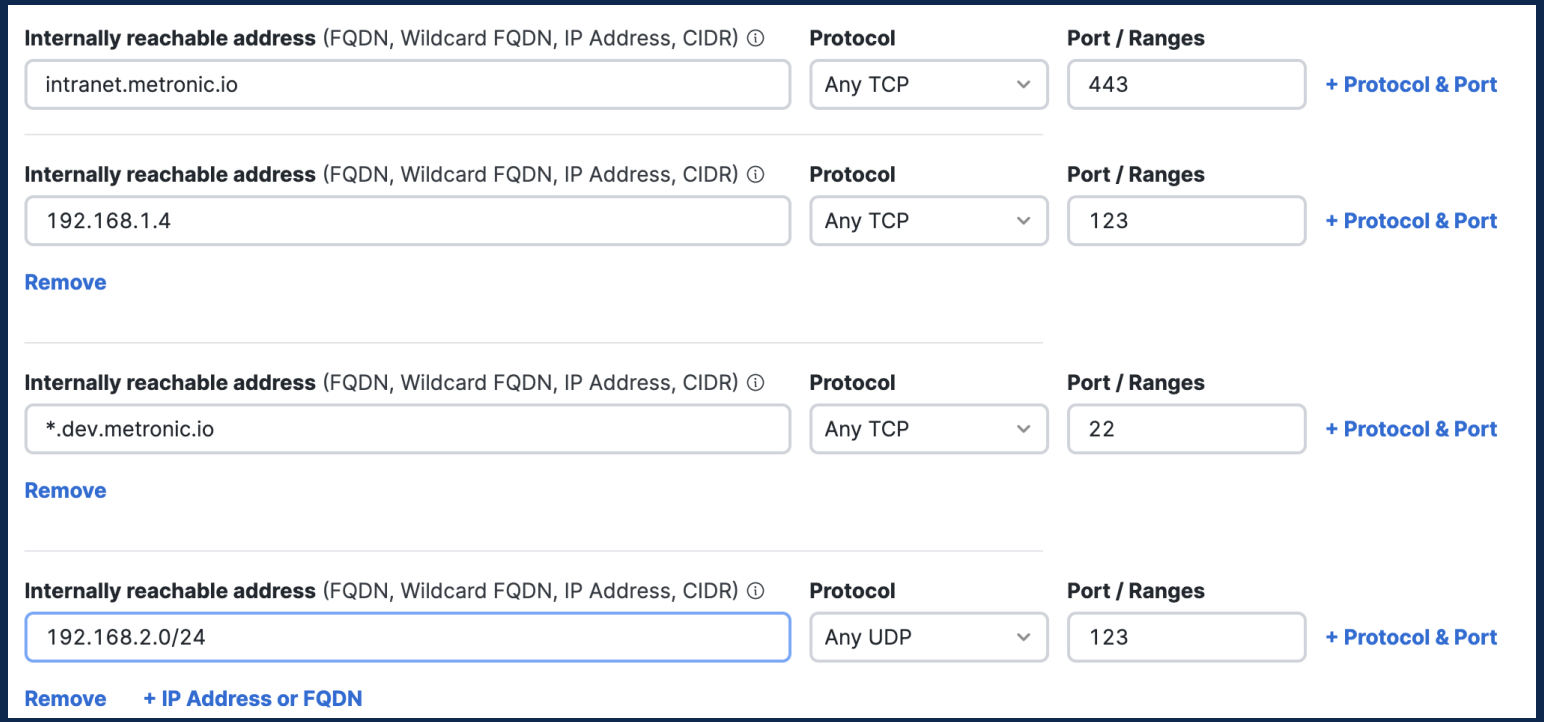
Rule Basics: Write Policy Based on User or Group

Using user and group info loaded From Active Directory or via SCIM



Rule Basics: Define Private Resources / Apps

Based on IP, FQDN, protocol and port

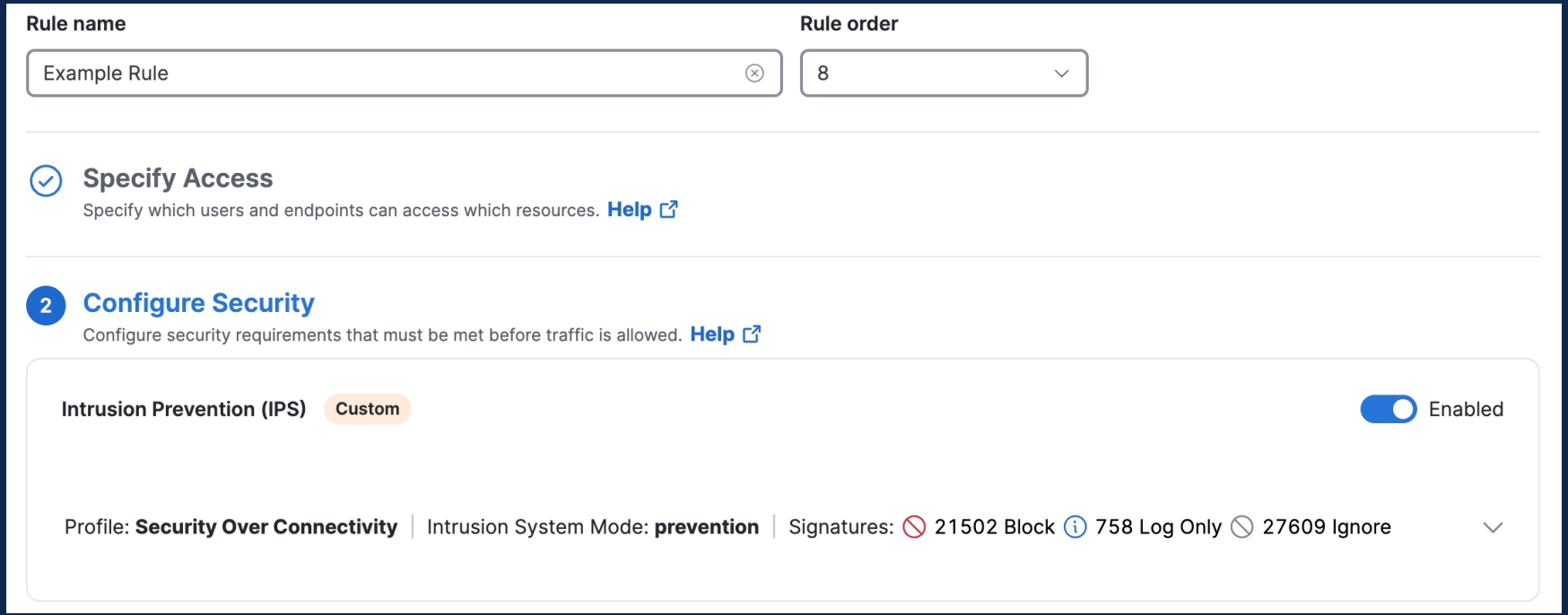


Rule Basics: Define and Enforce Device Posture

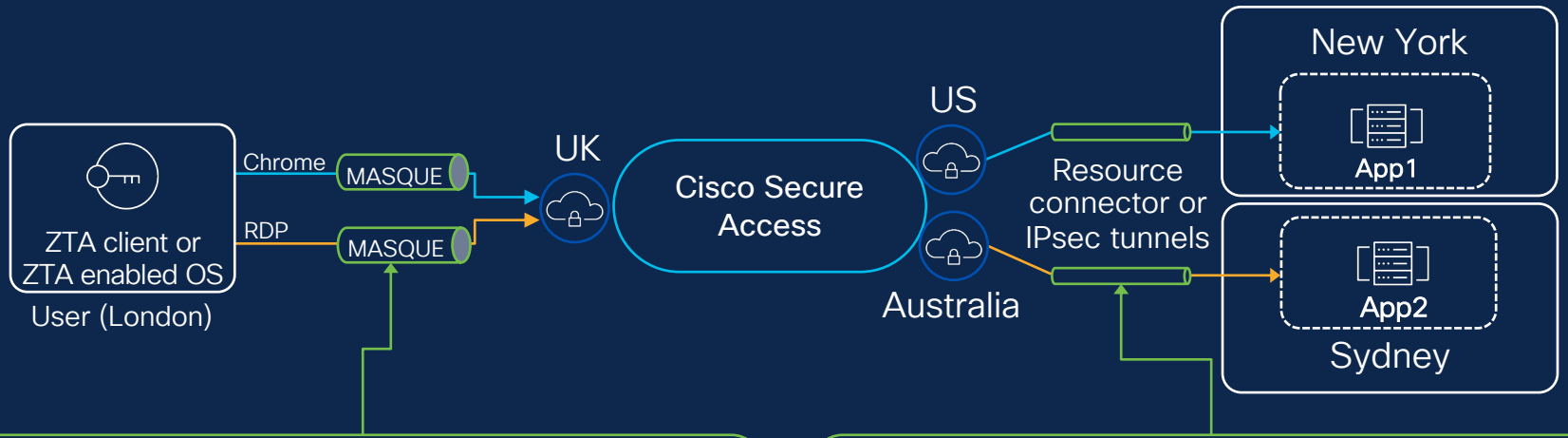
Posture can be enforced globally or at the rule level

Rule Basics: Apply TLS Decrypt and IPS

Traffic security settings can be applied globally or at a rule level



High-Level Traffic Flow for Zero Trust Access



- ‘No click’ seamless access
- Advanced protocols reduce latency and speed content delivery

- Full separation between users and the enterprise network
- Fast deployment with no firewall setting changes

What is QUIC and MASQUE?

- QUIC (not an acronym):
  - UDP-based, stream-multiplexing, encrypted transport protocol.
  - First used in Google Chrome in 2012.
  - Used for HTTP/3, iCloud Private Relay, SMB over QUIC, DNS over QUIC, etc.
  - Optimized for the next generation of internet traffic with reduced latency compared to TLS over TCP.
- MASQUE (Multiplexed Application Substrate over QUIC Encryption):
  - IETF working group focused on next generation proxying technologies on top of the QUIC protocol.
  - Provides the mechanisms for multiple proxied stream and datagram-based flows inside HTTP/2 and HTTP/3.
  - Used by iCloud Private Relay since 2021.
  - HTTP/2 and HTTP/3 extensions allow for the signaling and encapsulation of UDP and IP traffic.
  - A more technically accurate acronym would be MASQUOTE (Multiplexed Application Substrate over QUIC or TLS Encryption) as MASQUE can operate over QUIC or TLS (e.g. if QUIC is blocked).

When combined, MASQUE + QUIC provides an efficient and secure transport mechanism for TCP, UDP and IP traffic for both web and non-web protocols.

Why Use QUIC as the Protocol?

- Less framing overhead
- Ability to change IPs without renegotiation (Connection migration)
- No waiting for partially delivered packets (Individually encrypted packets)
- Not vulnerable to TCP meltdown (UDP transport)
- No head-of-line blocking (Stream multiplexing)
- Can simultaneously use multiple interfaces (Multipath)

Note: Not all features of QUIC as a protocol are currently used by Cisco Secure Access

Why Use MASQUE?

No direct resource access (Proxy architecture)

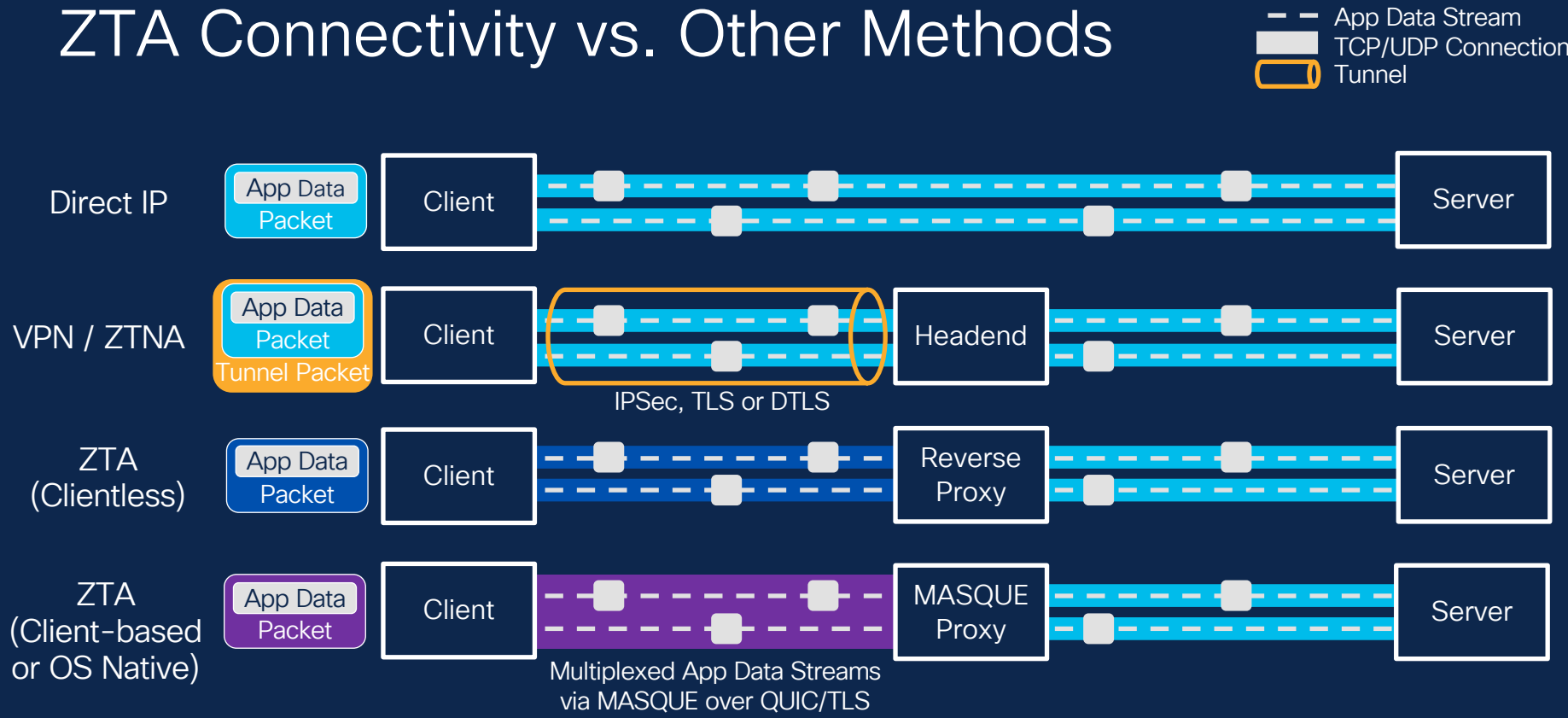
Broad application support (TCP and UDP)

Fallback to HTTP/2 (TCP 443) if QUIC (UDP 443) is blocked

Flexibility to support per-connection, per-app or per-device tunnels

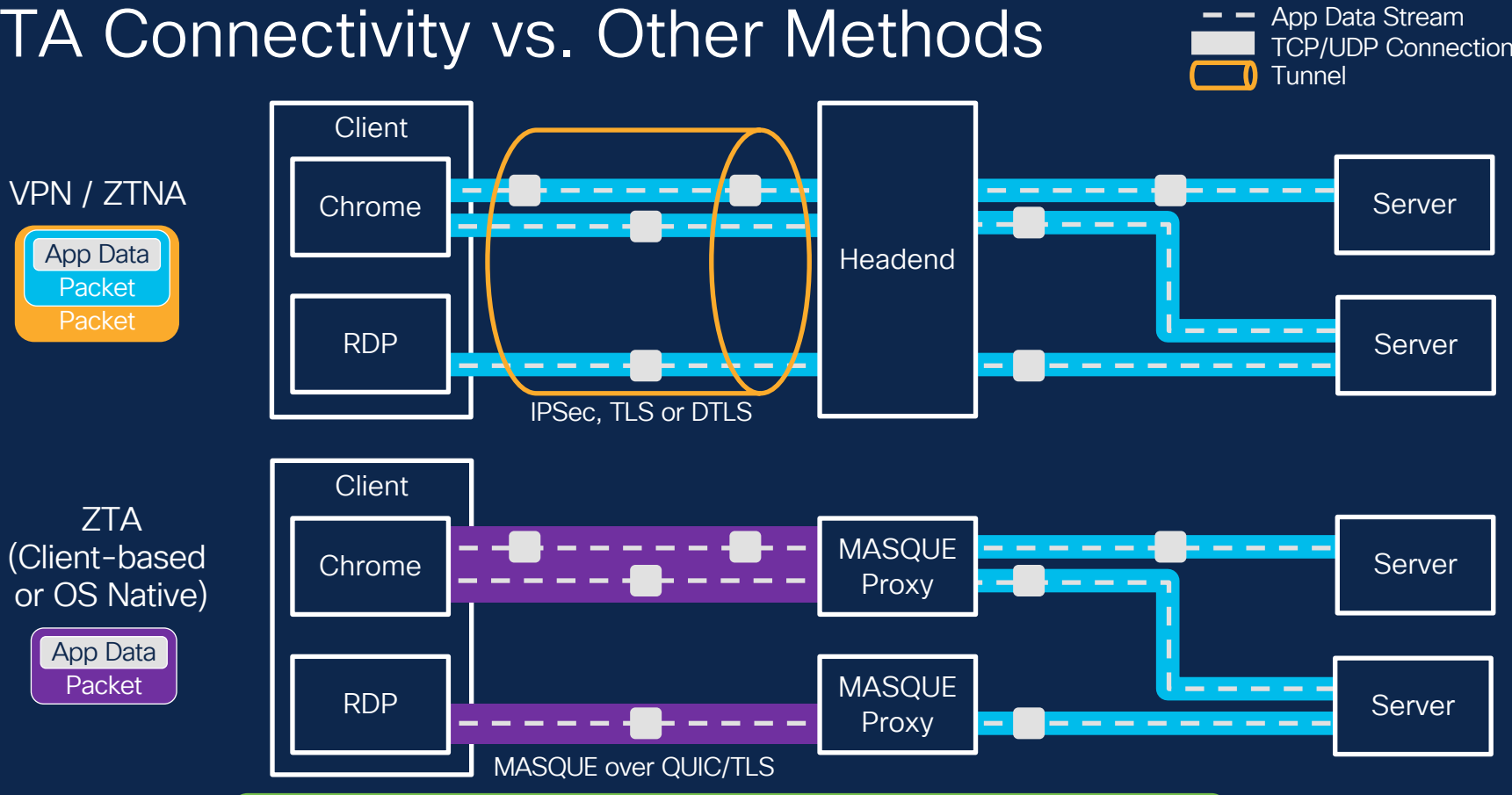
Native OS support

ZTA Connectivity vs. Other Methods



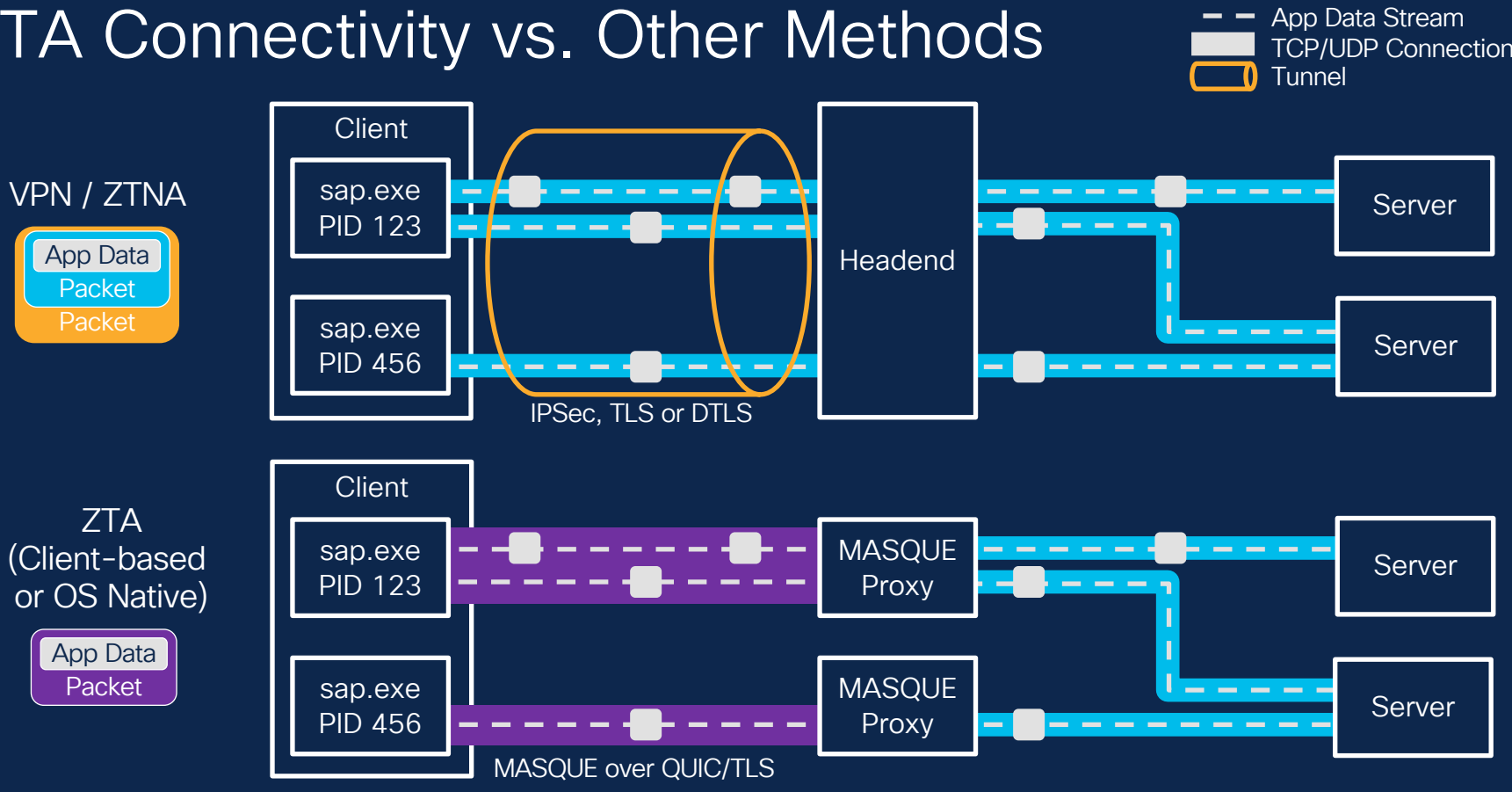
ZTA eliminates the overhead of VPN tunnels and improves security with full separation between users and the enterprise network

ZTA Connectivity vs. Other Methods



With ZTA, each process uses a unique MASQUE connection, even if the data streams are destined to different servers

ZTA Connectivity vs. Other Methods



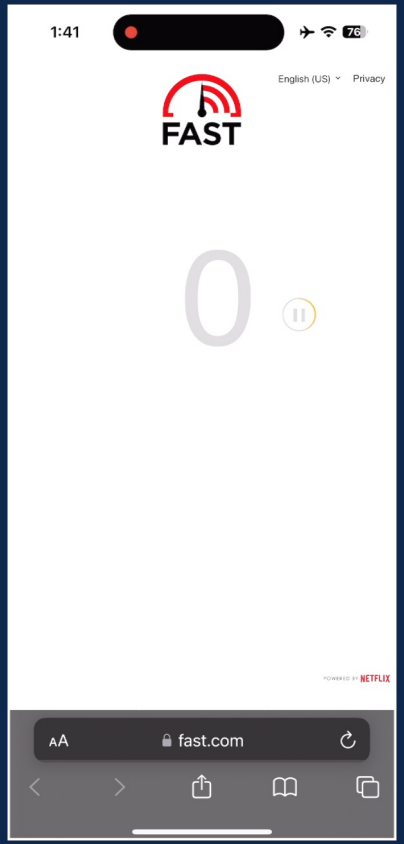
With ZTA, each process uses a unique MASQUE connection, even if the data streams are destined to different servers

Connectivity is sometimes really bad...

...but the user experience doesn’t have to be

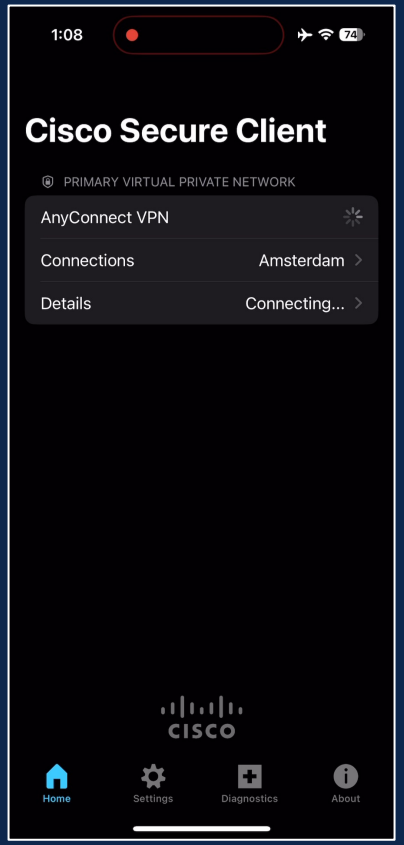
User Demo:

OS Native Zero Trust Access on iOS vs. VPN on Extremely Slow Airplane Wi-Fi

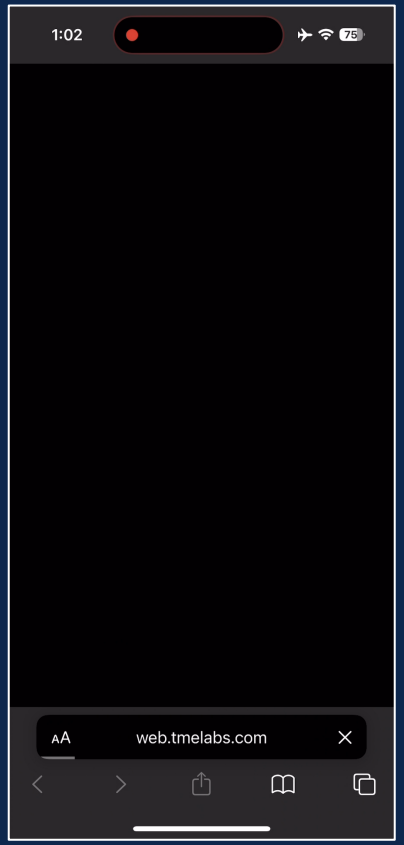


fast.com Speedtest

Connectivity was bad...



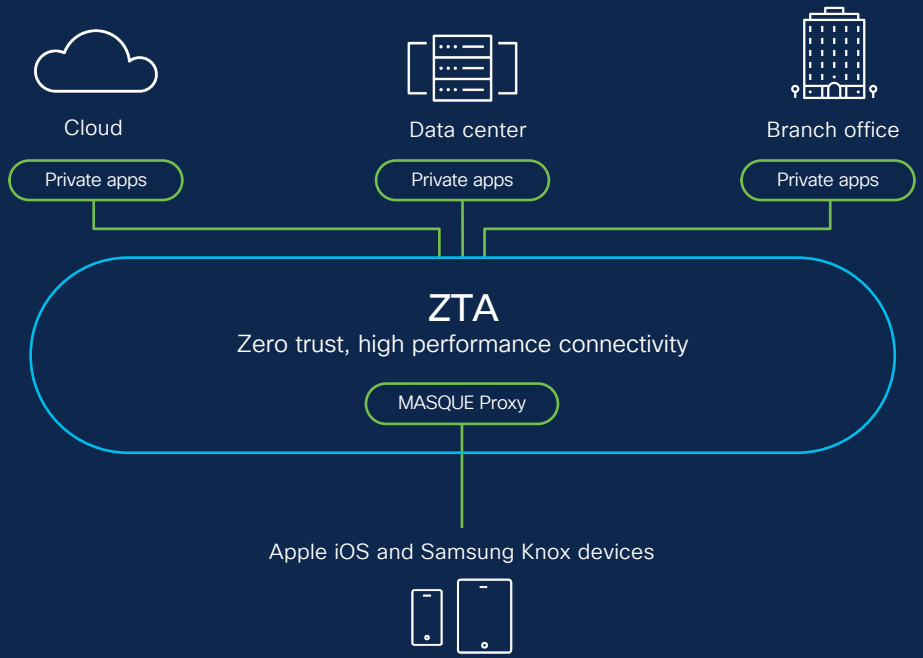
VPN



OS Native ZTA on iOS 17

ZTA connects + loads a site faster than VPN can even connect

OS Native ZTA: Apple iOS and Samsung Knox



- New OS native ZTA functionality built into Apple iOS 17 and Samsung Knox 3.10
- Transparent user experience for users – no need to start or wait for VPN
- Delivers low latency and high throughput connectivity by directly intercepting traffic within the application
- Preserves battery life by eliminating the need for device-wide, continuously running VPN connections
- iCloud Private Relay compatible (iOS)
- Built on industry leading technologies: MASQUE and QUIC
- Supports all applications, ports and protocols – not just web applications

Cisco Secure Access traffic optimization with Apple iCloud Private Relay

OS Native ZTA with Apple iCloud Private Relay On

Single layer of encryption for lightning-fast, secure access

Traffic Flow w/o iCloud Private Relay Enabled:
Device → Secure Access → Application

Traffic Flow w/ iCloud Private Relay Enabled:
Device → Apple Relay → Secure Access → Application

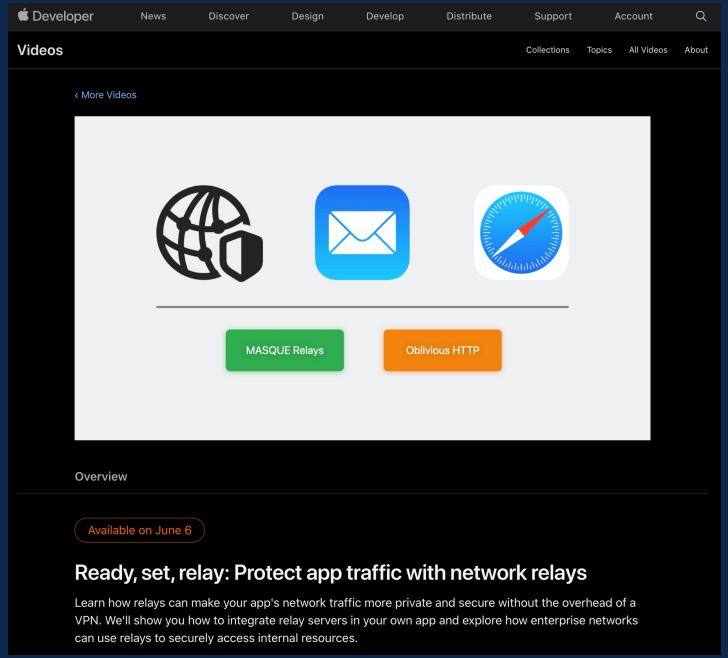
User Demo:

Zero Trust Access on Apple iOS


10:12 PM Wed Oct 18
100%
AnyConnect
Duo Mobile
Okta Verify
Billing
Dashboard
SEO
Owlfiles
RD Client
Billing (PWL)
Dashboard(PWL)
SEO (PWL)
Settings
WED
18

More on Apple's Native OS Support of MASQUE

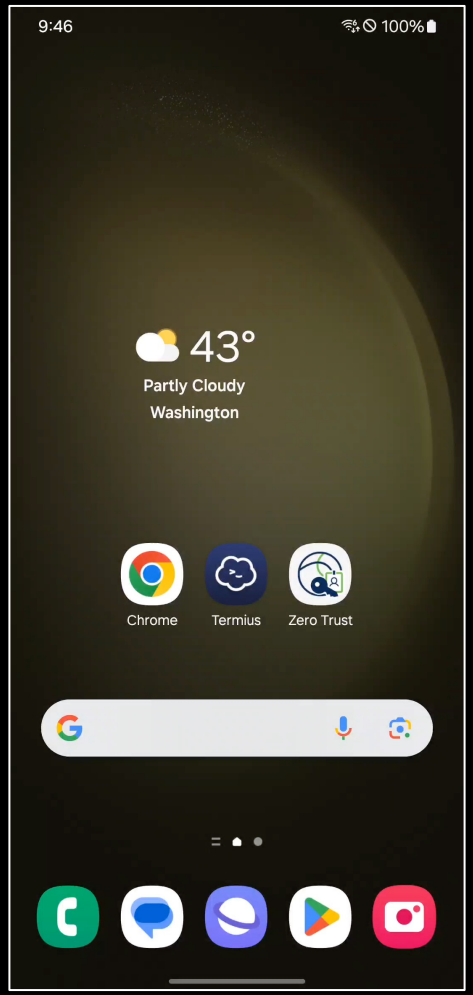
"Learn how relays can make your app's network traffic more private and secure without the overhead of a VPN. We'll show you how to integrate relay servers in your own app and explore how enterprise networks can use relays to securely access internal resources."



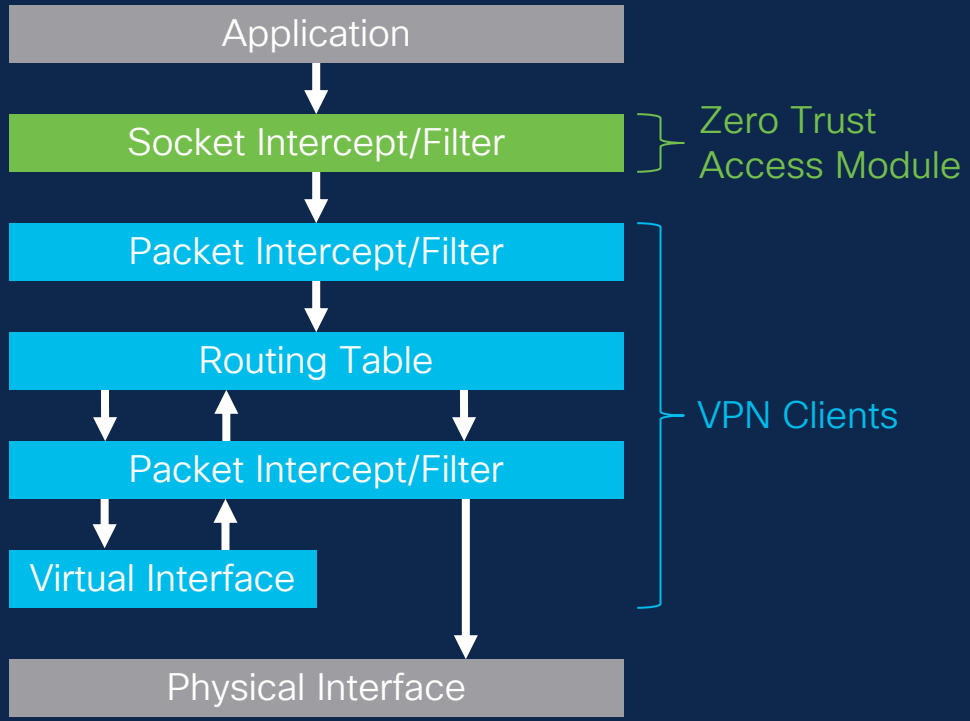
https://developer.apple.com/videos/play/wwdc2023/10002/

User Demo:

Cisco ZTA Enrollment on Samsung Knox


9:46
100%
43°
Partly Cloudy
Washington
Chrome
Termius
Zero Trust

Secure Client ZTA Module - Socket Intercept

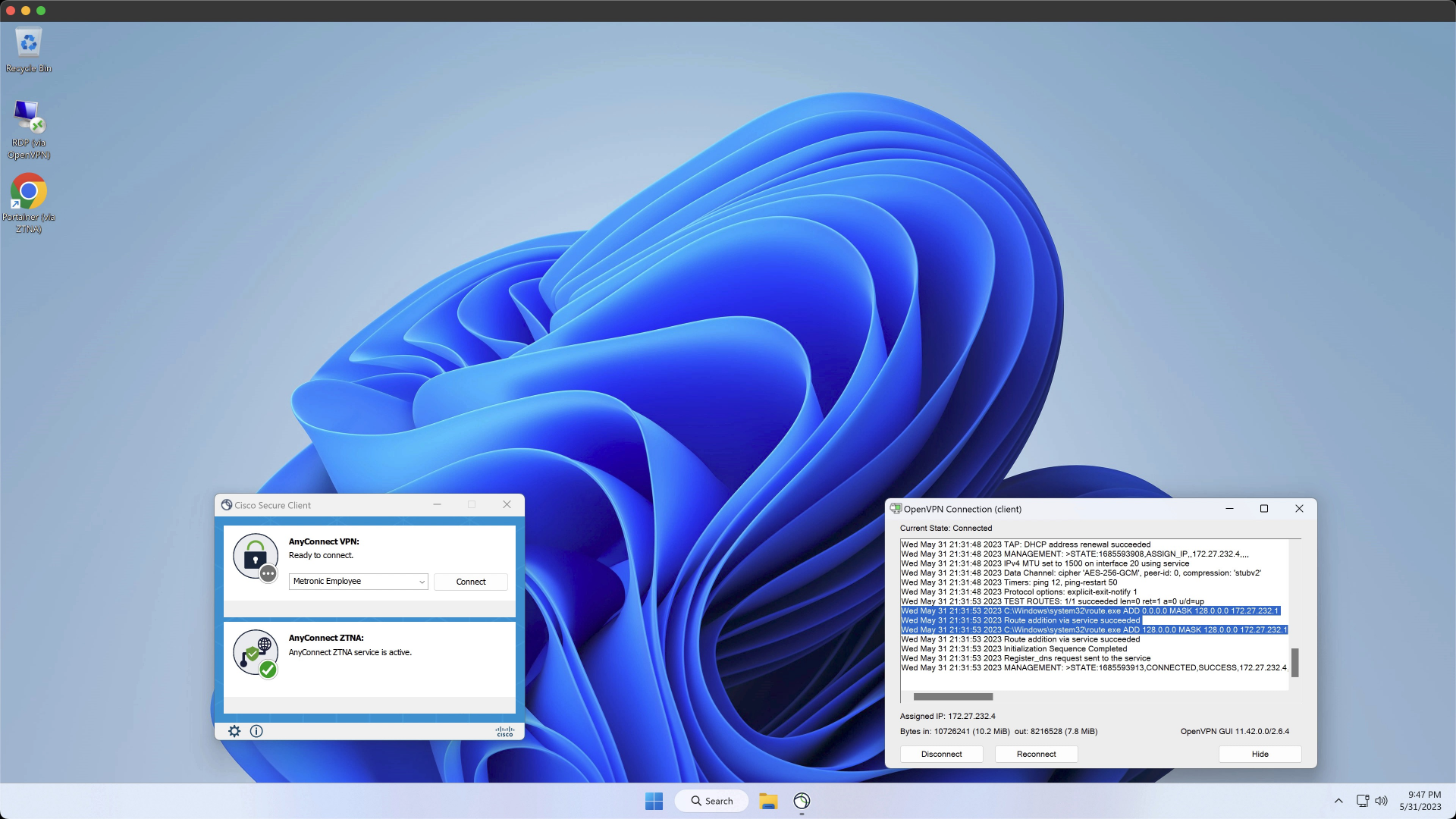


Why Socket Intercept?

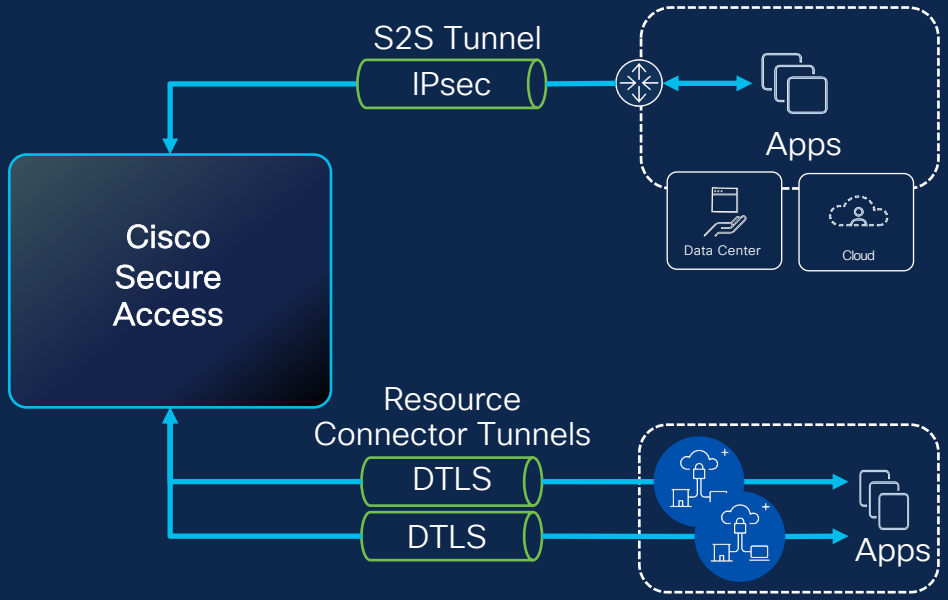
- Control of DNS and application traffic *before* VPN clients
- No route table manipulation
- Ability to capture traffic by IP, IP subnet, FQDN and FQDN wildcard
- Interoperability with Cisco and non-Cisco VPNs

User Demo:

Cisco Secure Access
+ Client-Based Zero Trust Access
+ Third-Party VPN (OpenVPN)


Recycle Bin
RDP (via OpenVPN)
Portainer (via ZTNA)
Cisco Secure Client
AnyConnect VPN:
Ready to connect.
Metronic Employee
Connect
AnyConnect ZTNA:
AnyConnect ZTNA service is active.
OpenVPN Connection (client)
Current State: Connected
Wed May 31 21:31:48 2023 TAP: DHCP address renewal succeeded
Wed May 31 21:31:48 2023 MANAGEMENT: >STATE:1685593908,ASSIGN_IP,,172.27.232.4,,,,
Wed May 31 21:31:48 2023 IPv4 MTU set to 1500 on interface 20 using service
Wed May 31 21:31:48 2023 Data Channel: cipher 'AES-256-GCM', peer-id: 0, compression: 'stubv2'
Wed May 31 21:31:48 2023 Timers: ping 12, ping-restart 50
Wed May 31 21:31:48 2023 Protocol options: explicit-exit-notify 1
Wed May 31 21:31:53 2023 TEST ROUTES: 1/1 succeeded len=0 ret=1 a=0 u/d=up
Wed May 31 21:31:53 2023 C:\Windows\system32\route.exe ADD 0.0.0.0 MASK 128.0.0.0 172.27.232.1
Wed May 31 21:31:53 2023 Route addition via service succeeded
Wed May 31 21:31:53 2023 C:\Windows\system32\route.exe ADD 128.0.0.0 MASK 128.0.0.0 172.27.232.1
Wed May 31 21:31:53 2023 Route addition via service succeeded
Wed May 31 21:31:53 2023 Initialization Sequence Completed
Wed May 31 21:31:53 2023 Register_dns request sent to the service
Wed May 31 21:31:53 2023 MANAGEMENT: >STATE:1685593913,CONNECTED,SUCCESS,172.27.232.4
Assigned IP: 172.27.232.4
Bytes in: 10726241 (10.2 MiB) out: 8216528 (7.8 MiB)
OpenVPN GUI 11.42.0.0/2.6.4
Disconnect
Reconnect
Hide
Search
9:47 PM
5/31/2023

Flexible private application connectivity options



Site-to-site Tunnels with IPsec

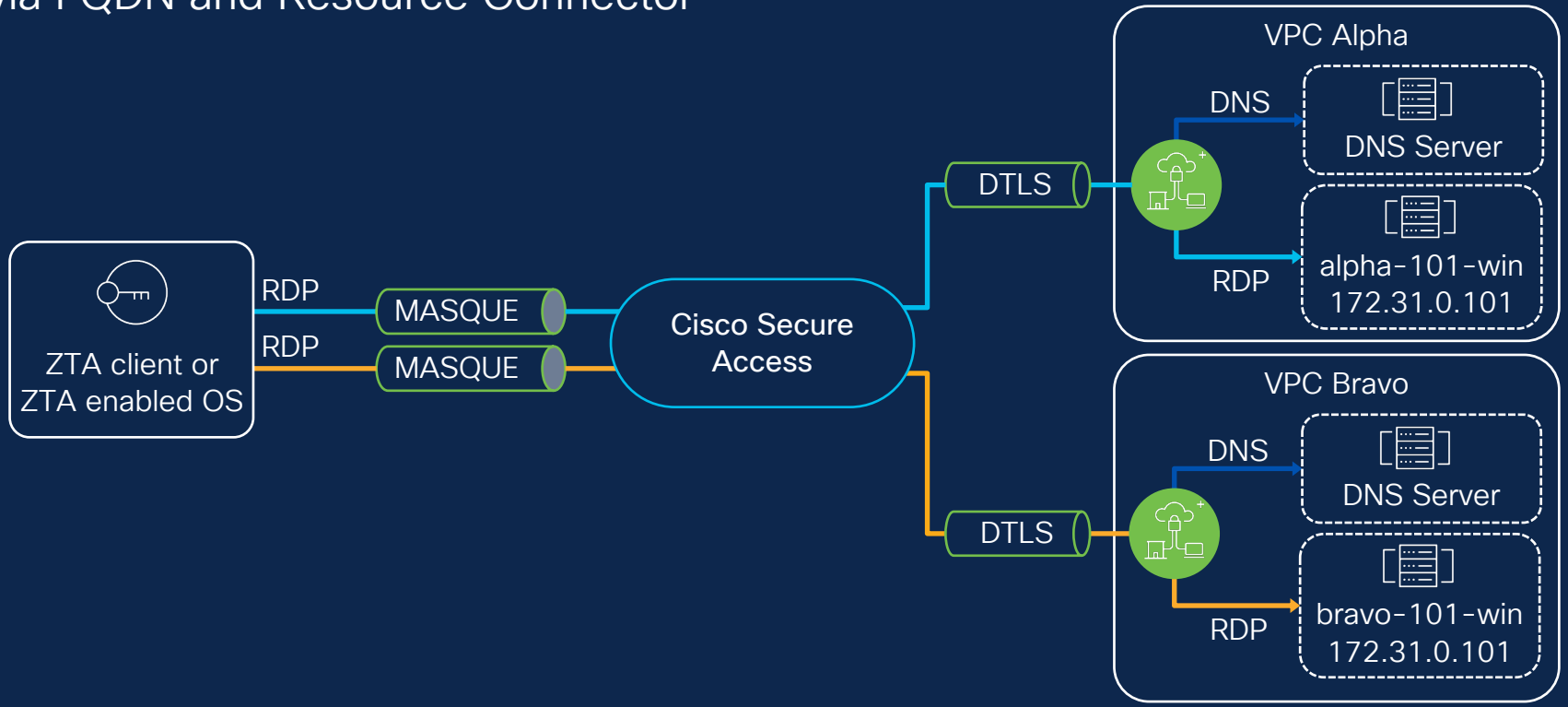
- Standards-based IPsec connection
- Connect with (nearly) any brand router or firewall
- Single tunnel for Internet and private application access
- Outbound connection / no firewall holes required
- Static or BGP routing support
- Auto failover for redundancy + ECMP for scale

Resource Connectors

- Lightweight VM for AWS and ESXi (today)
- All traffic egresses from Resource Connector IP
- Access applications with overlapping IPs
- Outbound connection / no firewall holes required
- No routing configuration required
- Auto failover / load balancing

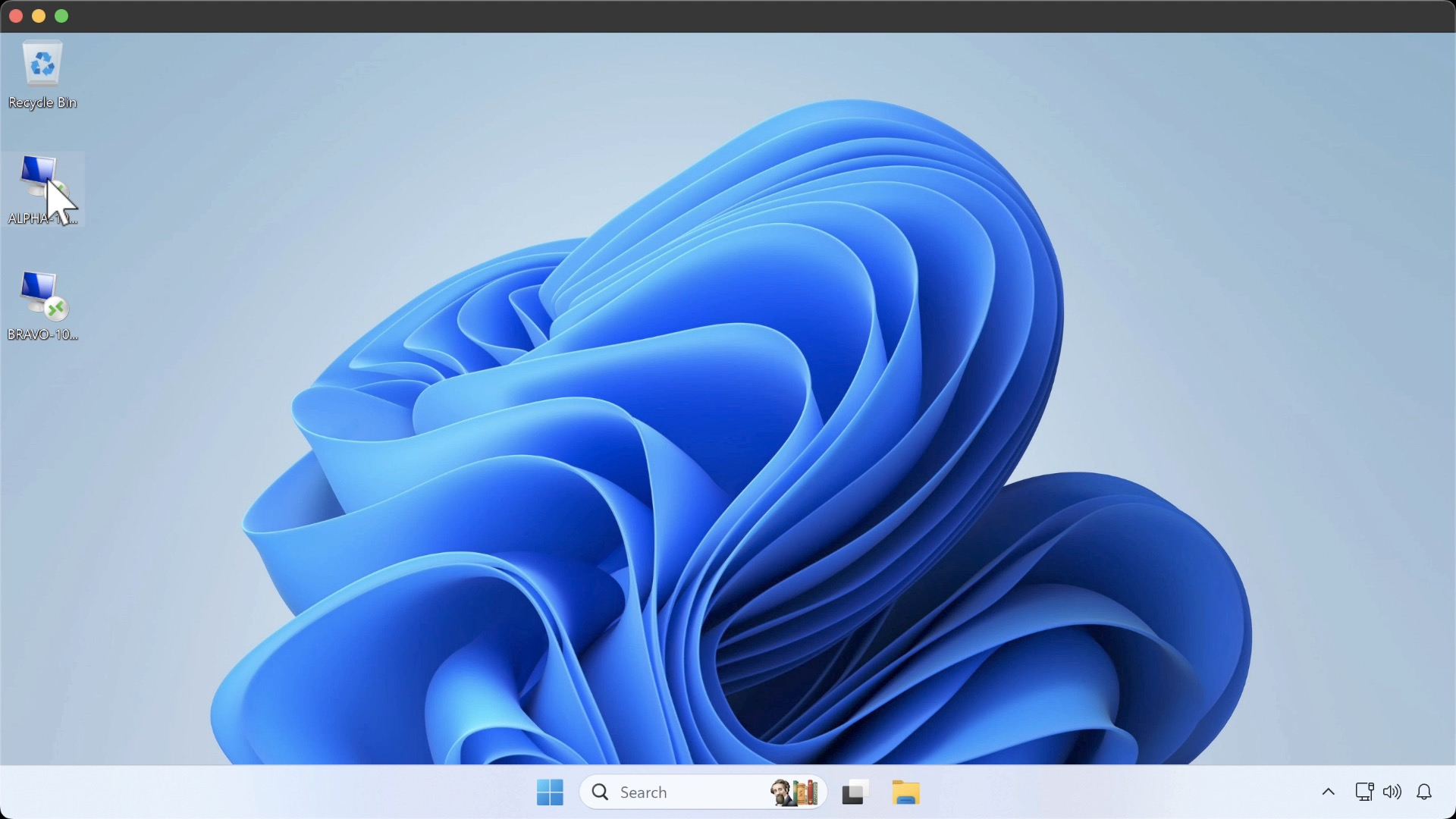
Access Overlapping IPs Simultaneously

via FQDN and Resource Connector

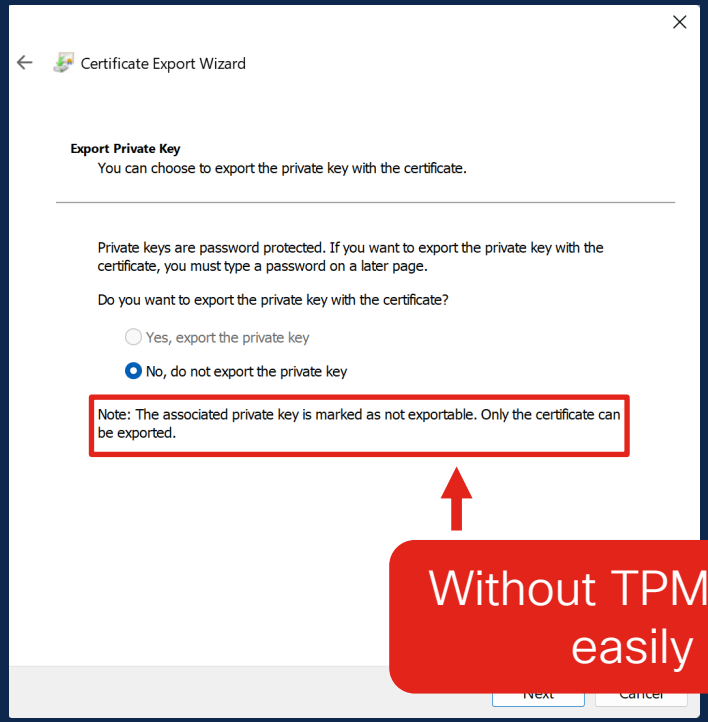


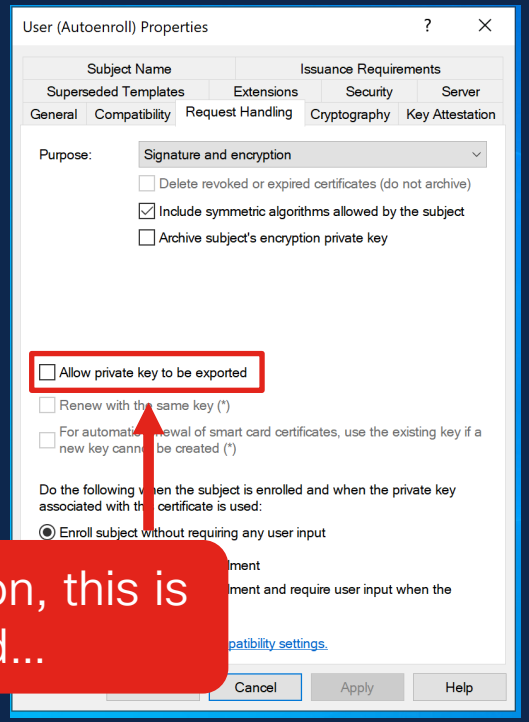
User Demo:

Accessing Servers with Overlapping IP Addresses


Recycle Bin
ALPHA-1...
BRAVO-10...
Search

Background: Marking Keys as Non-Exportable





Without TPM protection, this is easily bypassed...

Exporting “Non-Exportable” Private Keys from non-TPM Protected Storage

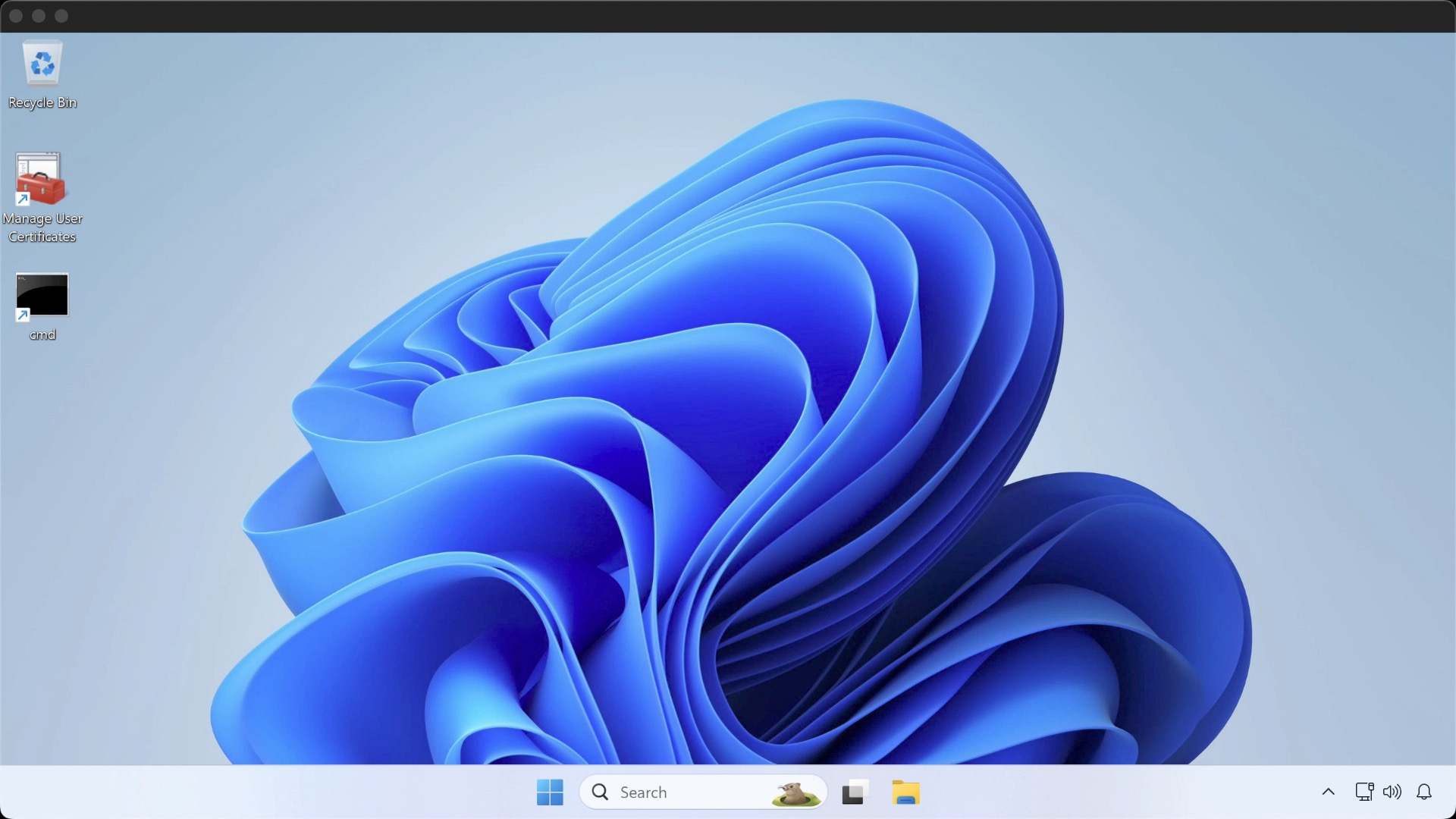
- Paper published in *2011* by Jason Geffner of NGS Secure outlined how to export non-exportable private keys without code injection or function hooking:
  - https://research.nccgroup.com/wp-content/uploads/2020/07/exporting_non-exportable_rsa_keys.pdf
- Code turned into a tool called exportrsa in *2016*:
  - https://github.com/luipir/ExportNotExportablePrivateKey
- Other tools such as Mimikatz and Jailbreak have existed for similarly long using code injection and/or function hooking
- TL;DR “Non-Exportable” is an obfuscated bit flag

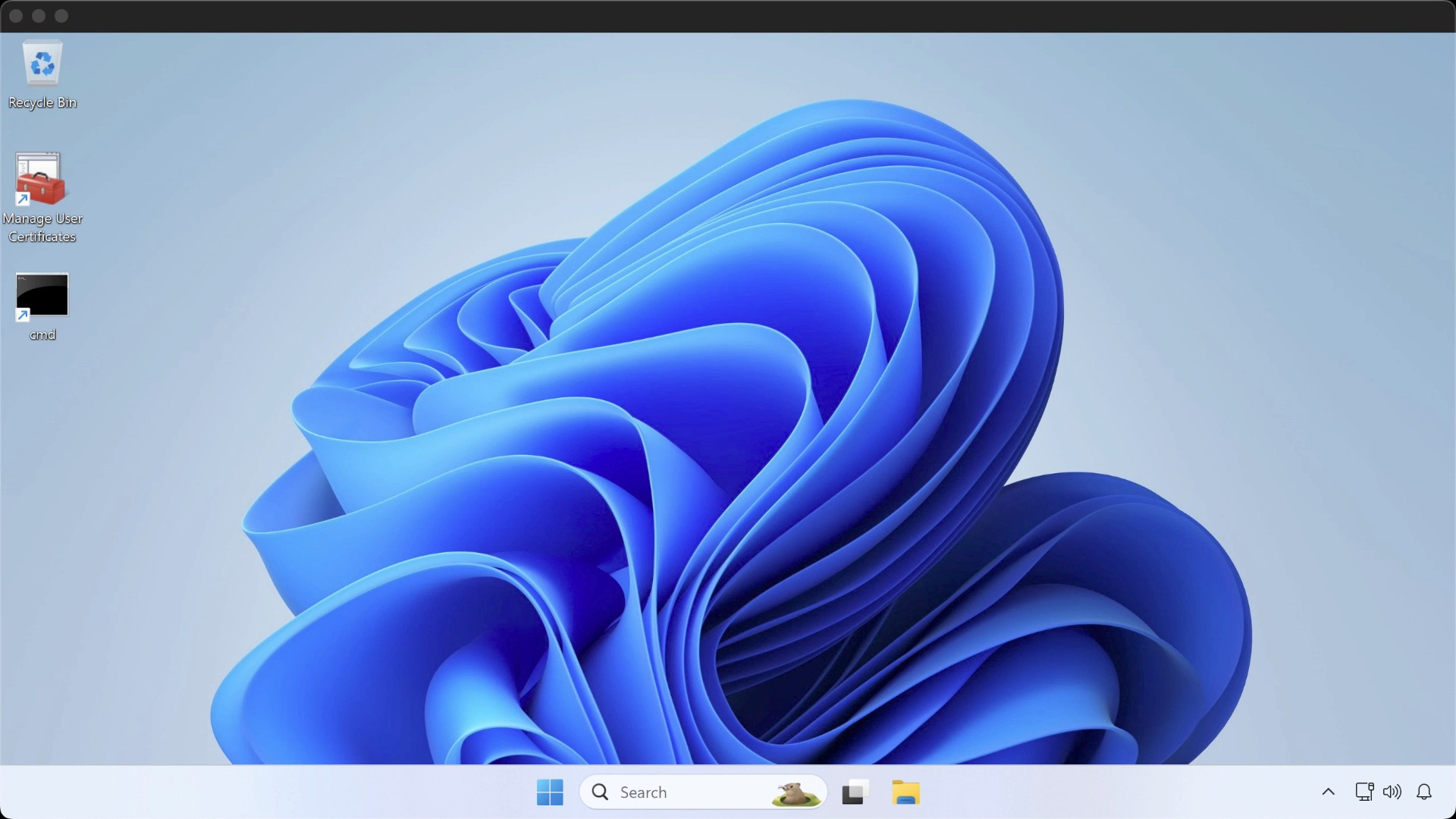
Attacker Demo:

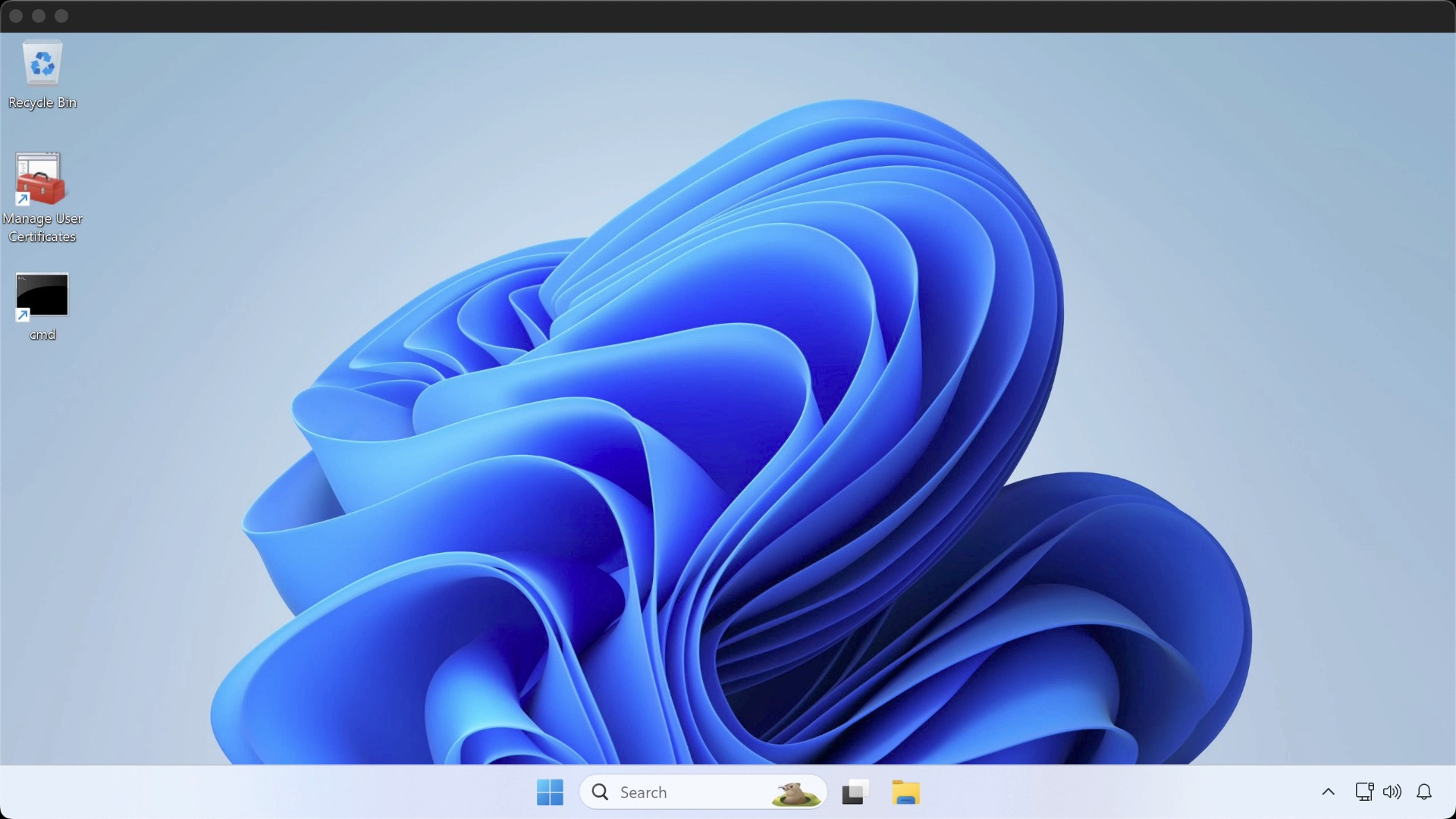
Exporting a “Non-Exportable” Private Key from a Fully Patched Windows 11 Enterprise System

The Demo Environment

- New Active Directory Forest on Windows Server 2022
- New Certificate Services on Windows Server 2022
- User certificates deployed via Active Directory autoenrollment with “Allow private key to be exported” disabled in the template.
- Demo workstation running Windows 11 Enterprise, fully patched
- Microsoft Defender is enabled with default protections
- User running with standard user privileges


Recycle Bin
Manage User Certificates
cmd
Search


Recycle Bin
Manage User Certificates
cmd
Search


Recycle Bin
Manage User Certificates
cmd
Search

Commands Used in the Demo

```
ECHO ### 1. Change to the directory where the exported user certificates should be saved ###
cd C:\Tools\UserCerts
ECHO ### 2. Export users certificates with private keys via exportrsa.exe ###
C:\Tools\exportrsa.exe
ECHO ### 3. Copy exported certificates to the desktop ###
COPY *.pfx %USERPROFILE%\Desktop
```

```
ECHO ### 1. Extract the certificate from the PFX file ###
openssl pkcs12 -in 1.pfx -nokeys -out 1-pfx-certificate.cer
ECHO ### 2. Extract the certificate public key from the certificate ###
openssl x509 -in 1-pfx-certificate.cer -noout -pubkey > 1-pfx-certificate-public.key
ECHO ### 3. Create hello-world.txt file to be encrypted ###
ECHO "Hello, World!" > hello-world.txt
ECHO ### 4. Encrypt hello-world.txt with the certificate public key ###
openssl pkeyutl -encrypt -in hello-world.txt -pubin -inkey 1-pfx-certificate-public.key -out ciphertext.txt
ECHO ### 5. Verify ciphertext.txt contents ###
more ciphertext.txt
ECHO ### 6. Extract the private key from the PFX file ###
openssl pkcs12 -in 1.pfx -nocerts -nodes -out 1-pfx-private.key
ECHO ### 7. Decrypt ciphertext.txt with the private key###
openssl pkeyutl -decrypt -in ciphertext.txt -inkey 1-pfx-private.key
```

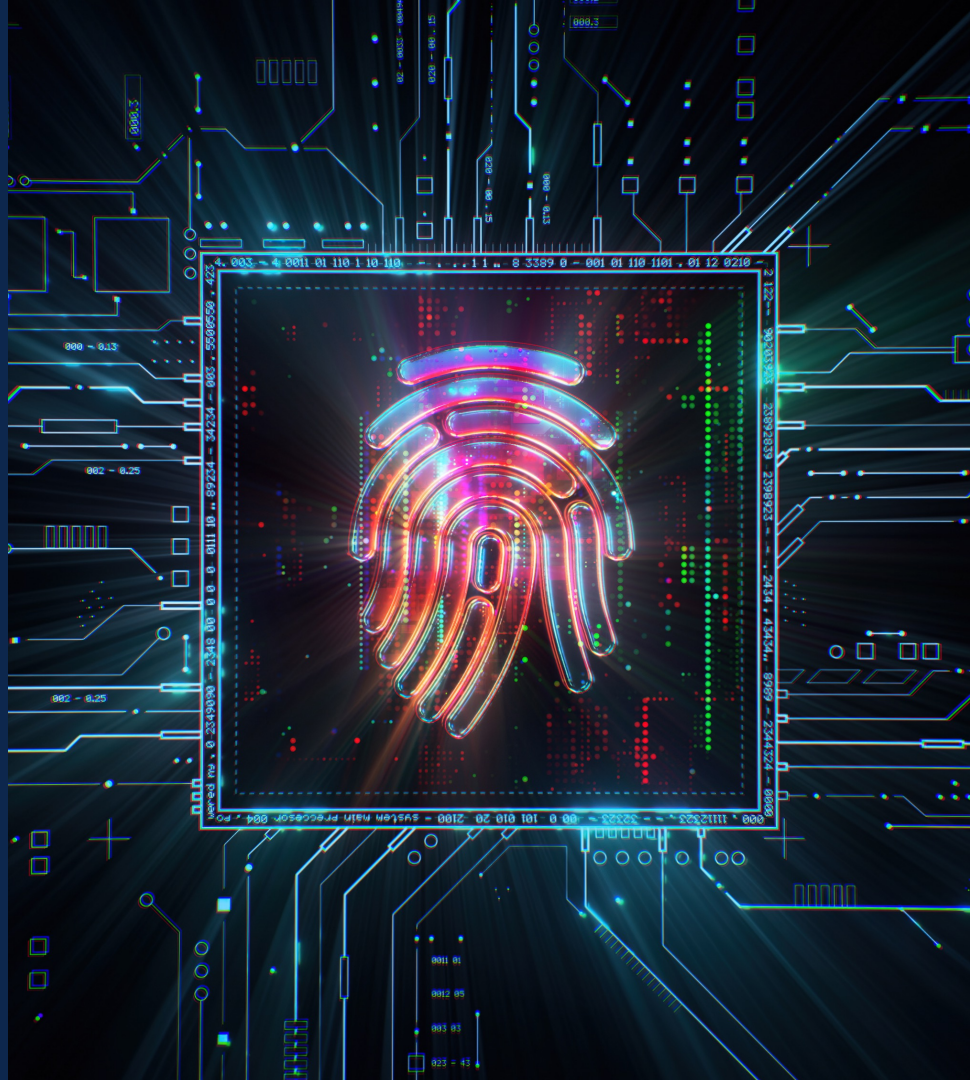
Solution for ZTA: TPM Key Storage and ACME Certificates

TPM

- Trusted Platform Module
- Hardware storage of cryptographic material
- Even with a complete and total compromise of the OS, the certificate private key can not be exported/moved to another device

ACME

- Automated Certificate Management Environment
- Protocol to automate the issuance and renewal of certificates
- Eliminates user interaction for certificate renewal and private key rotation, allowing extremely short certificate lifetimes which drastically reduces certificate compromise risks



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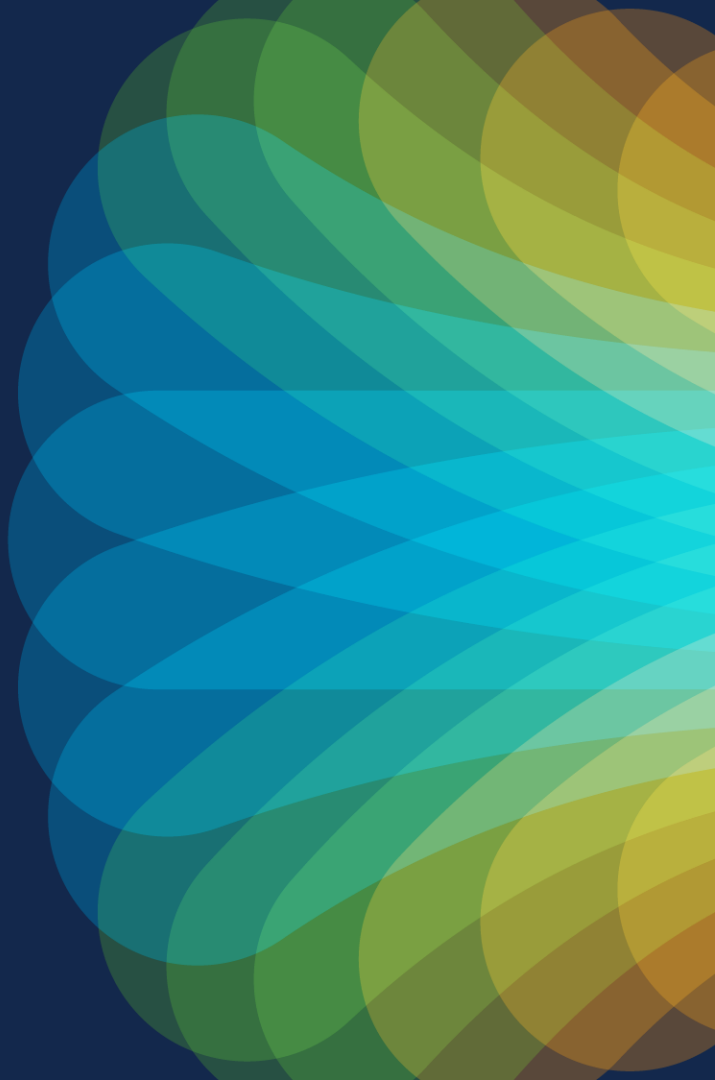
All surveys can be taken in the Cisco Events Mobile App or by logging into the Session Catalog and clicking the 'Participant Resource Center' link at https://www.ciscolive.com/emea/learn/session-catalog.html.

The bridge to possible

Thank you



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Let's go