Introduction to eBPF!

Superpowers for Linux

Liz Rice - Isovalent at Cisco
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BRKSEC-2169

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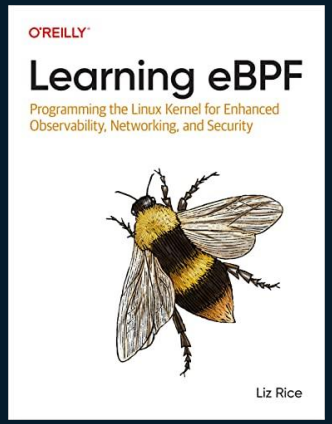
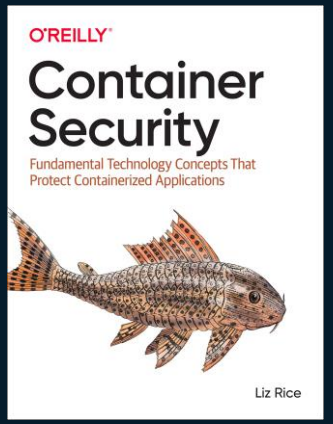
Hello, I'm Liz 👋

- Open source and community at Isovalent, now part of Cisco!
- Author Learning eBPF & Container Security





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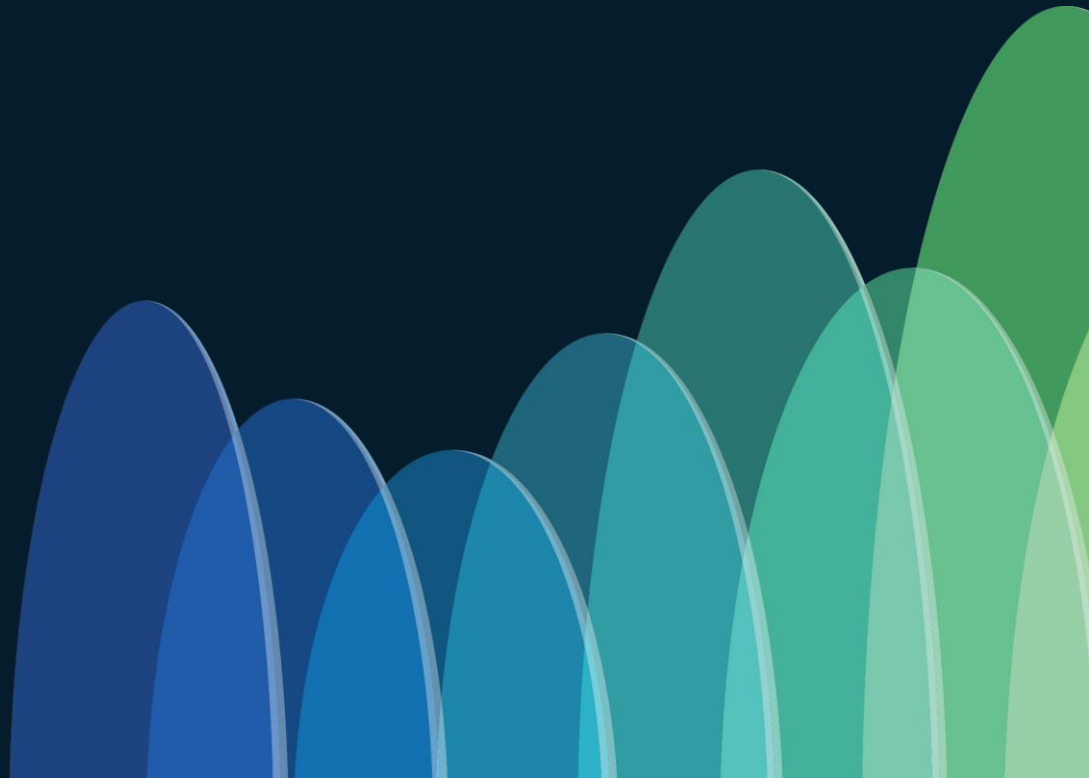
- Open source and community at Isovalent, now part of Cisco!
- Author Learning eBPF & Container Security
- Formerly CNCF Governing Board and chair of Technical Oversight Committee
- Early career writing network protocol code

Agenda

- What is eBPF, and why does it matter?
- How does it enable better tools for networking, observability and security?

... There will be demos!

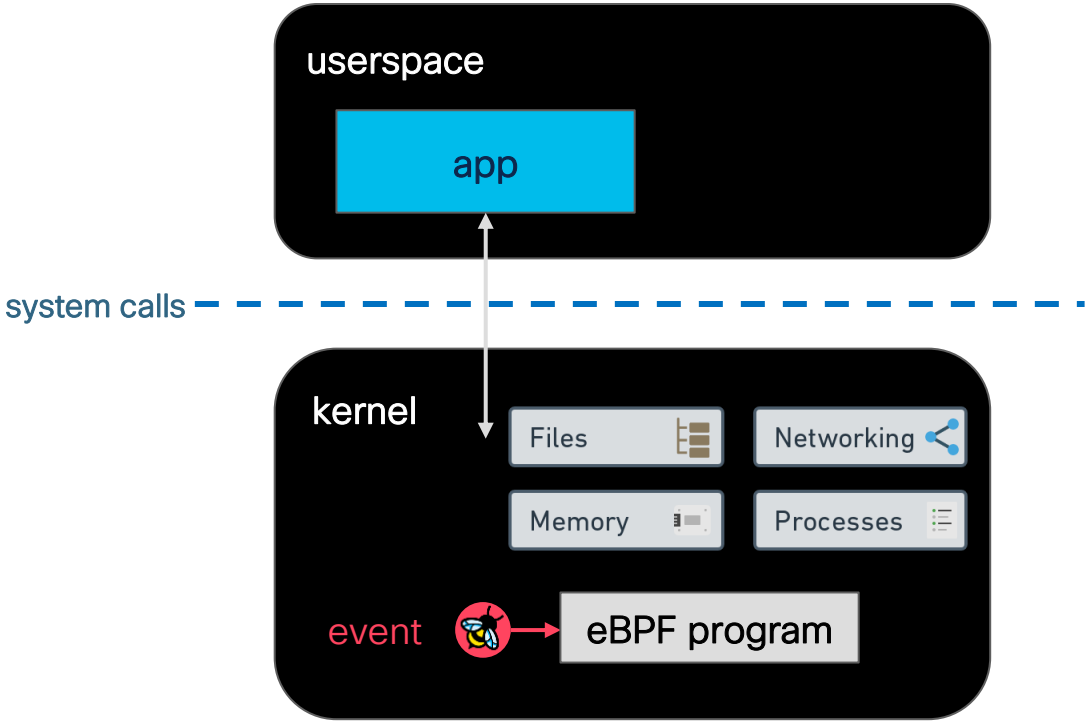
What is eBPF?



What is eBPF?

- Makes the kernel programmable
- Allows bespoke, dynamic changes to kernel behavior
- Enables high performance, low overhead infrastructure tools

Run custom code in the kernel



Demo:
Hello World

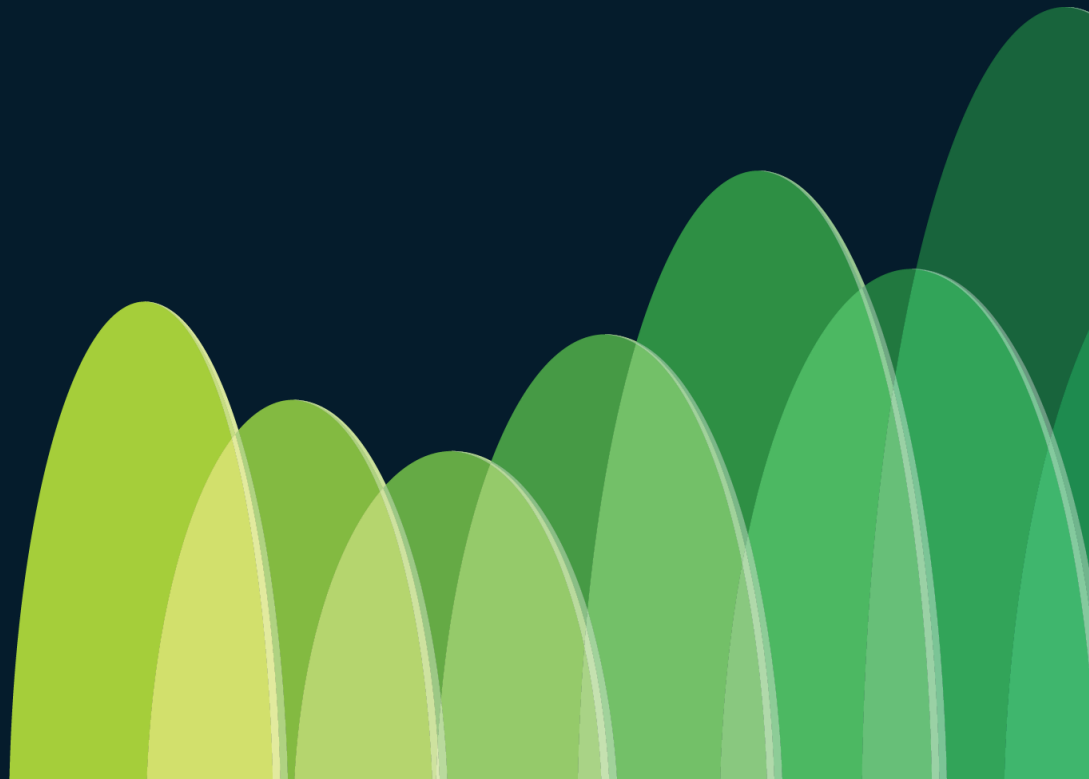
eBPF Hello World

```
SEC("kprobe/sys_execve")
int hello(void *ctx)
{
   bpf_printk(”Hello Cisco Live!");
   return 0;
}
```

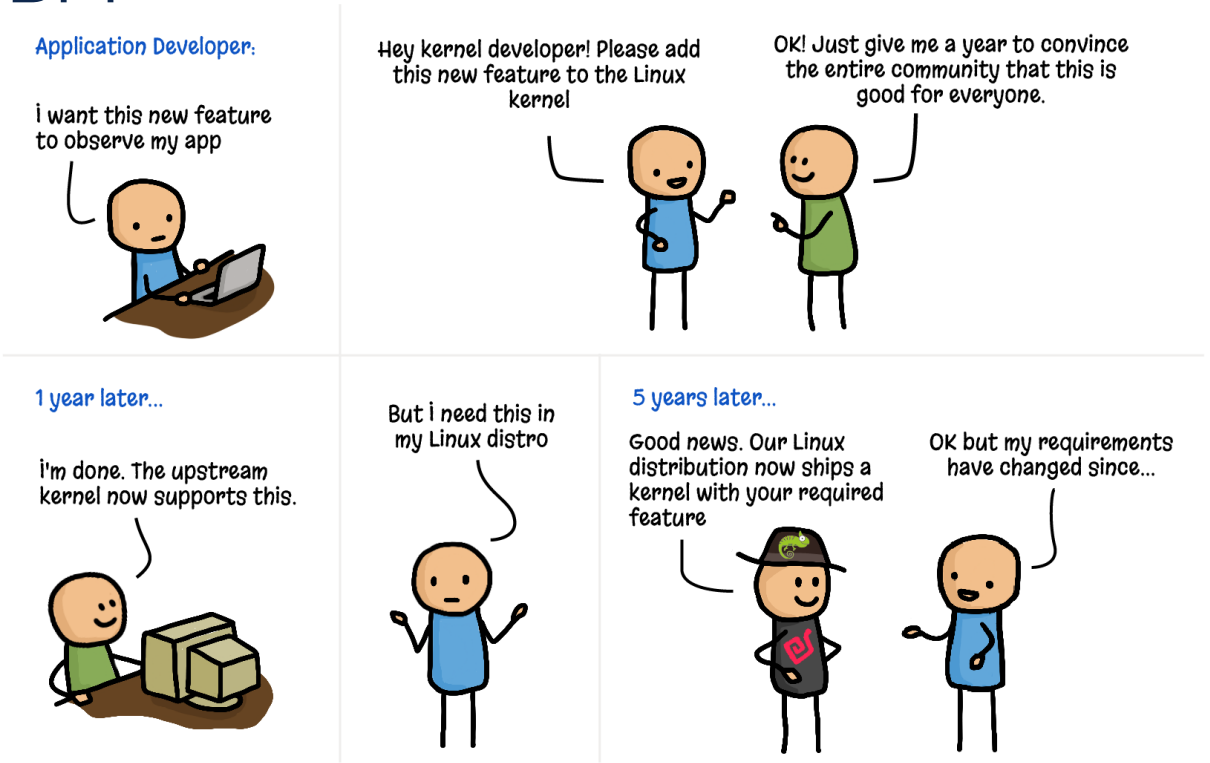
+ user space code to load eBPF program

```
$ sudo ./hello
   bash-20241   [004] d... 84210.752785: 0: Hello Cisco Live!
   bash-20242   [004] d... 84216.321993: 0: Hello Cisco Live!
   bash-20243   [004] d... 84225.858880: 0: Hello Cisco Live!
```

Why is this useful?

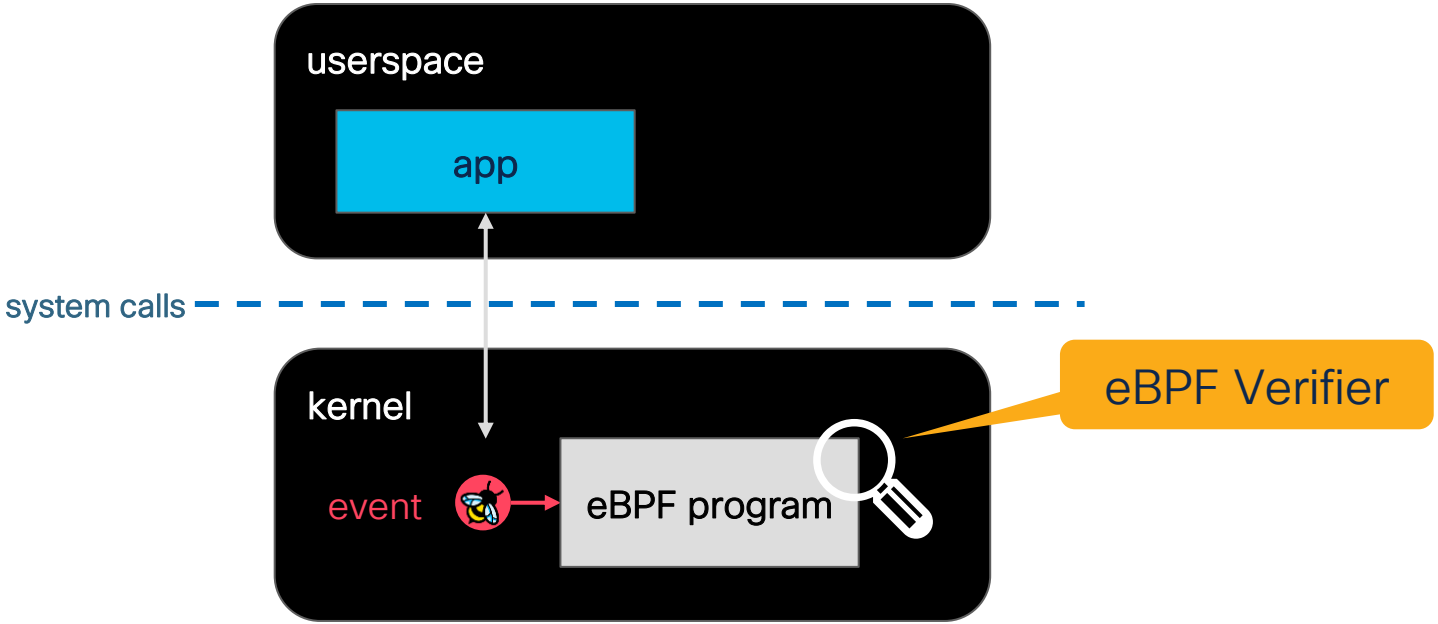


Without eBPF

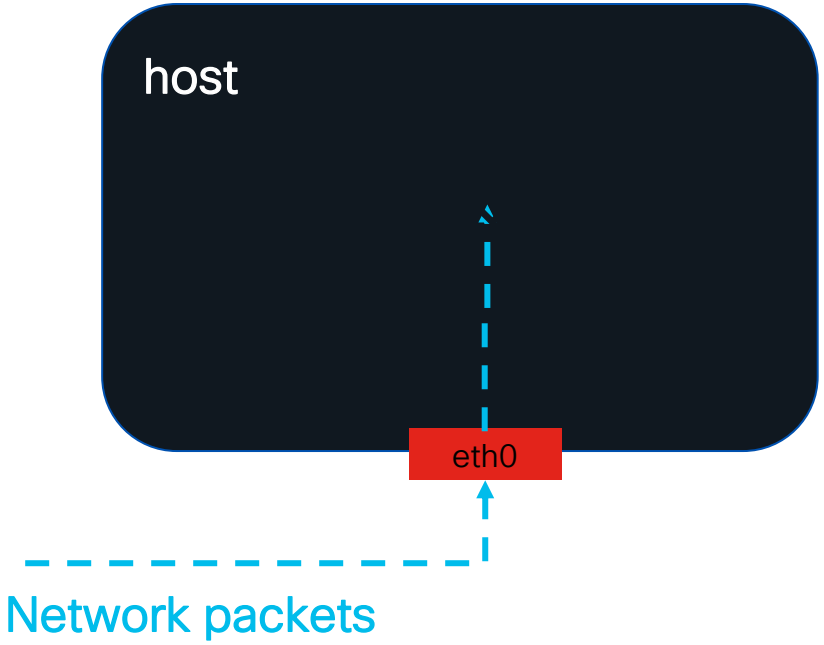


With eBPF

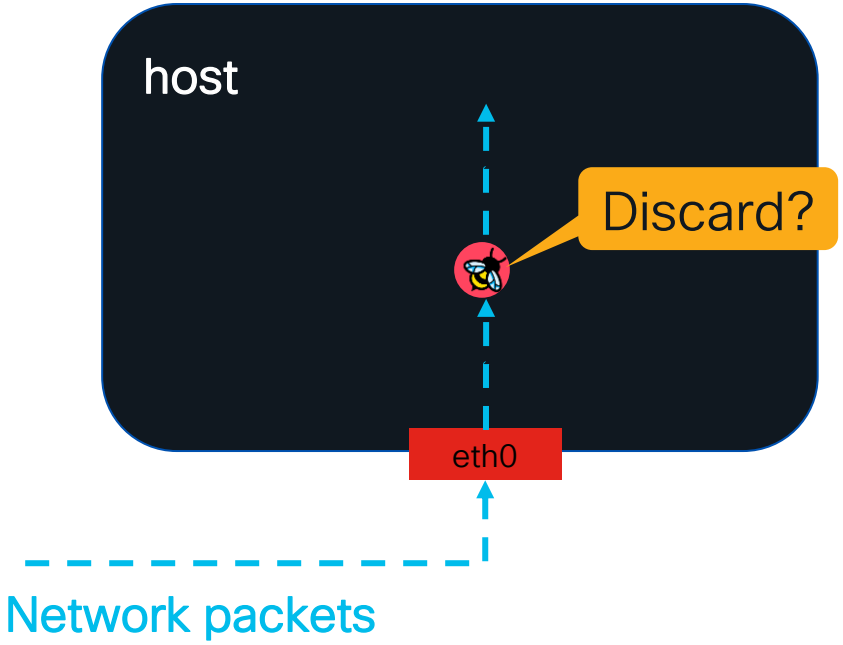
eBPF code has to be safe



Packet drop example



Packet drop example



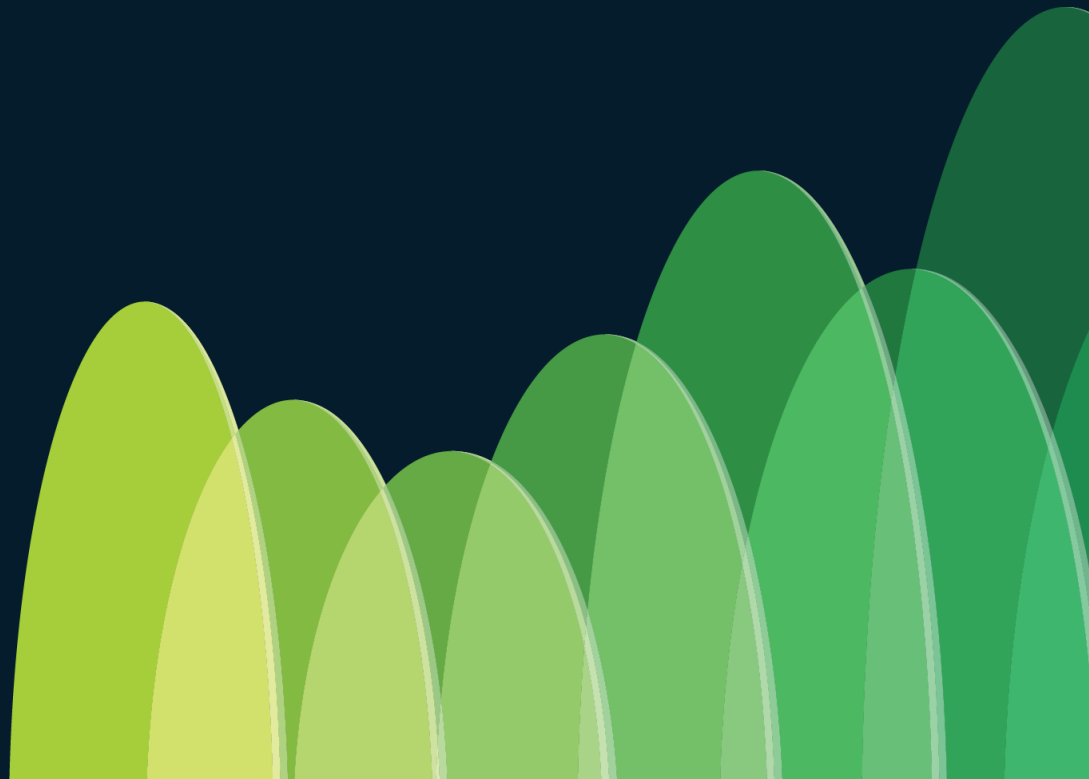
Demo:
Packet Drop

eBPF Packet Drop

```
SEC("xdp/bye")
int goodbye_ping(struct xdp_md *ctx)
{
    ...
    if (iph->protocol == IPPROTO_ICMP)
        return XDP_DROP;

    return XDP_PASS;
}
```

eBPF-powered observability



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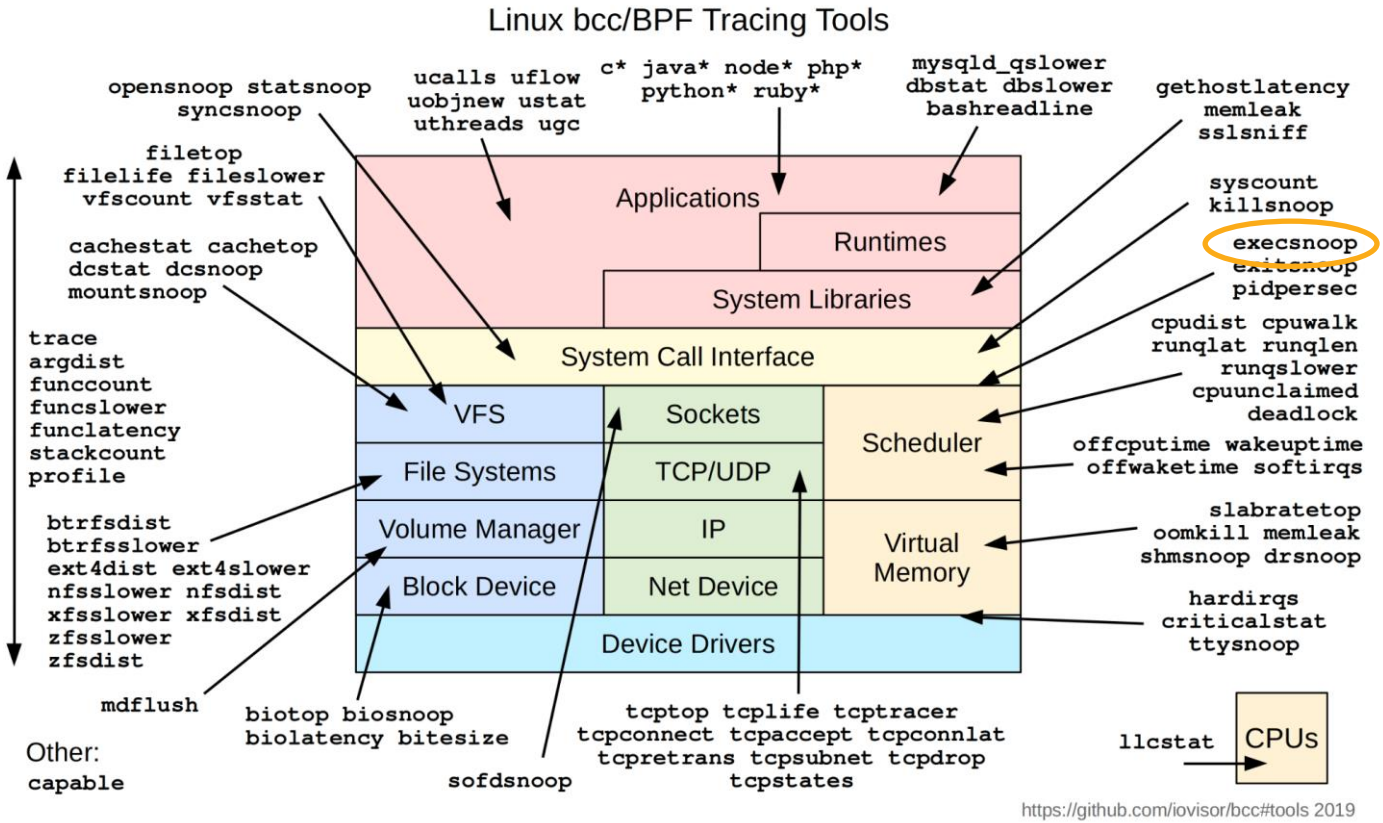
eBPF tracing tools from iovisor/bcc

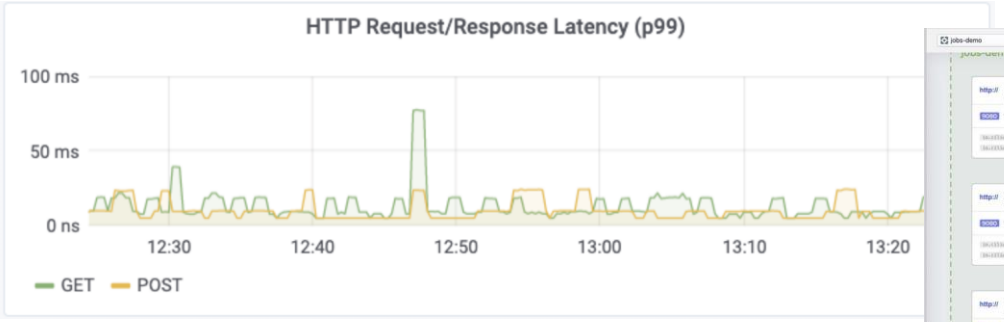


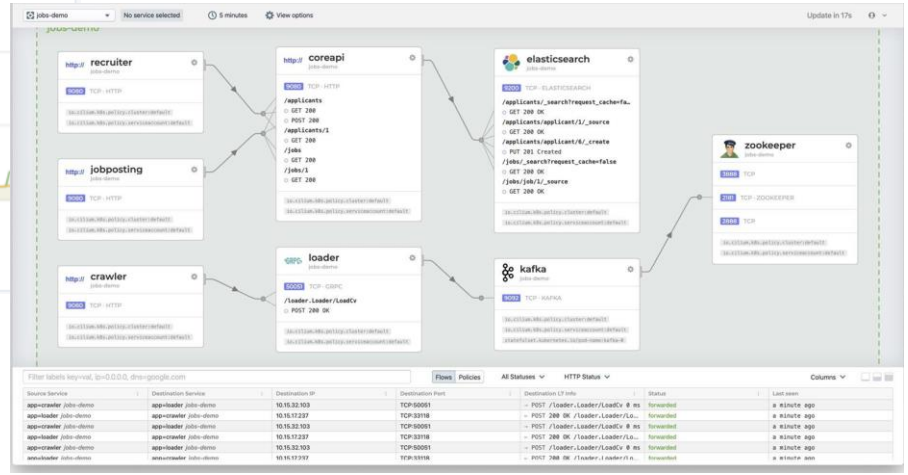
Demo: execsnoop

execsnoop

```
$ sudo execsnoop
PCOMM            PID    PPID   RET ARGS
ls               8067   7798     0 /usr/bin/ls --color=auto
ps               8068   7798     0 /usr/bin/ps
cat              8069   7798     0 /usr/bin/cat /etc/shadow
```

Isovalent network observability with Cilium





- Network flow logs
- Metrics
- Service map
- L3/4 & L7 (HTTP, DNS, Kafka, …)
- Aware of Kubernetes identities

Demo: Isovalent network flows and service map

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hubble-ui.demo.hubble.isovalent.com/service-map?cluster=df-hubble-demo-ce-01&namespace=tenant-jobs&flow-filter-groups=%7ceither%3acluster%3ddf-hubble-demo-ce-01%7ceither%3anamespace%3dtenant-jobs

Overview

Network

Connections

Policies

Live View

Cluster

df-hubble-demo-ce-01

Namespace

tenant-jobs

Time range

1 hour ago

Now

Flows verdict

Any verdict

Aggregate flows

Visual filters

Host service

Kube-DNS:53 pod

Remote node

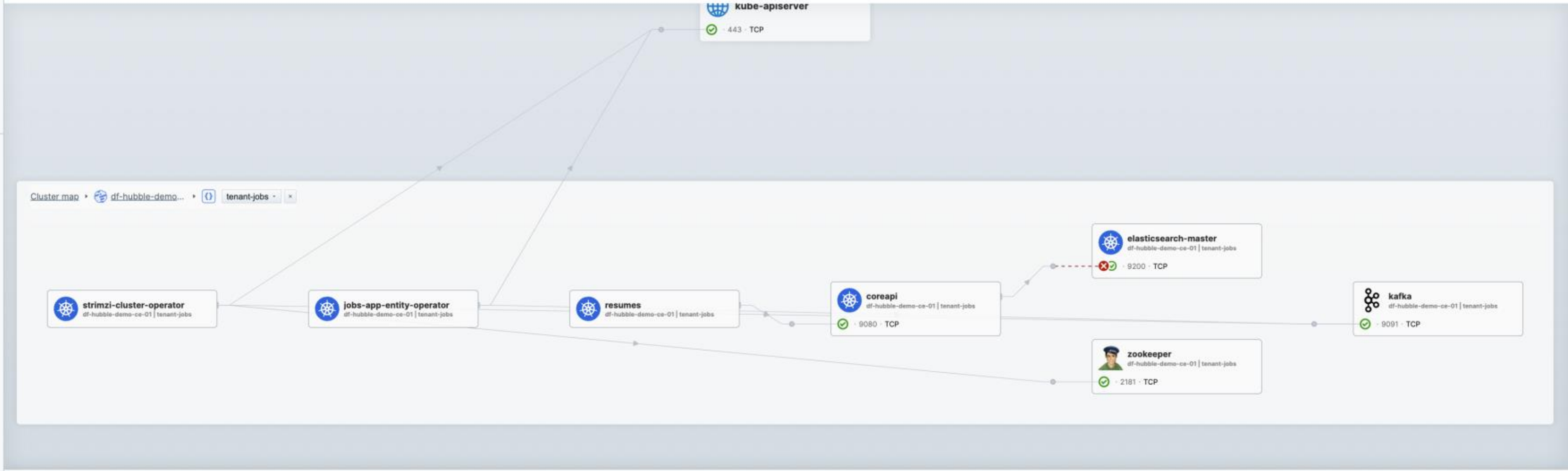
Prometheus app

Notifications

Timescape is ready

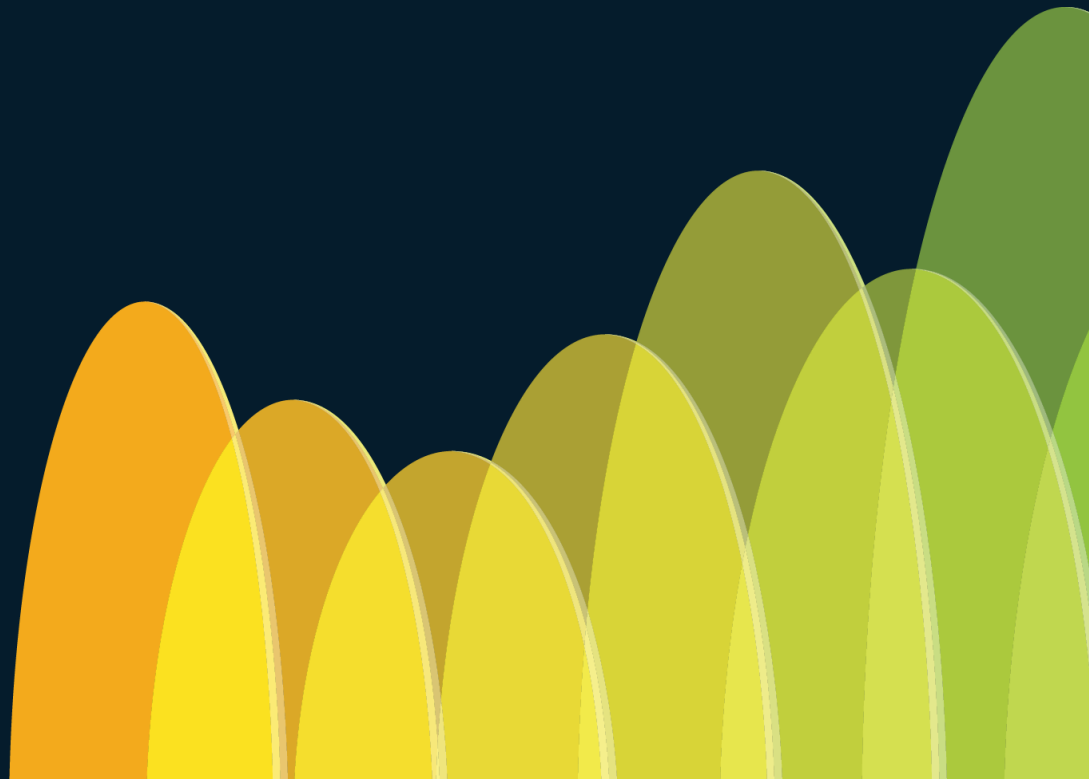
liz@isovalent.com

from ↔ to cluster=df-hubble-demo-ce-01 AND from ↔ to namespace=tenant-jobs × Add filter + Clear filters



Src Cluster	Src Namespace	Src Identity	Dst Cluster	Dst Namespace	Dst Identity	Dst Port	L7 info	Traffic Direction	Verdict	TCP Flags	Auth Type	Timestamp
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	ingress	dropped	SYN		2025/01/31 16...
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	ingress	dropped	SYN		2025/01/31 16...
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	ingress	dropped	SYN		2025/01/31 16...
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	ingress	dropped	SYN		2025/01/31 16...
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	ingress	dropped	SYN		2025/01/31 15...
df-hubble-demo...	tenant-jobs	resumes	df-hubble-demo...	tenant-jobs	coreapi	9080	—	egress	forwarded	SYN		2025/01/31 15...
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	ingress	dropped	SYN		2025/01/31 15...
df-hubble-demo...	tenant-jobs	coreapi	df-hubble-demo...	tenant-jobs	elasticsearch-master	9200	—	egress	forwarded	SYN		2025/01/31 15...
df-hubble-demo...	tenant-jobs	jobs-app-entity-...	df-hubble-demo...	tenant-jobs	kafka	9091	—	egress	forwarded	RST		2025/01/31 15...
df-hubble-demo...	tenant-jobs	strimzi-cluster-o...	—	—	kube-apiserver	443	—	egress	forwarded	ACK RST		2025/01/31 15...
df-hubble-demo...	tenant-jobs	strimzi-cluster-o...	—	—	kube-apiserver	443	—	egress	forwarded	ACK RST		2025/01/31 15...
df-hubble-demo...	tenant-jobs	jobs-app-entity-...	—	—	kube-apiserver	443	—	egress	forwarded	ACK		2025/01/31 15...
df-hubble-demo...	tenant-jobs	jobs-app-entity-...	—	—	kube-apiserver	443	—	egress	forwarded	ACK		2025/01/31 15...
df-hubble-demo...	tenant-jobs	strimzi-cluster-o...	df-hubble-demo...	tenant-jobs	kafka	9091	—	ingress	forwarded	SYN		2025/01/31 15...
df-hubble-demo...	tenant-jobs	strimzi-cluster-o...	df-hubble-demo...	tenant-jobs	zookeeper	2181	—	ingress	forwarded	SYN		2025/01/31 15...

eBPF-powered networking



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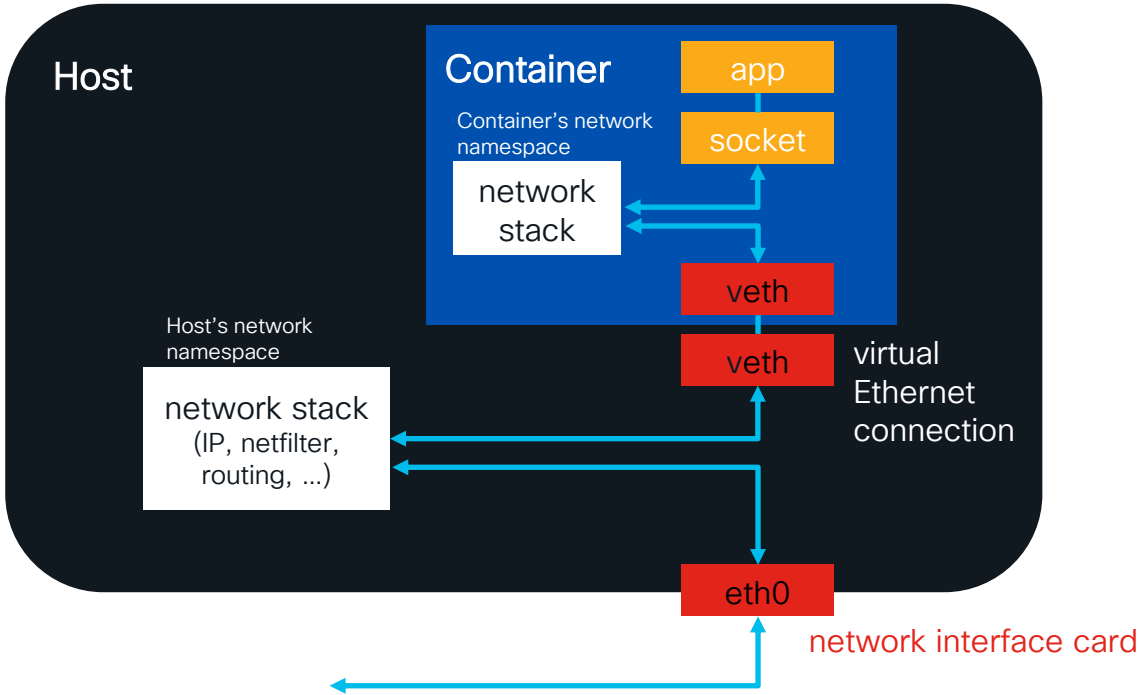
Network namespaces for containers



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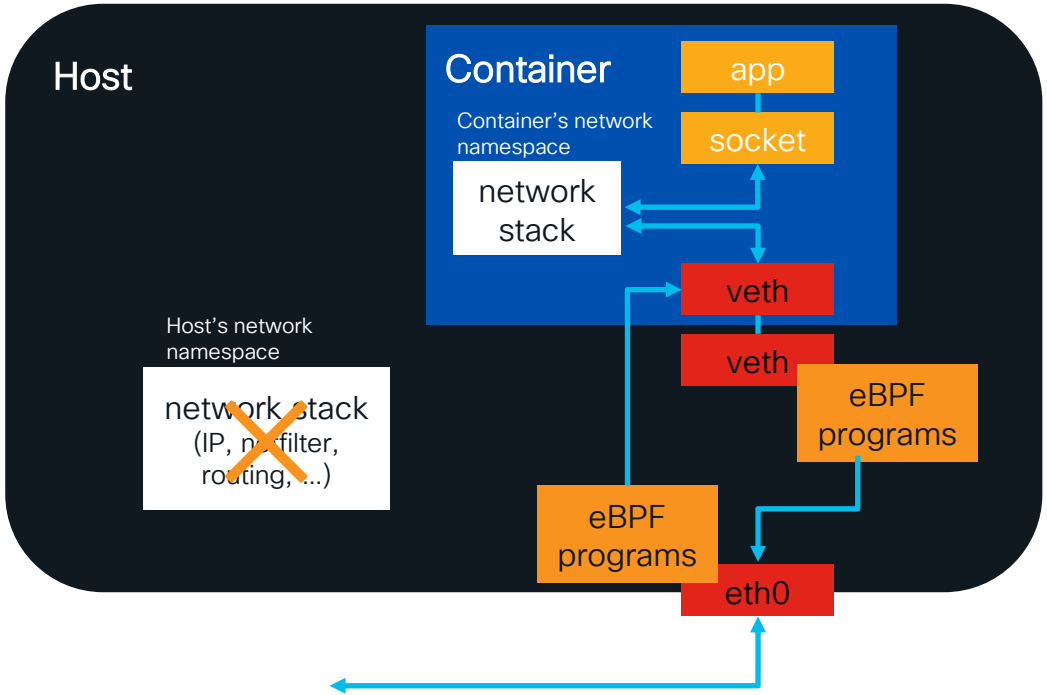
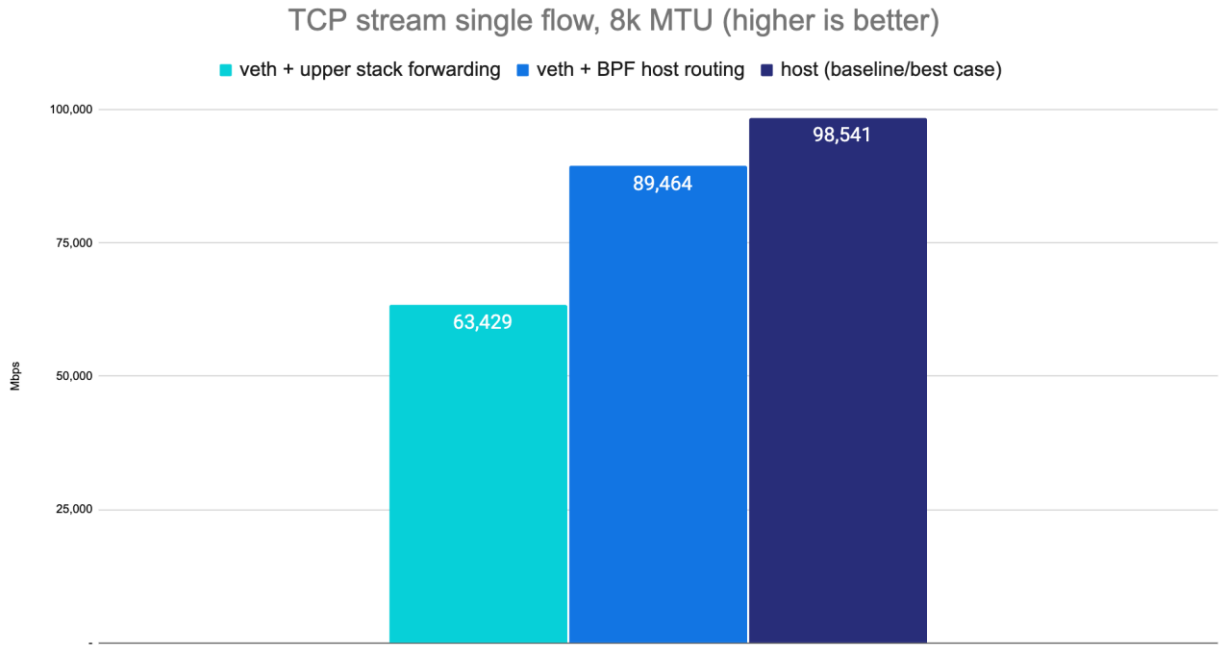
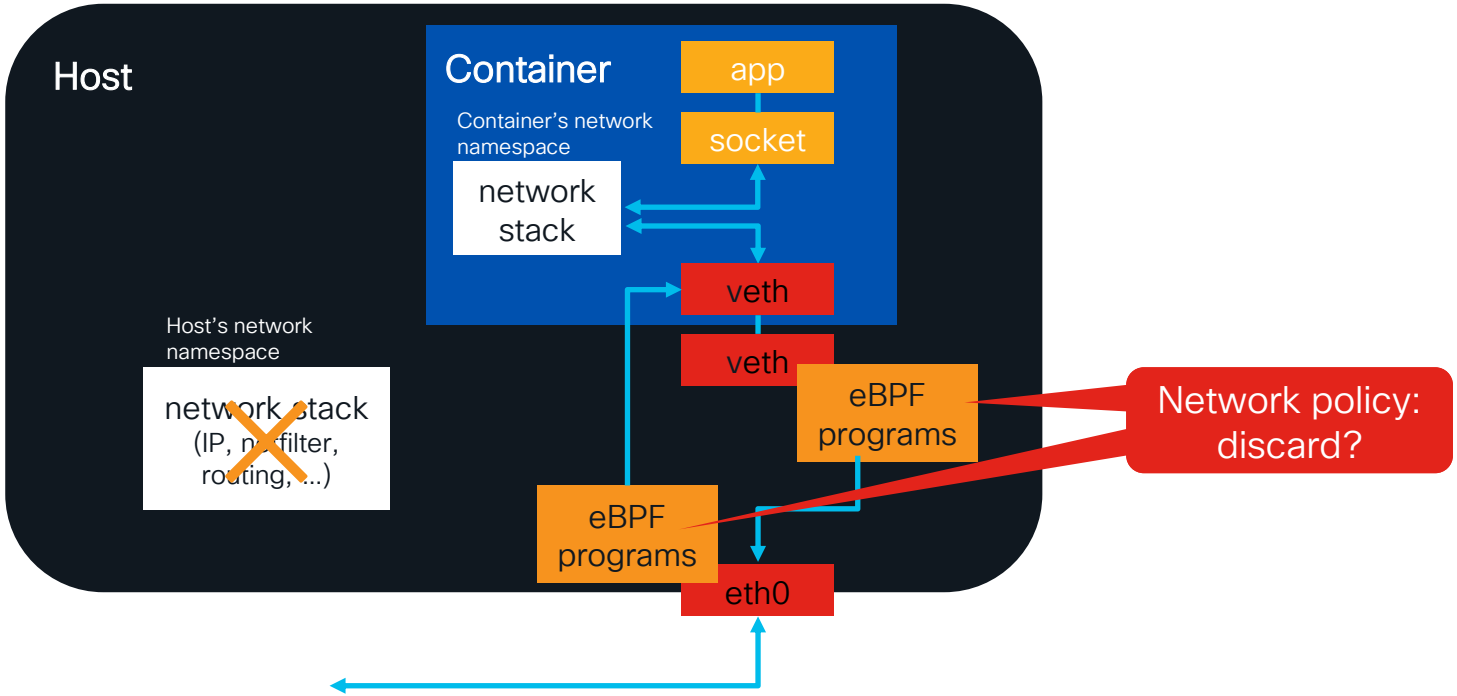


Faster networking with eBPF



Efficient, granular network policies



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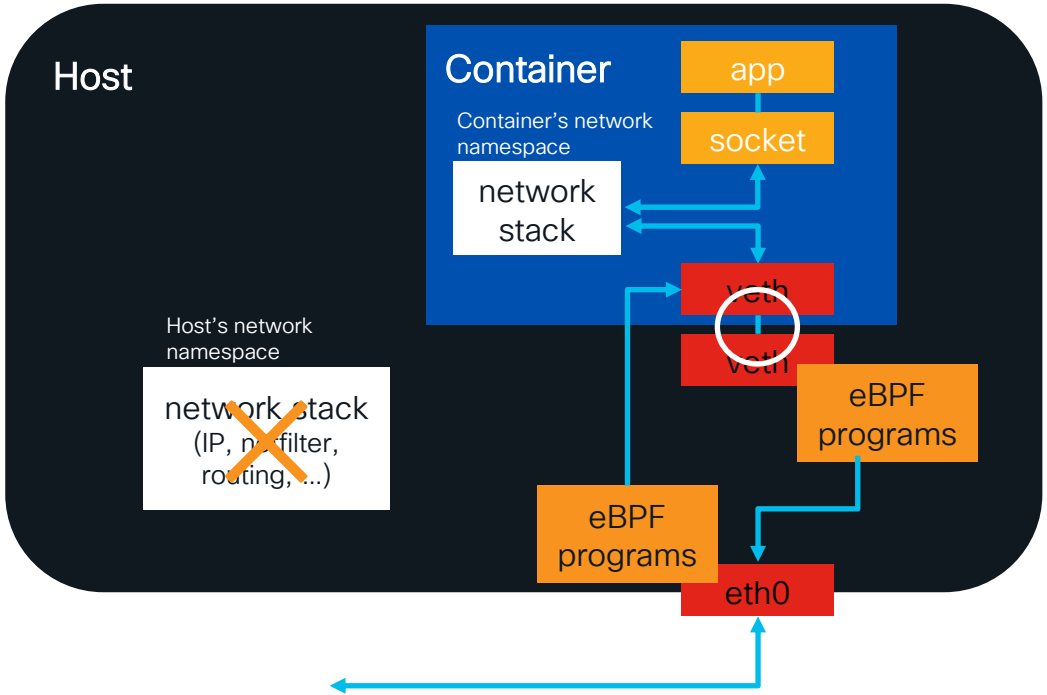
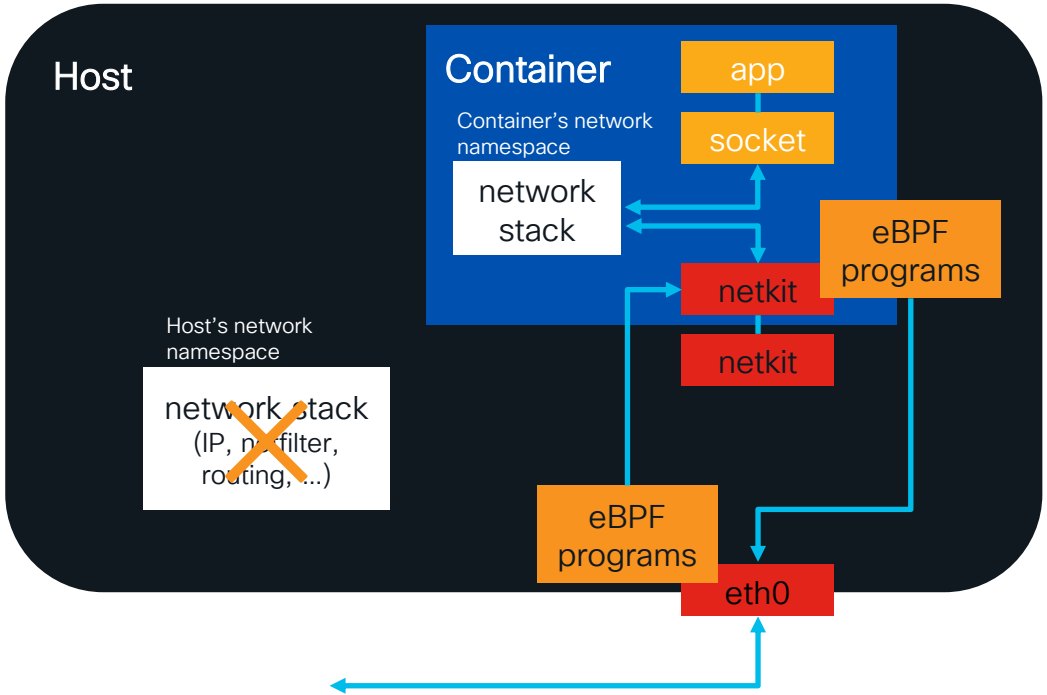
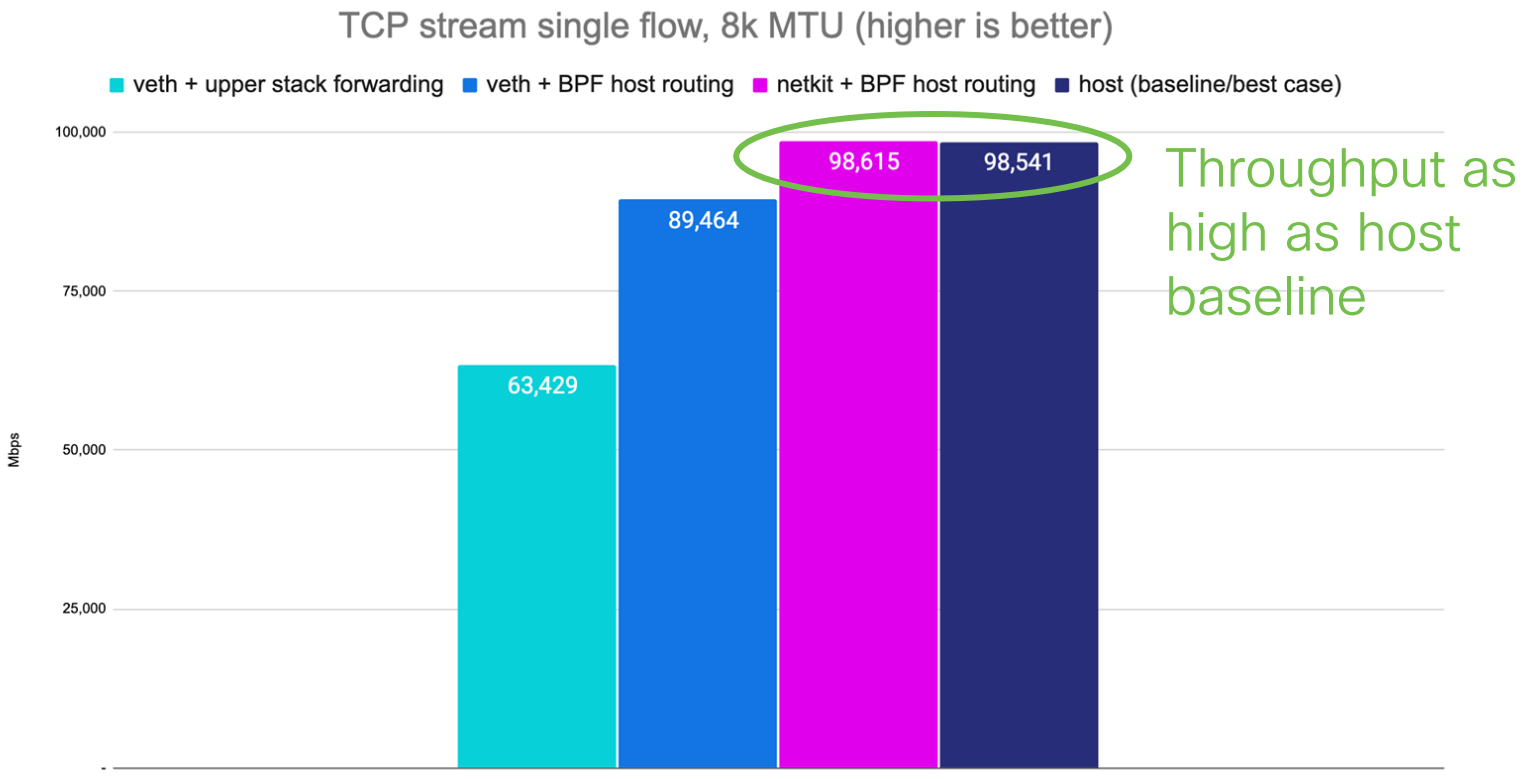


Virtual ethernet connection overhead

New: eBPF Netkit devices

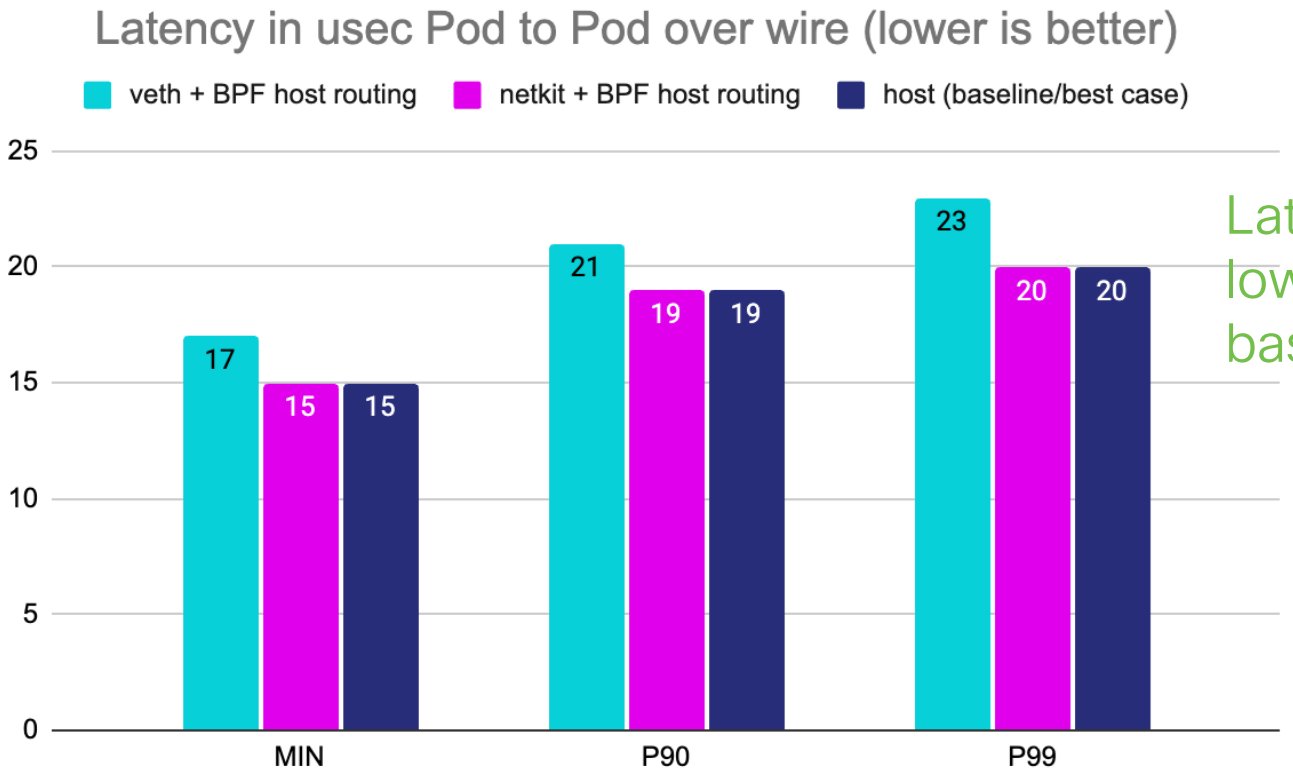


Container networking overhead eliminated!



Throughput as high as host baseline

Container networking overhead eliminated!



Latency as low as host baseline

eBPF-powered runtime security

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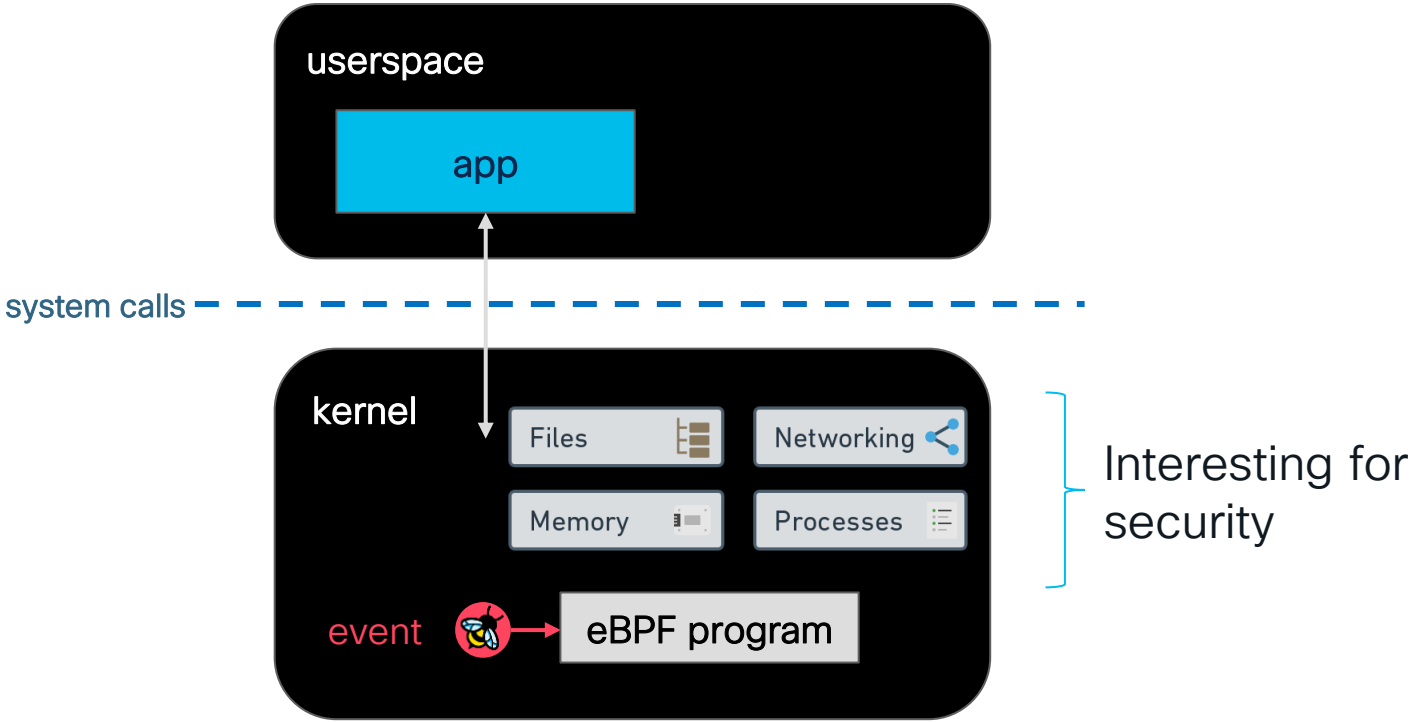
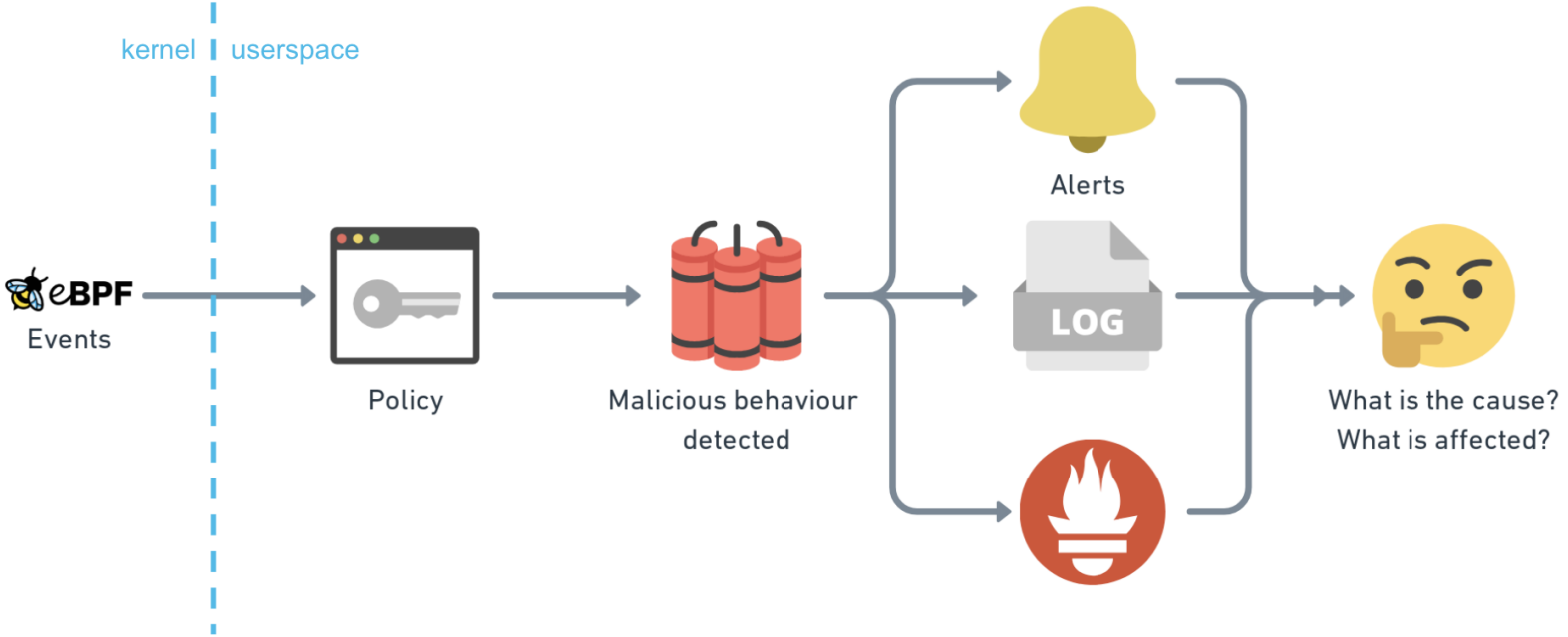
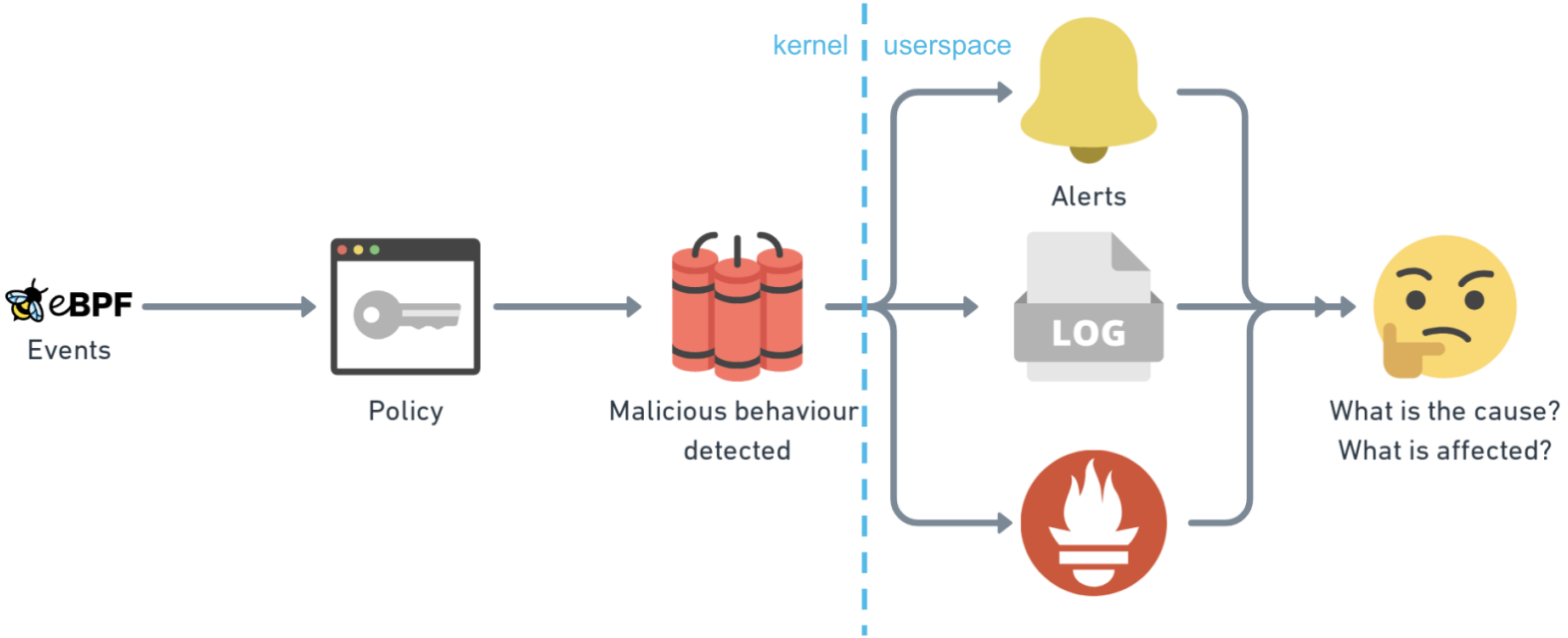
Run custom code in the kernel



Security observability with eBPF

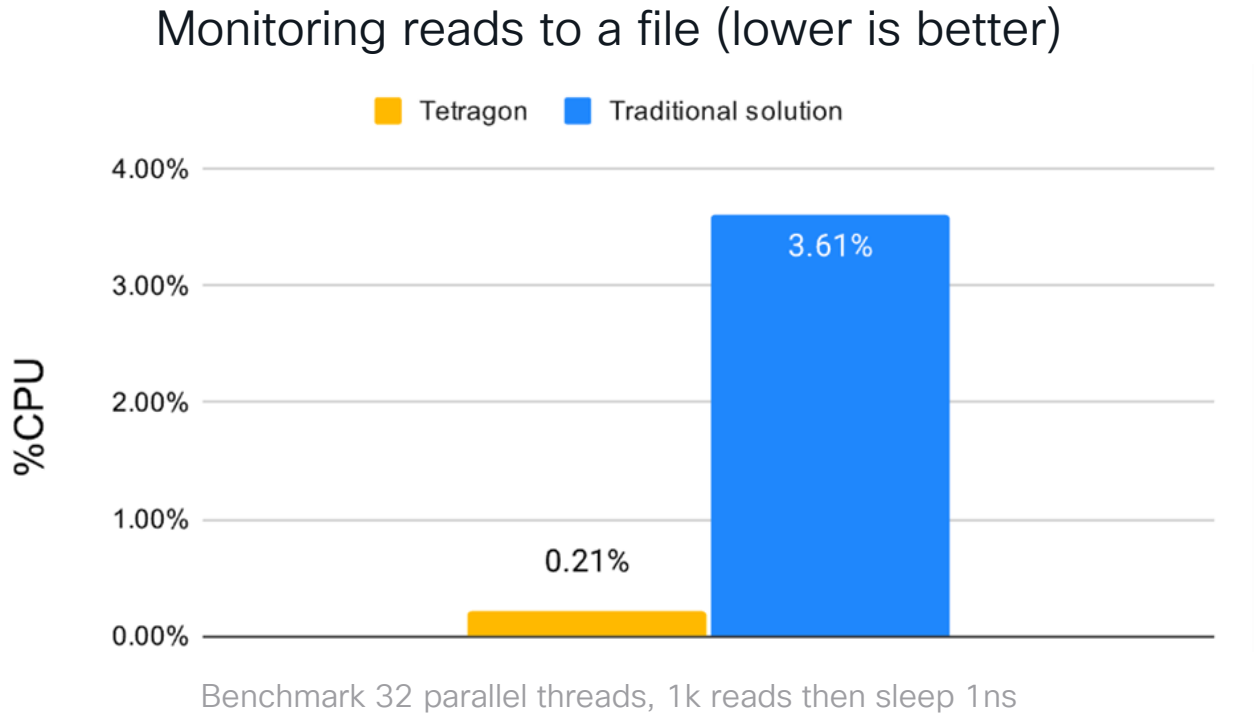


Security observability with eBPF and in-kernel filtering



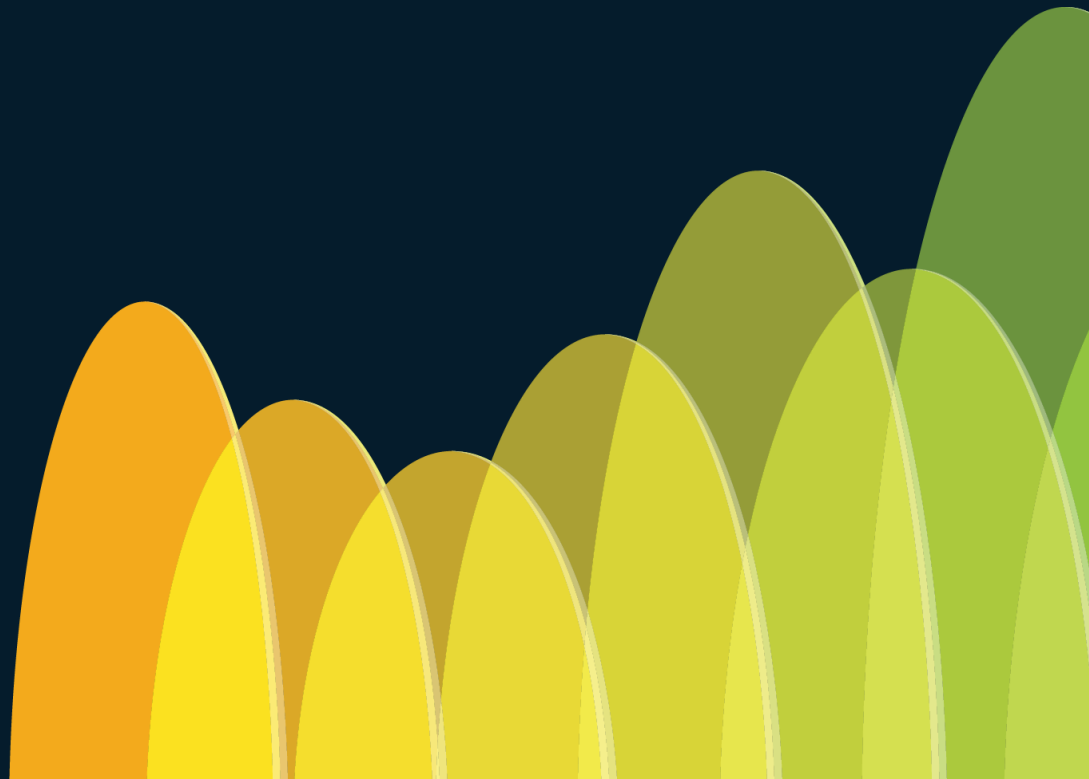
Demo: Isovalent Tetragon

Isovalent in-kernel filtering



Benchmark 32 parallel threads, 1k reads then sleep 1ns

Conclusions



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But...

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- Requires kernel knowledge to build advanced capabilities

- Makes the kernel programmable
- Allows bespoke, dynamic changes to kernel behavior
- Enables high performance, low overhead infrastructure tools

But

- Requires kernel knowledge to build advanced capabilities
- Most users will leverage existing tools rather than writing eBPF themselves

Next steps in eBPF

- Interactive eBPF labs at isovalent.com/labs
- Read What is eBPF or Learning eBPF (download from isovalent.com)
- Learn more at ebpf.io

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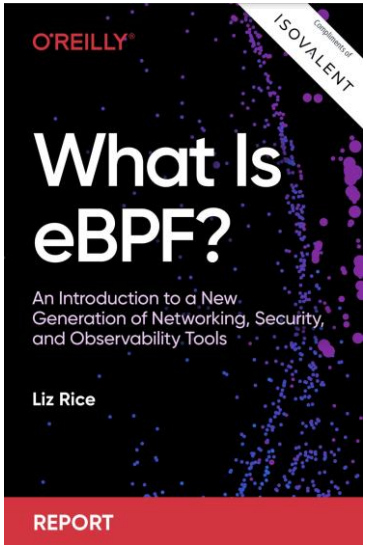

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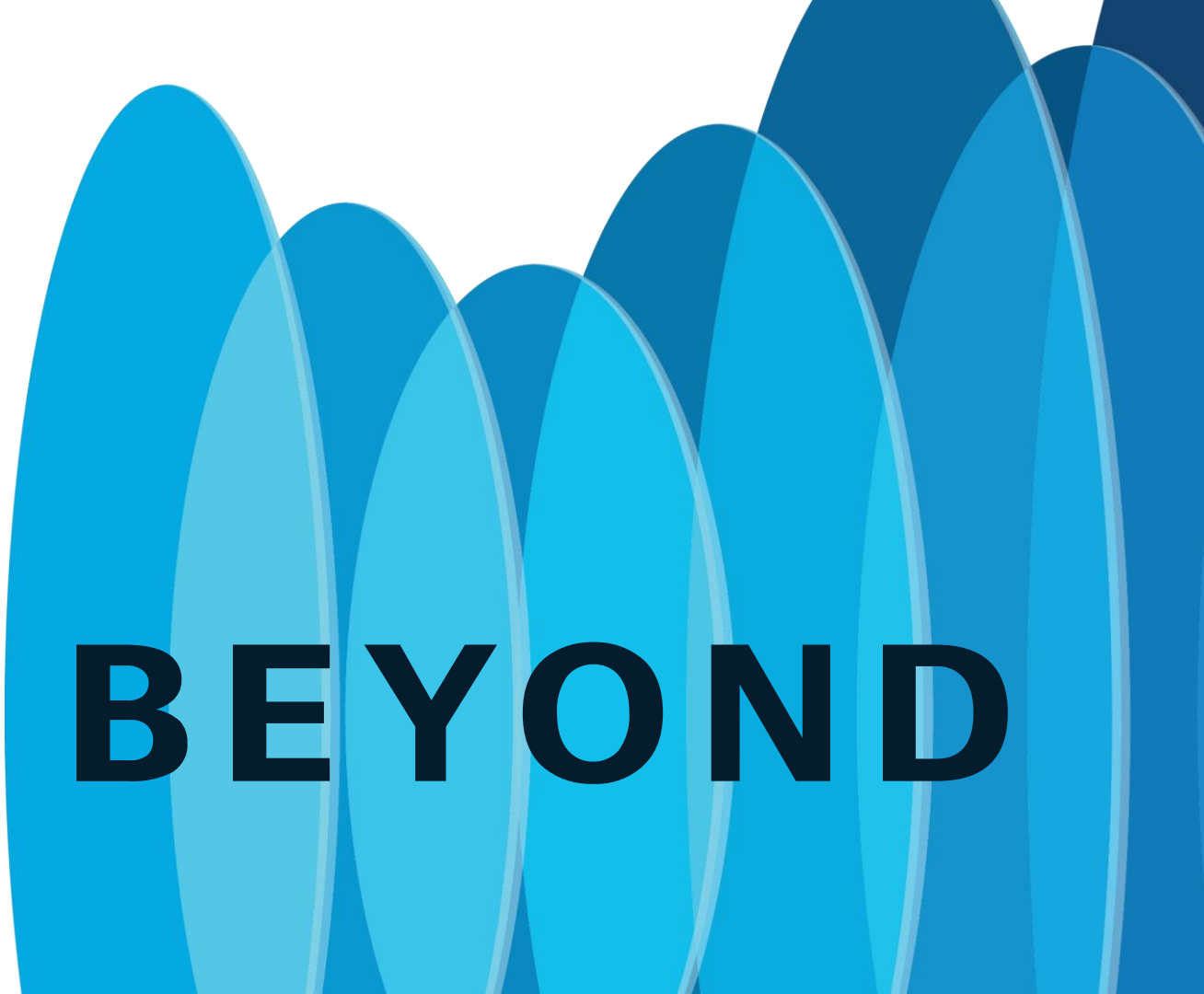

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