

# Identity Based Attacks

**CISCO** Live !

A Red Team

Blue Team Experience

Nic Conroy  
Security Architect

Ned Zaldivar  
Security Architect

# Cisco Webex App

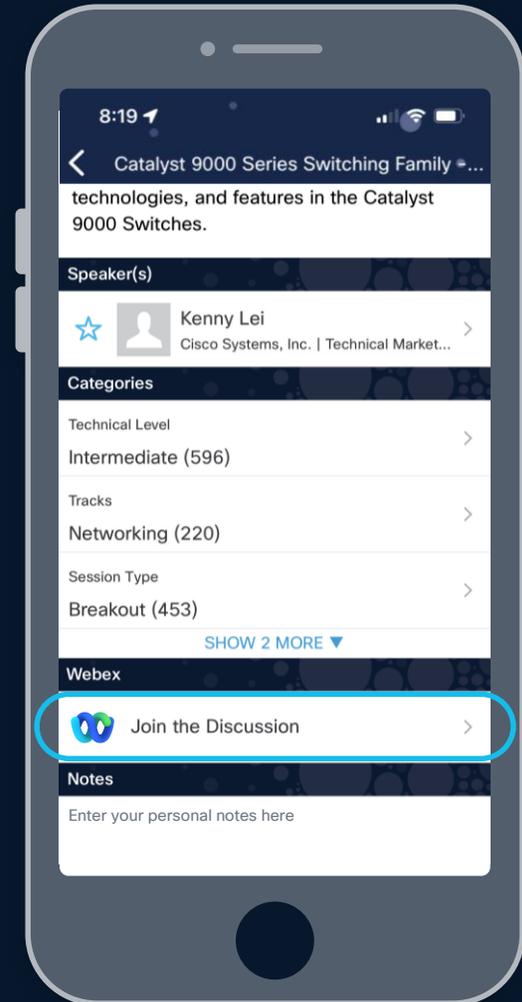
## Questions?

Use Cisco Webex App to chat with the speaker after the session

## How

- 1 Find this session in the Cisco Live Mobile App
- 2 Click “Join the Discussion”
- 3 Install the Webex App or go directly to the Webex space
- 4 Enter messages/questions in the Webex space

**Webex spaces will be moderated by the speaker until June 13, 2025.**



# Cisco Live US Identity Security Learning Map

Sunday—8<sup>th</sup>

**TECSEC-2013** 2:00PM  
Identity Zero to Hero: Understanding the Identity Security Space and Modern Auth

Monday—9<sup>th</sup>

**BRKSEC-2100** 8:00AM  
ISE Your Meraki Network with Group Based Adaptive Policy

**BRKSEC-1017** 8:00AM  
Achieving Industry Standards, Frameworks and Architectures Using Duo

**BRKSEC-2096** 8:00AM  
Securing Industrial Networks: Where Do I Start?

**BRKSEC-2144** 9:00AM  
Modern Authentication Explained to the Network Professional

**BRKSEC-1383** 9:30AM  
Securing the Olympics: The Cybersecurity Architecture for Paris 2024

**BRKSEC-2416** 1:30PM  
Cisco ISE Meets Azure Cloud. Deploy, Automate, Integrate with Entra ID and Intune

Tuesday—10<sup>th</sup>

**BRKSEC-2880** 2:00PM  
Identity Under Siege: Strategies for Today's Threats

**BRKSEC-2082** 3:00PM  
Breaking the Identity Provider Mold with Duo!

**BRKSEC-2162** 4:00PM  
Identity Intelligence Demystified

**BRKSEC-2347** 4:00PM  
ISE Deployment Improvements - Tips and Tricks

Wednesday—11<sup>th</sup>

**BRKSEC-2164** 1:30PM  
Identity Based Attacks, a Red Team/Blue Team Experience

**BRKSEC-3707** 1:30PM  
Advanced SGT - Multi Domain Context

**BRKSEC-2910** 2:30PM  
Bridging the Gap: Integrating Identity Security Across Platforms

**VILSEC-1057** 2:30PM  
Fifteen bars of connectivity in Healthcare, powered by Jamf, Apple, and Cisco Private 5G

**BRKSEC-2879** 3:30PM  
Duo Identity Security: Protect your users and applications with SO MUCH more than MFA!

Thursday—12<sup>th</sup>

**BRKSEC-2202** 9:00AM  
Demystifying the World of Passkeys

**BRKSEC-2660** 10:30AM  
Setting the Stage for ISE Deployment Success: A Guide to Effective Planning

**BRKSEC-2584** 10:30AM  
Innovative Authentication: Beyond Passwords

**BU-led sessions**

# Who are your Speaker(s)



Nic Conroy  
**RED TEAM**

- 6 Years at Cisco
- Enterprise Security Architect
- Love for Cyber Security, Jiu Jitsu, Travel, and being the most Rad Dad!



Ned Zaldivar  
Blue Team

- 25+ years @ Cisco
- Global(s) Security Architect
- Cisco Live Speaker for 12+ years
- Photographer, Cars, Beekeeper and Scuba Diver

# Session Disclaimer

## What you will learn

- Threat Intelligence around Current Threat Landscape
- Several types of identity attacks will be displayed
- Several types of defensive measures will be shown
- Some tips towards best practices and the value of security mesh type architecture

## What you will not learn

- Expertise on hacking tools
- Every defense possible
- Proprietary information on specific incidents
- How to make a million dollars  
Phishing your colleagues, enemies, frenemies, or financial institutions.
- Tools or Techniques beyond Identity (initial access) which Mitigate Blast Radius. For example segmentation, EDR or XDR solutions.

# Agenda

- 01 Introduction
- 02 Vishing
- 03 Current Threat Landscape
- 04 Red Team / Blue Team
- 05 Session Hijacking
- 06 Valid Account
- 07 MFA Fatigue and Weak MFA
- 08 Summary

# Vishing Demo

**Nic Conroy** ✓  
Security Solutions Architect  
Durango, Colorado  
Cisco

Profile viewers: 285  
Post impressions: 1,060

Limited offer: Get up to 25% off Premium  
[Claim offer now](#)

- Saved items
- Groups
- Newsletters
- Events

Start a post

Video | Photo | Write article

Sort by: Top

**Dinesh Moudgil** ✓ • 1st  
Technical Leader, Technical Marketing Engineer - Cisco Security Busines...  
1d • Edited •

Interested to get your hands dirty on Secure Firewall and learn how to simplify and secure your SD-WAN deployments? ...more

**CISCO Live!** | San Diego, CA June 8-12, 2025  
Don't miss this session  
Cisco Secure Firewall SDWAN Cloud Onramp Lab  
LTRSEC-2241 #CiscoLive

Dinesh Verma and 57 others | 3 reposts

Like | Comment | Repost | Send

**Mahinur K.** ✓ • 2nd  
Co-Founder @ Grooic - Conversion Agency | Web3 Design Lead...  
Promoted • Partnership with ClickUp

+ Follow

### LinkedIn News

Top stories

- Procter & Gamble to lay off 7,000**  
2m ago • 19,748 readers
- US trade deficit shrinks by 56%**  
5m ago • 12,840 readers
- Amazon preps humanoid deliveries**  
6m ago • 4,923 readers
- Hooters shuts 30 restaurants**  
9m ago • 1,823 readers
- AI won't slow Alphabet hiring — yet**  
7m ago • 554 readers

Show more

### Today's puzzle

**Zip - a quick brain teaser**  
Solve in 60s or less! | 151 connections played

Promoted

Messaging (2)

# Vishing Demo-Live Interaction



- Compose
- Mail
- Contacts
- Calendar
- Settings
- Webmail Home

Save Attach Signature Responses

From: nic@solonetsolutions.com

To: kreeves

Subject: Kreeves <kreeves@securemobility.net>

Attachment icon

Large empty text area for the email body.

Options and attachments

Maximum allowed file size is 105 MB

Attach a file

Download icon

- Return receipt
- Delivery status notification
- Keep formatting
- Priority: Normal
- Save sent message in: Sent

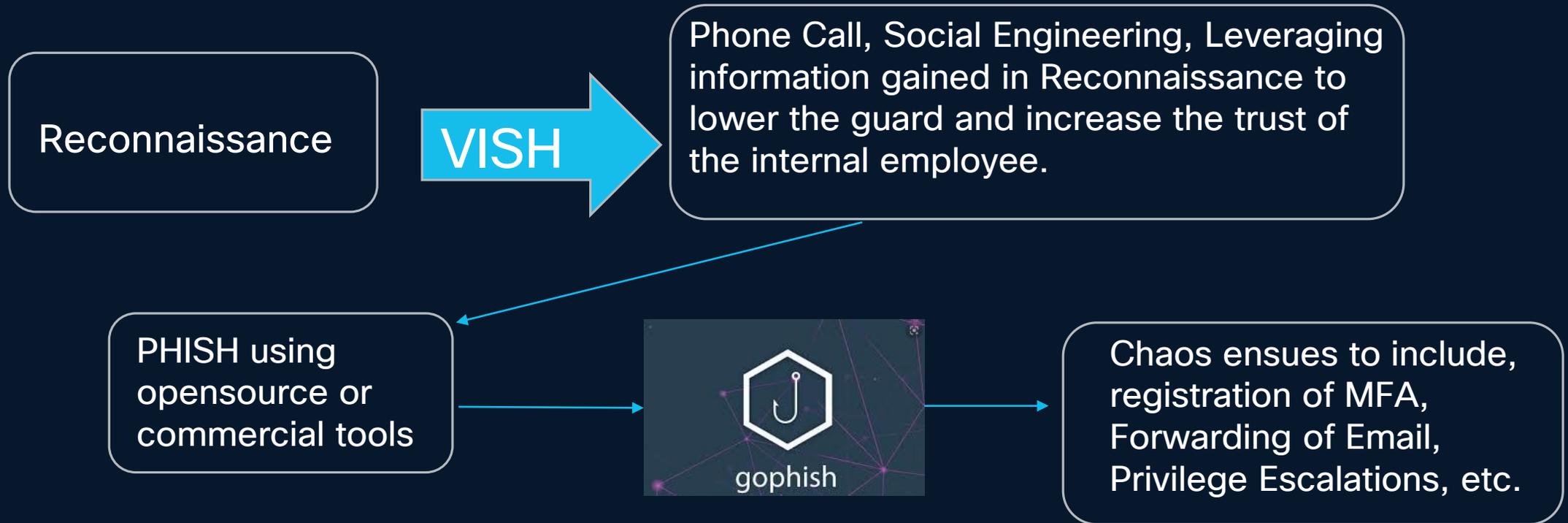
- Light mode
- Send
- About
- Logout

Open in new window

Red Team Goes Phishing

# Anatomy of Attack

Vishing



# BLUE TEAM

- Collapse
- Home
- Users >
- Devices >
- Policies >
- Applications >
- Reports >
- Monitoring >
- Billing >
- Settings

← Users  
**kreeves**

Logs | Send Duo Push | Sync This User

 kreeves was denied access 1 hour ago. ×  
[Why was kreeves denied access?](#)

 This user was synced from the directory **SMLAB\_AD**. Some fields are read-only.

Device enrollment  Enrolled

Username

Username aliases

**Helpdesk  
Verification**

12:12

**Security Checkup**  
No issues found

-  iOS is up to date >
-  Duo Mobile app is up to date >
-  Screen Lock is enabled >
-  This device is not jailbroken >

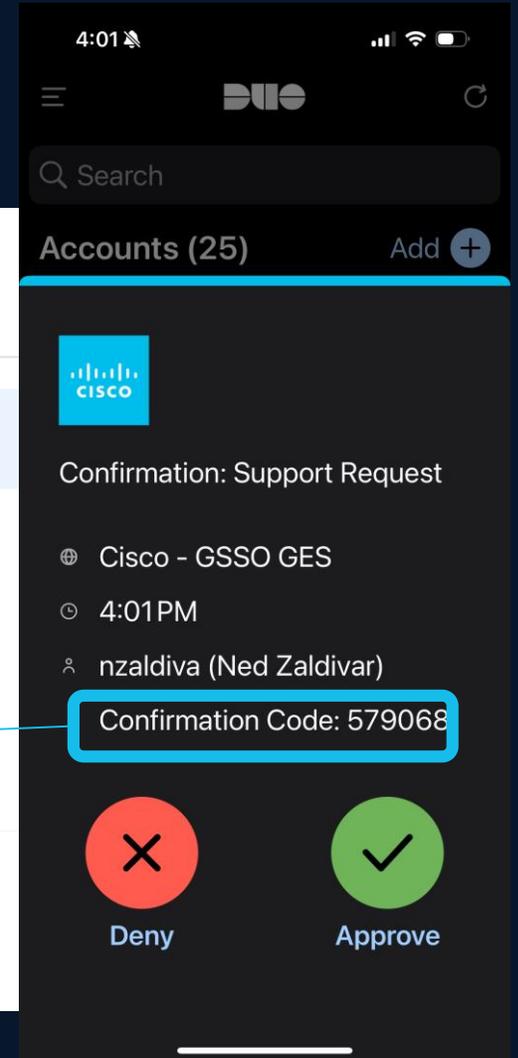
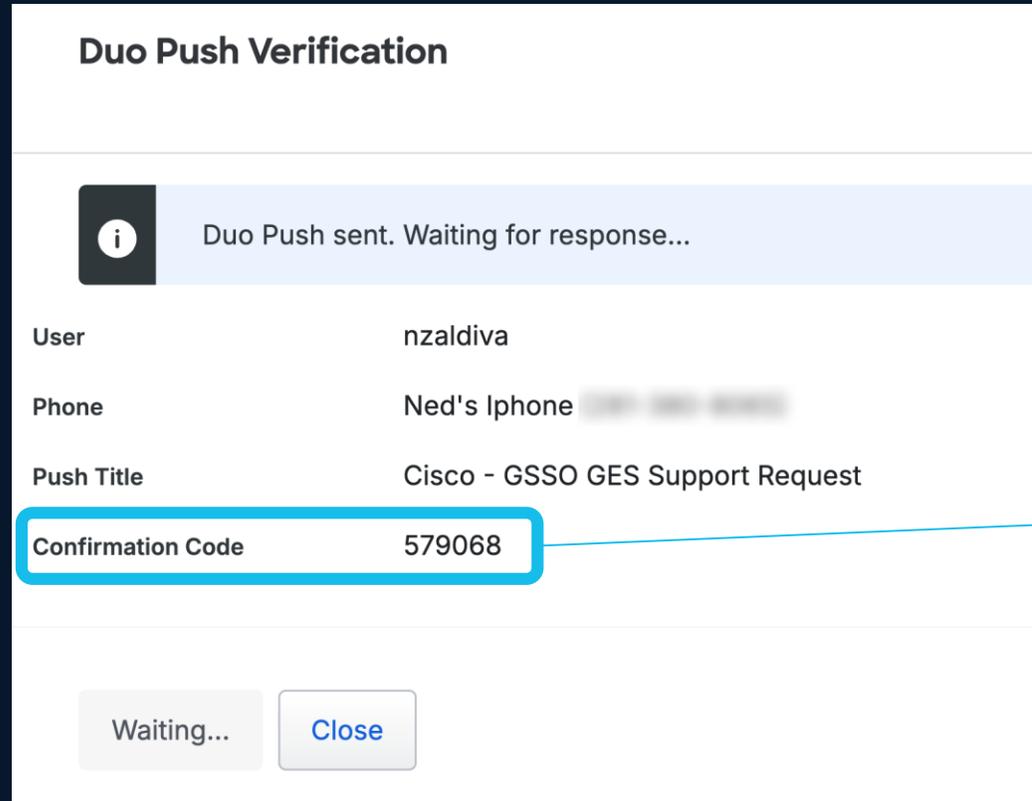
Security Checkup will never access personal information on your device.

# TOOLS USED: FEATURES: RESOURCES

Helpdesk Verification by sending Duo Push, Code confirmation

Duo > Users > <Specific User>  
> Send Duo Push

Available in GUI and Admin API

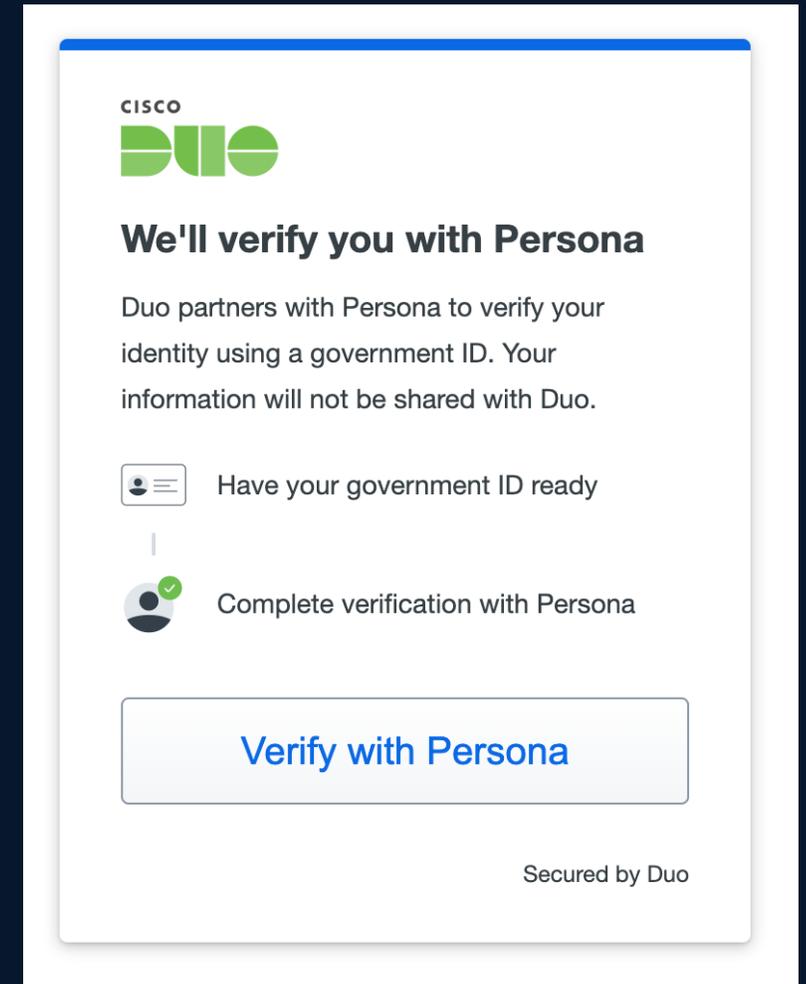


<https://duo.com/docs/administration-users#verifying-users-with-duo-push>

# Duo Identity Verification Integration

Establish deep trust

- Introducing IDV workflows during critical moments in the workforce user's lifecycle
- First phase is a partnership with Persona. This partner was chosen for:
  - Flexibility and broad options
  - Global support
  - Strategic alignment with Cisco & Duo
- Key workflows:
  - Help Desk Verification (Private Preview now)
  - Remote Onboarding (Private Preview coming in July)
  - Self-Service



To establish trust, users must match information that has been stored in Duo – then provide government ID and a selfie.

# Helpdesk Identity Verification

# Why does Vishing work?

We trust inherently

Your Identity and Personal Details and Your Connections are out there (Reconnaissance)



Your passwords are for sale (Credentials)



Human Voice has emotion and the ability to persuade (Gain Access or More Reconnaissance)

# Other Ways to Trust but Verify User

- **Call Back** – if they have spoofed the number, then they can't get a call back (or won't be available via main number)
- **Verbal Passwords** (pre-shared)
- **Email Verification** – if they are spoofing the number and don't control your mailbox.
- **SMS Verification** – if they have spoofed the number, then it would be hard for them to get an SMS
- If it is an IT support Vish. **Ask to speak to manager.** Verify identity.

# Current Threat Landscape



60%

Identity-based attacks were dominant, accounting for 60% of all Cisco Talos Incident Response cases.

# Talos Threat Intelligence : Talos' Published Year in Review 2024 Analyzes data from...



**193 Countries**



**46 Million Devices**



**886 Billion Security Events  
Daily**

<https://blog.talosintelligence.com/2024yearinreview/>

# Threat Intelligence

## Talos

**60%**

Identity-based attacks were dominant, accounting for 60% of all Cisco Talos Incident Response cases.

**48%**

Ransomware actors successfully disabled security solutions in 48% of their attacks last year

**Generative AI**

Generative AI tools have enabled more sophisticated social engineering attacks

"GPT-4 was able to successfully attack 87% of vulnerabilities tested when given a description of the exploit from CVE, the public database of common security issues." -UIUC

<https://blog.talosintelligence.com/2024yearinreview/>

# Threat Intelligence

## Our Peers Concur

### CrowdStrike

Breaches with **stolen credentials** take 292 days to detect.  
Adversaries move laterally **undetected with valid credentials**.

### Unit 42

77% of intrusions are suspected to be caused by three initial access vectors: **phishing**, exploitation of known software vulnerabilities, and brute force **Credentials** attacks—focused primarily on remote desktop protocol.

# Top Identity Attacks and Techniques Defined



## Phishing

Email with malicious link



## Credential Stuffing

Automated injection of stolen creds



## Social Engineering

Trick end user into doing something



## Pass-the-hash

Stolen hashed creds to gain access



## AiTM

Attacker intercepts data (creds..., used for MFA Bypass)



## Identity Theft

Leverage stolen credentials

# Red Team / Blue Team

# Red Team / Blue Team Defined

## Reference

### Red Team - Offensive

A **Red Team** is a group of people who simulate an **attack** on an organization's systems to identify vulnerabilities. The goal is to improve the organization's security.

### Blue Team - Defense

A **Blue Team** is a group of cybersecurity professionals who **protect** an organization's computer systems and networks. They analyze security, identify vulnerabilities, and respond to security incidents.

What is a Purple Team?

# Red Team

Creating Attacks Leveraging Tactics, Techniques and Procedures



## Social Engineering

Social engineering is the psychological manipulation of individuals to trick them into divulging confidential information or performing actions that compromise security, often exploiting trust or human behavior.



## Open-Source Tools

57% of Talos Incident Response Cases used open source tools:

Impacket, Mimikatz, and GoPhish are common examples of Open Source tools.



## Commercial Tools

26% of Talos Incident Response Cases used Commercial Tools:

Cobalt, Rapid7, even HAK5 gear commercially available are examples of these tools.



## LOLBINS

17% of Talos Incident Response Engagements leveraged LOLBINS (Living off Land Binaries)

- PowerShell (powershell.exe)
- Mshta (mshta.exe)
- CertUtil (certutil.exe)

# Blue Team

Defending Using these tools

## Email Security

### Email Threat Defense

- API/Gateway
- Advanced phishing technique identification and blocking
- Protects M365 Email

## Identity Security

### Duo

- MFA – Validated User
- Phishing Resistance
- Trusted Endpoints
- Primary, Secondary Authentication
- IAM, IDP

## Identity Threat Detection

### Cisco Identity Intelligence

- Identity Threat Detection and Response
- Builds Identity Graph
- Multi-sourced, vendor-agnostic solution that works across your existing identity stack and brings together authentication and access insights.

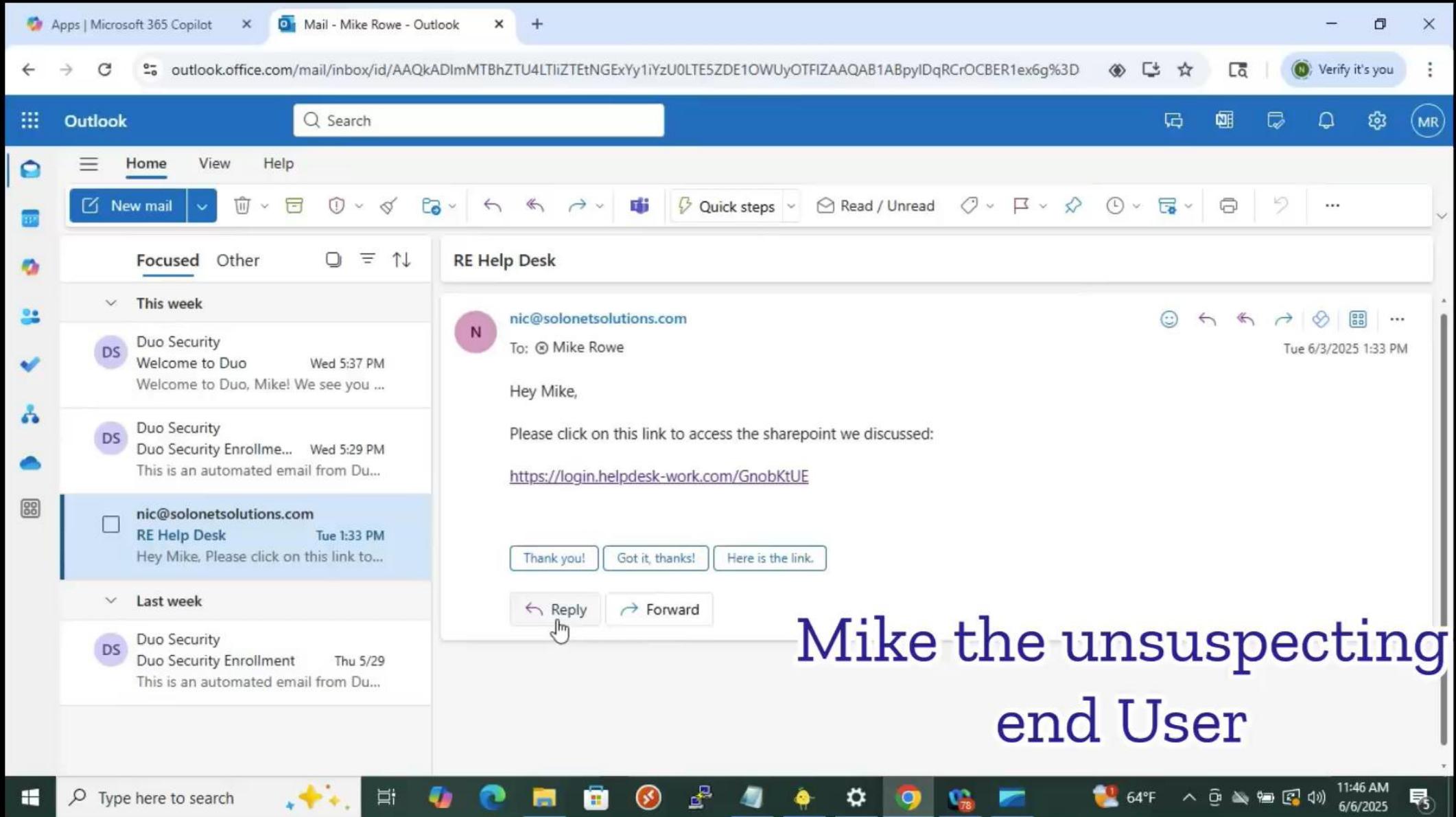
## Network Security

### Umbrella

### Secure Access

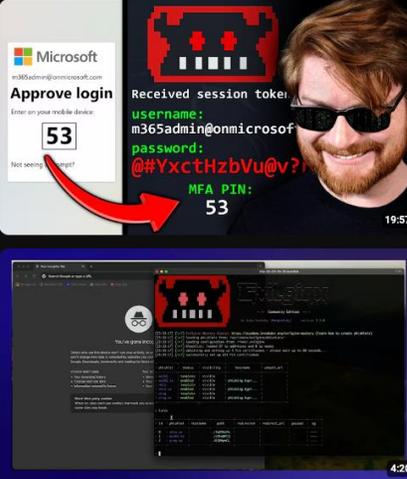
- DNS Security
- Secure Web Gateway
- FWaaS
- Zero Trust/VPNaaS
- Experience Insights





Mike the unsuspecting  
end User

# Anyone can learn to do Session Hijacking

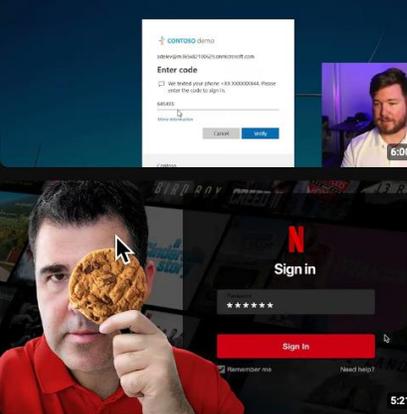


**I Stole a Microsoft 365 Account. Here's How.**  
425K views • 1 year ago  
John Hammond  
<https://jh.live/evilginix> | Get phishing into your next red team assessment or penetration test, and make it a breeze with Evilginix!

**425K views**

**Evilginix Attack Demo: How Hackers Bypass Microsoft MFA**  
6.9K views • 5 months ago  
HYPR  
Phishing attacks are evolving, and even multi-factor authentication (MFA) is no longer foolproof. In this detailed demo, we ...

**6900 Views**



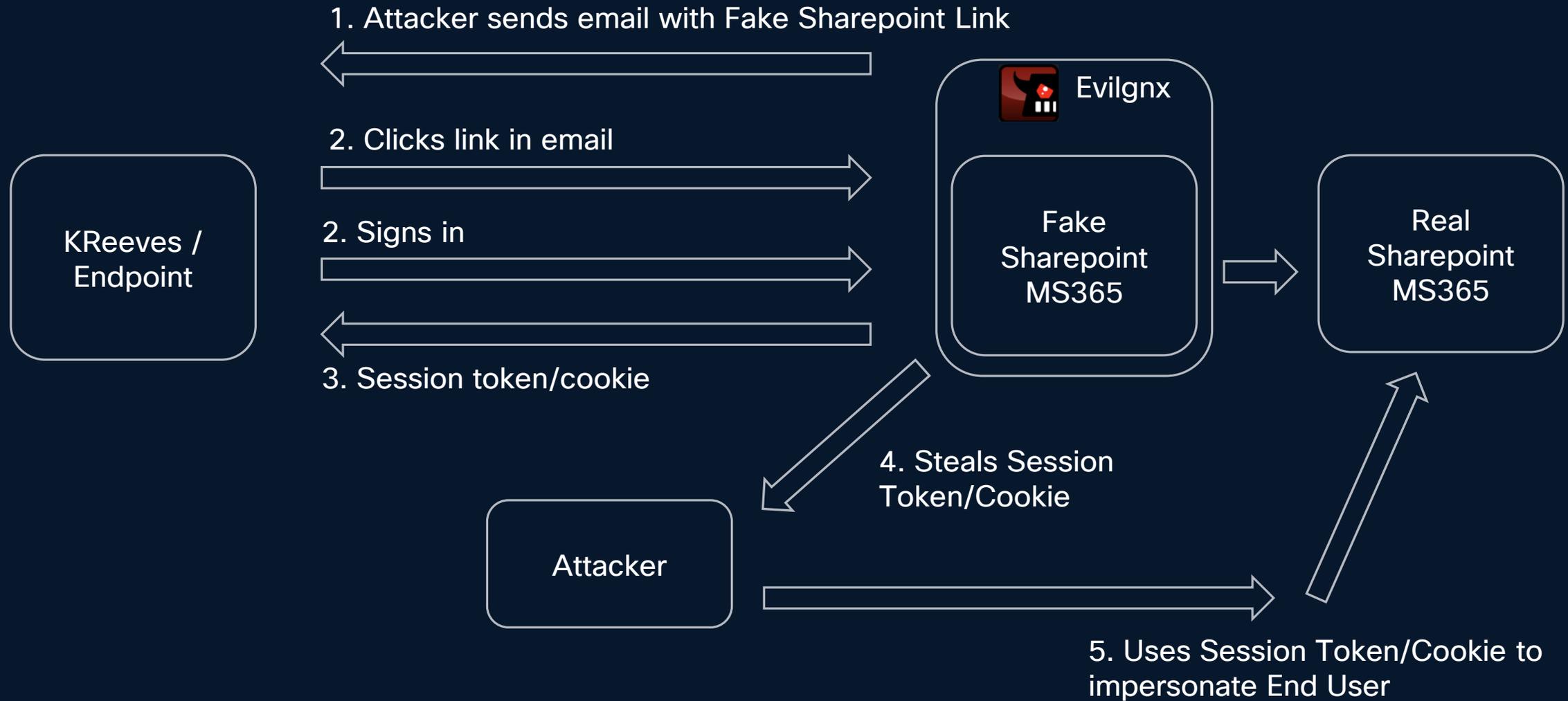
**Hijacked in Seconds: How Hackers Steal Your Online Sessions**  
1.7K views • 6 days ago  
Yaniv Hoffman  
Your online session could be hijacked in seconds—and you might never know it happened. Session hijacking is one of the most ...

**186K views**

**1700 views**

# Anatomy of Attack

## MFA Bypass Session Hijacking



**Categories To Block** EDIT

- Malware  
Websites and other servers that host malicious software.
- Newly Seen Domains  
Domains that have become active very recently. These domains may be used for phishing or other malicious activities.
- Command and Control Callbacks  
Prevent compromised devices from communicating with attackers' infrastructure.
- Phishing Attacks  
Fraudulent websites that aim to trick users into handing over personal or financial information.
- Dynamic DNS  
Block sites that are hosting dynamic DNS content.
- Potentially Harmful Domains  
Domains that exhibit suspicious behavior and may be part of an attack.
- DNS Tunneling VPN  
VPN services that allow users to disguise their traffic by tunneling it through the DNS protocol. These can be used to bypass corporate policies regarding access and data transfer.
- Cryptomining  
Cryptomining allows organizations to control cryptominer access to mining pools and web miners.

## Umbrella/Secure Access DNS Security

# Blue Team

Duo Passport

Session Token Threat Protection

Cookie-less Session

Login once, Access Everything

**Verdict & Techniques**

 **Phishing**

**BRAND IMPERSONATION**  
Detected a brand impersonation in email

**SUSPICIOUS BUTTON**  
Email contains a button with a suspicious request

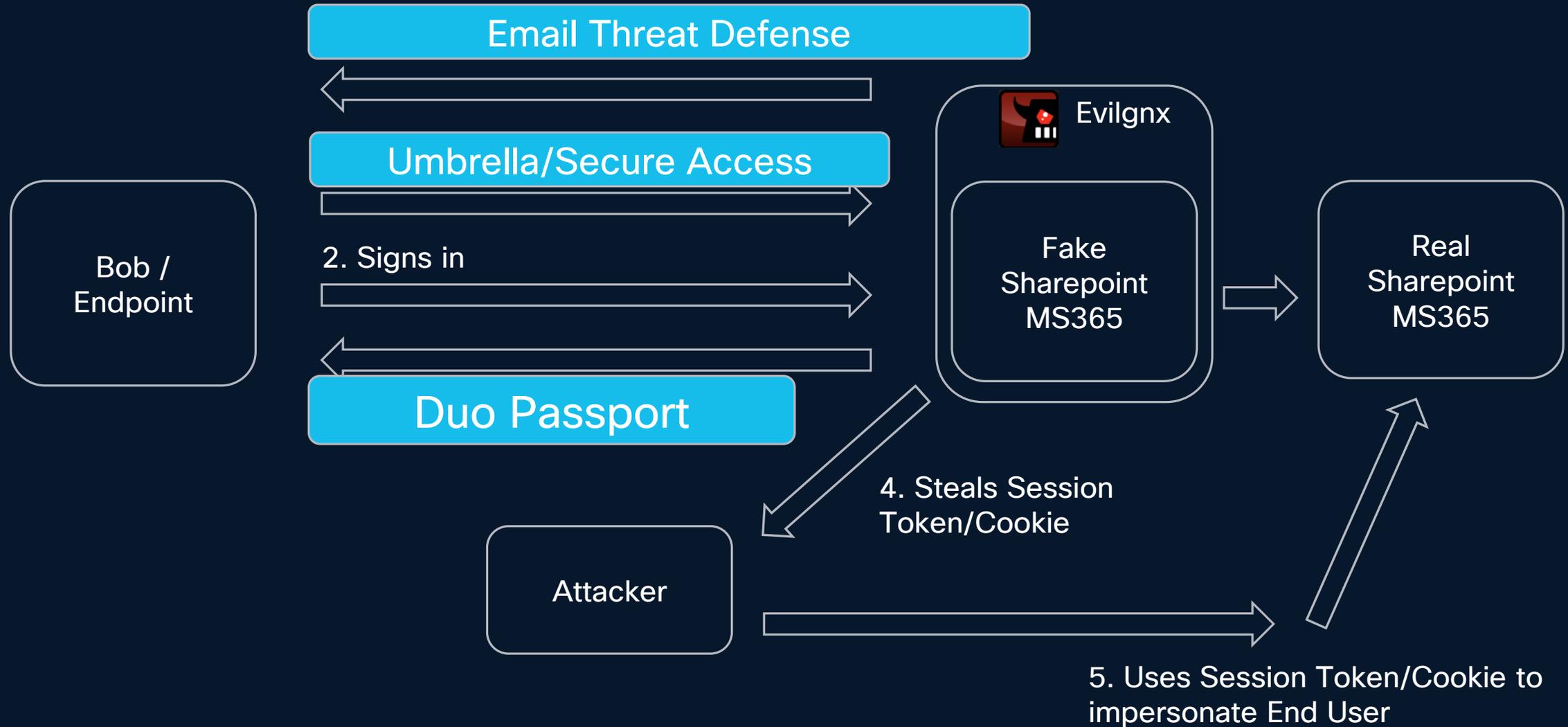
**LINK MASQUERADE**  
Masqueraded HTML link leads to a different address than displayed

**MALICIOUS URL**  
<https://ACCOUNTS.M1CR050FT.COM>

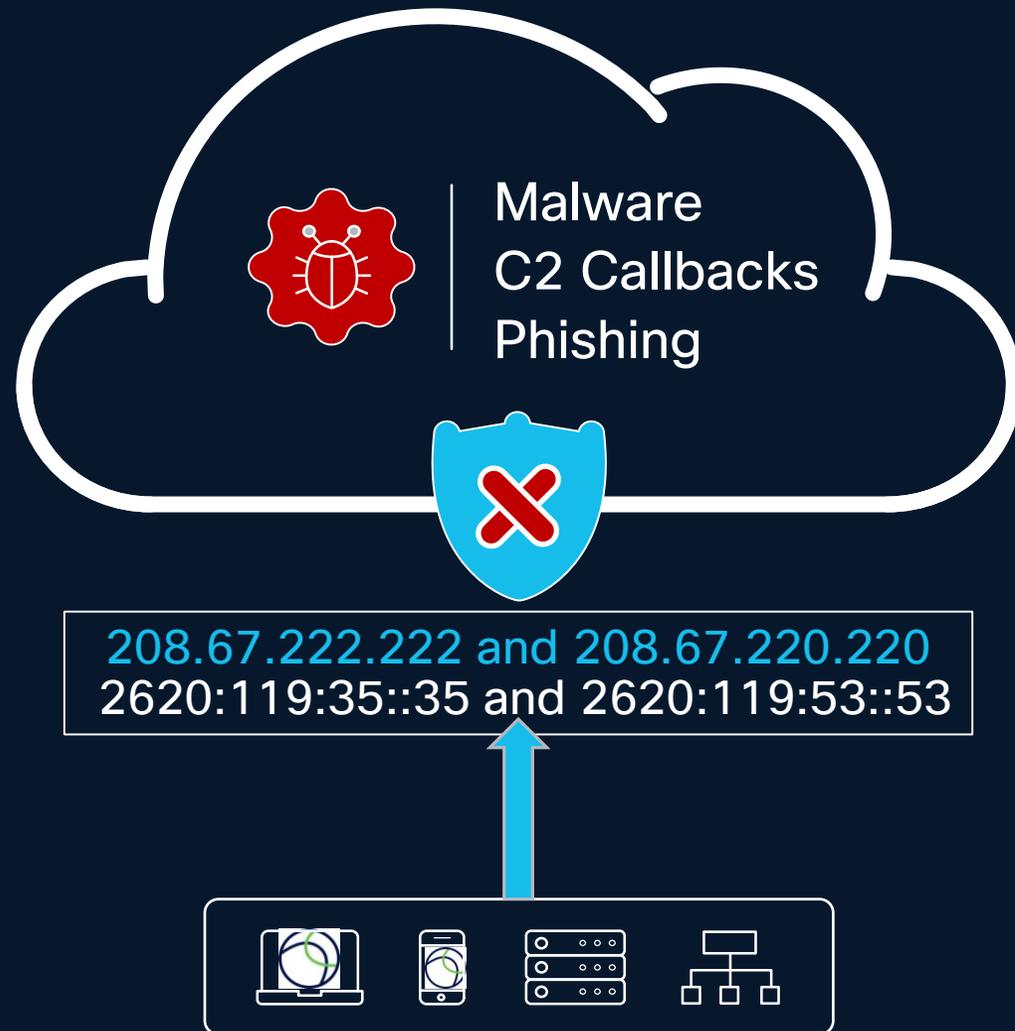
## Email Threat Defense Phishing Protection

# Tools Used to Protect

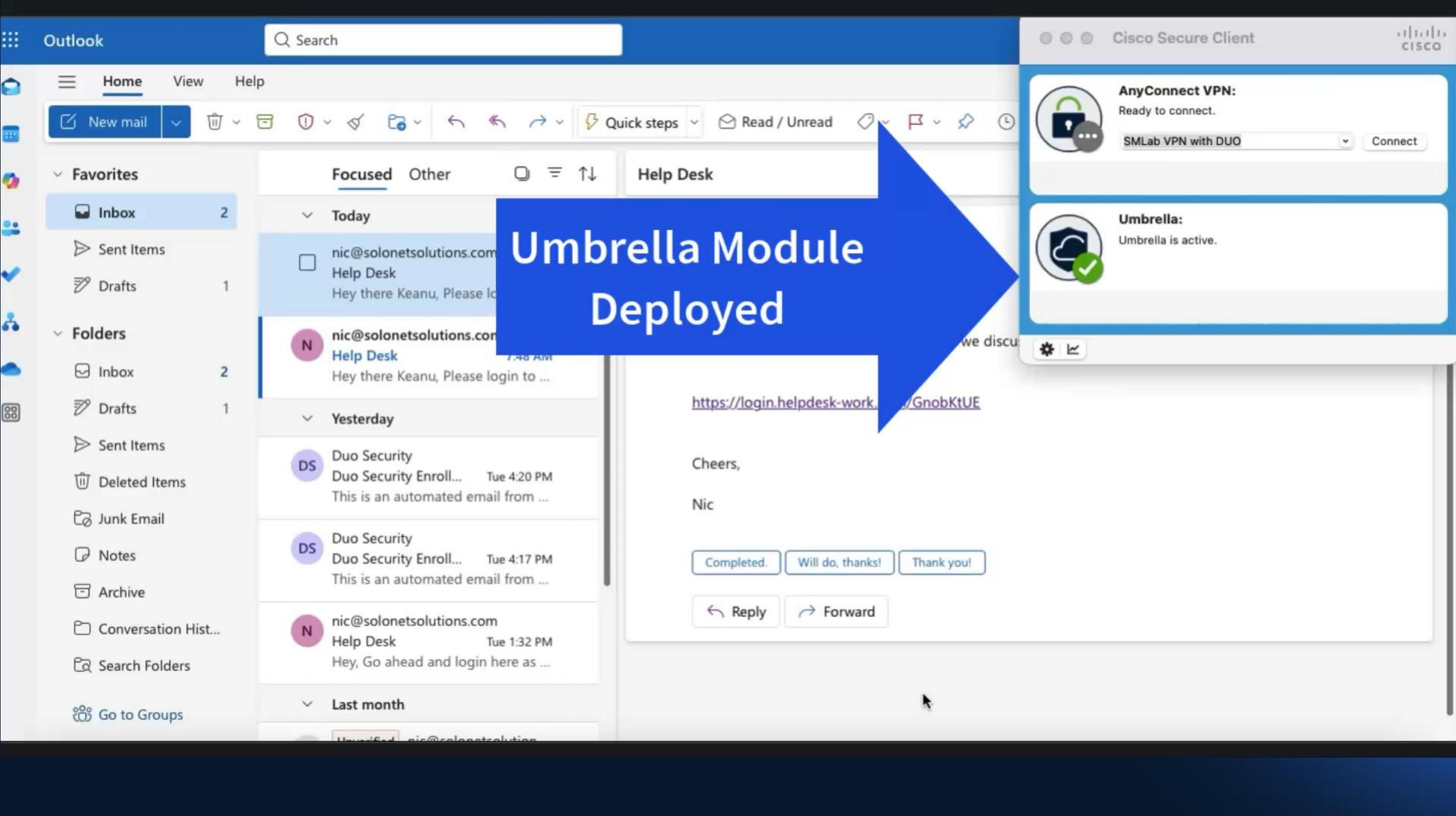
## MFA Bypass Session Hijacking



# What is Umbrella/Secure Access?



- Umbrella / Secure Access DNS Protection
- SaaS
- DNS Recursive Resolved
- DNS protection via DNS Forwarding or using Cisco Secure Client: Umbrella Module
- \*Secure Access includes other functions not used in this session (SWG, ZTNA, VPNaaS, FWaaS, Experience Insights)



New mail

Favorites

- Inbox 2
- Sent Items
- Drafts 1
- Folders
  - Inbox 2
  - Drafts 1
  - Sent Items
  - Deleted Items
  - Junk Email
  - Notes
  - Archive
  - Conversation Hist...
  - Search Folders
  - Go to Groups

Focused Other Help Desk

- Today
  - nic@solonetsolutions.com Help Desk  
Hey there Keanu, Please lo
  - nic@solonetsolutions.com Help Desk  
Hey there Keanu, Please login to ...
- Yesterday
  - Duo Security Duo Security Enroll... Tue 4:20 PM  
This is an automated email from ...
  - Duo Security Duo Security Enroll... Tue 4:17 PM  
This is an automated email from ...
  - nic@solonetsolutions.com Help Desk Tue 1:32 PM  
Hey, Go ahead and login here as ...
- Last month

Umbrella Module Deployed

<https://login.helpdesk-work.../GnobKtUE>

Cheers,  
Nic

Completed Will do, thanks! Thank you!

Reply Forward



AnyConnect VPN:

Ready to connect.

SMLab VPN with DUO

Connect



Umbrella:

Umbrella is active.

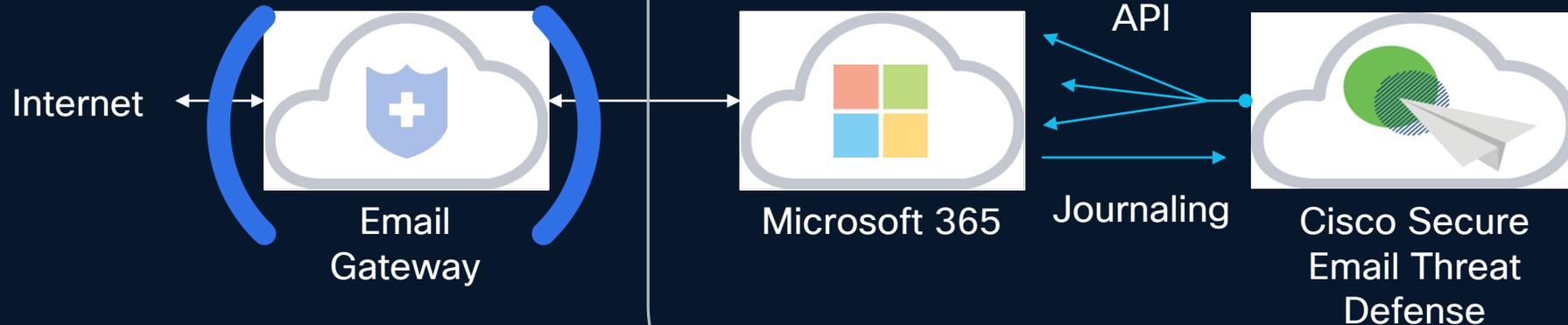
# What is Email Threat Defense?

## Secure Email Gateway

Modifies and filters **inbound** and **outbound** messages that cross the perimeter

## Cisco Secure Email Threat Defense

Has complete visibility of **inbound**, **outbound** and **internal** messages



- SaaS
- Integrated Cloud Email Security
- Agile Development
- Built with Cloud Native Services
- Advanced Analytics on Emails

- Favorites**
  - Inbox 2
  - Sent Items
  - Drafts 1
- Folders**
  - Inbox 2
  - Drafts 1
  - Sent Items
  - Deleted Items
  - Junk Email
  - Notes
  - Archive
  - Conversation Histo...
  - Search Folders
  - Go to Groups

- Focused** Other
- Today**
    - nic@solonetsolutions.com Help Desk 7:50 AM  
Hey there Keanu, Please login to ...
    - nic@solonetsolutions.com Help Desk 7:48 AM  
Hey there Keanu, Please login to ...
  - Yesterday**
    - Duo Security Duo Security Enroll... Tue 4:20 PM  
This is an automated email from ...
    - Duo Security Duo Security Enroll... Tue 4:17 PM  
This is an automated email from ...
    - nic@solonetsolutions.com Help Desk Tue 1:32 PM  
Hey, Go ahead and login here as ...
  - Last month**

**Help Desk**

nic@solonetsolutions.com  
To: Keanu Reeves  
Wed 6/4/2025 7:50 AM

Hey there Keanu,

Please login to the link via sharepoint as we discussed on the phone.

<https://login.helpdesk-work.com/GnobKtUE>

Cheers,  
Nic

Completed. Will do, thanks! Thank you!

Reply Forward



# Duo Passport for Session Token Theft Protection

- Duo Passport Session Token Theft Protection (STTP) reduces the risk of session hijacking by minimizing the use of cookies.
- Instead of setting a cookie when a Passport session is detected for authentication, STTP submits the Passport session directly, eliminating the need for a cookie entirely
- Duo > Policies > Passport 

### Enable Passport

Once you've deployed Duo Desktop and configured your remembered devices policy, you can enable Duo Passport for some or all users.

Disable Passport  
 Enable Passport for only certain groups

Groups to include

RequireDuoDesktop x
x
v

Enable Passport for all users, except certain groups

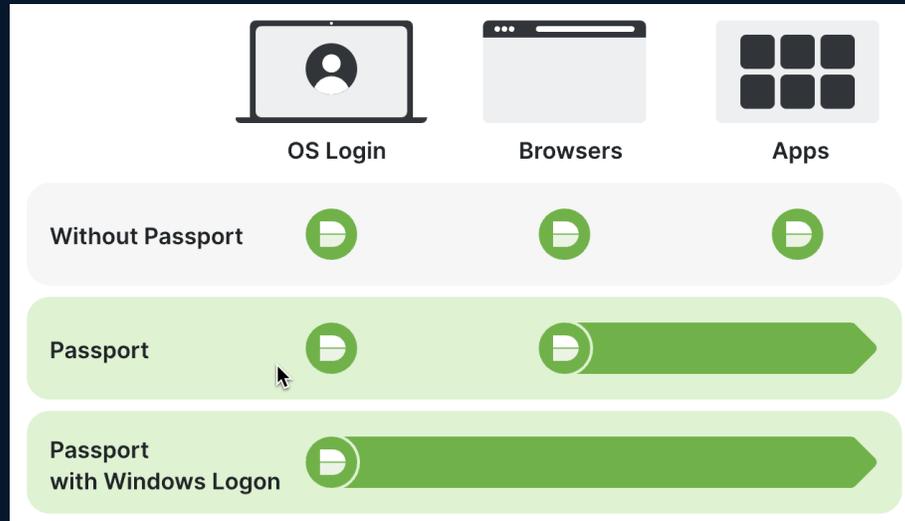
Groups to exclude

No groups selected
v

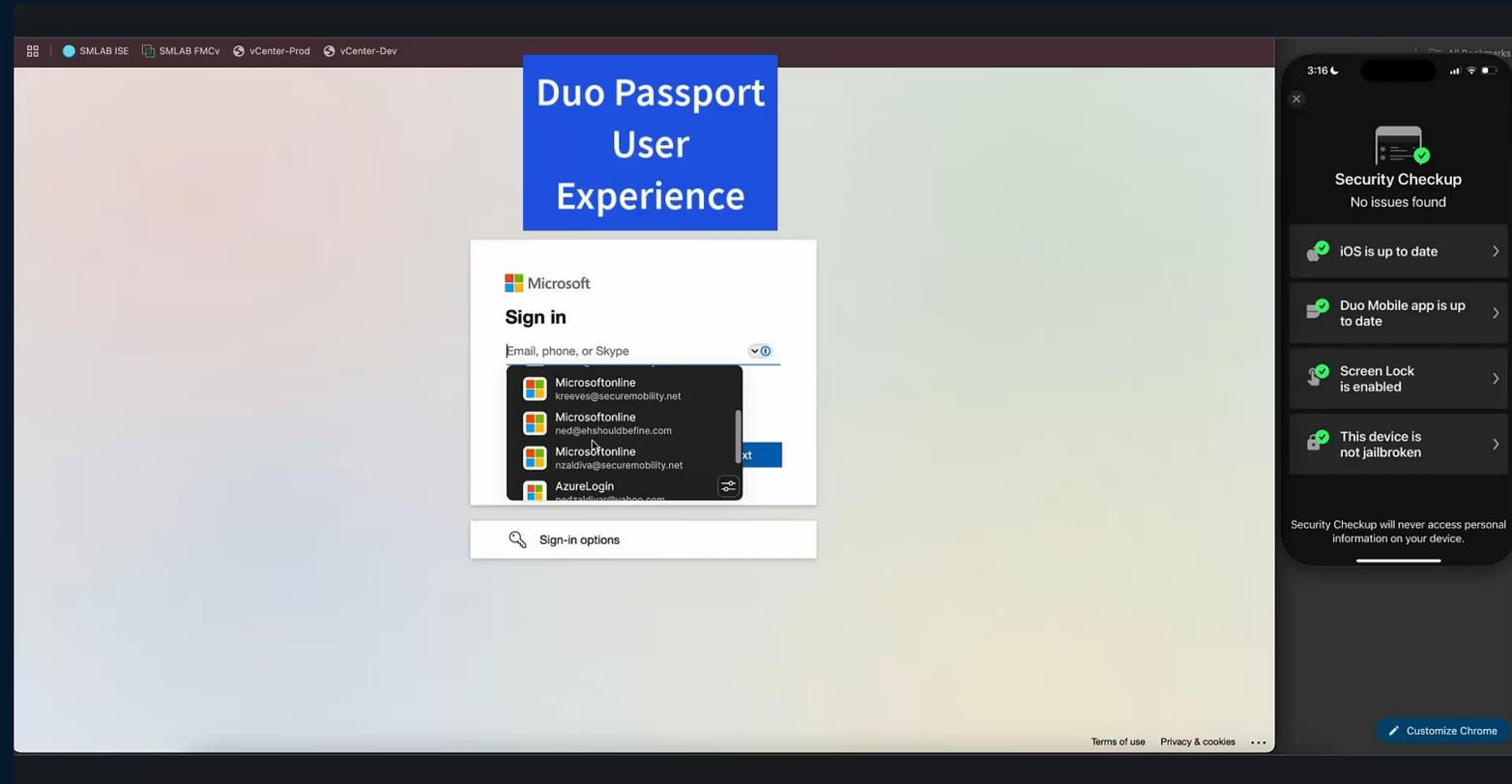
Enable Passport for all users

Timestamp (CDT) v	Duo Passport Sessions	User	Application	Risk-Based Policy Assessment i	Access Device	Authentication Method
3:16:03 PM JUN 2, 2025	<span style="color: green;">✓</span> <b>Granted</b> Authentication trusted by Risk-based remembered devices via Passport	nzaldiva	Microsoft Azure Active Directory	<b>Session verified</b> Session verified	> Mac OS X 15.5 (24F74) As reported by Duo Desktop	Remembered Device Location Unknown
3:14:33 PM JUN 2, 2025	<span style="color: green;">✓</span> <b>Granted</b> Authentication trusted by Risk-based remembered devices via Passport	nzaldiva	Cisco Firepower Threat Defense VPN - Single Sign-On	<b>Session verified</b> Session verified	> Mac OS X 15.5 (24F74) As reported by Duo Desktop	Remembered Device Location Unknown

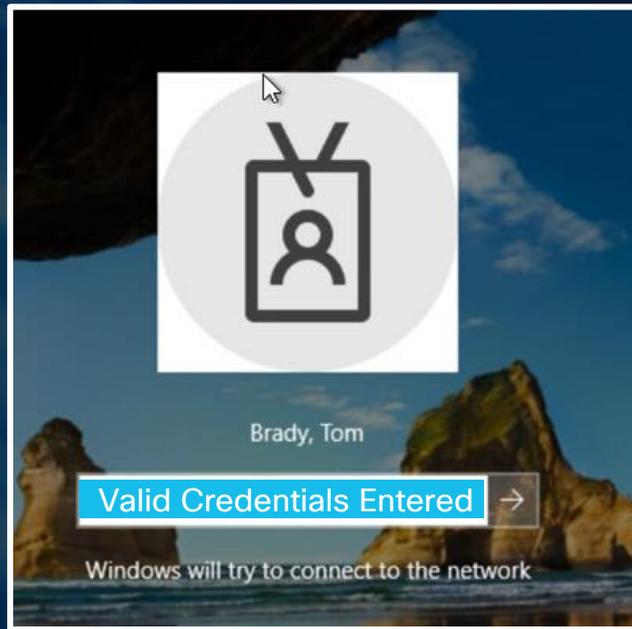
# Duo Passport for Session Token Theft Protection



Duo Passport brings Duo Desktop together with the remembered devices policy, so your users can authenticate less often. It works with MFA, passwordless, SSO, and Duo Authentication for Windows Logon.



# Valid Account

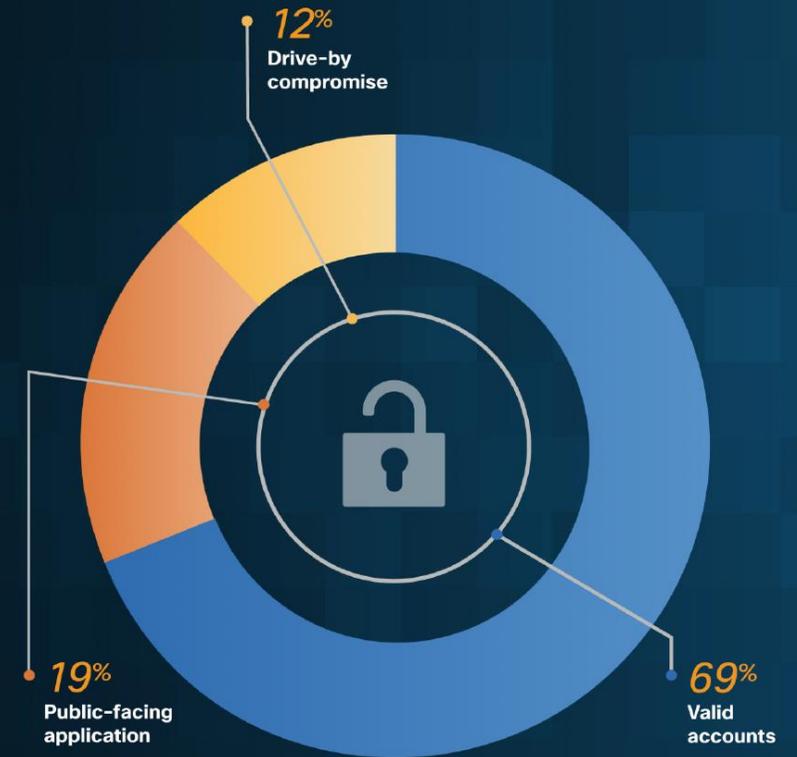




# Initial Access and Valid Accounts

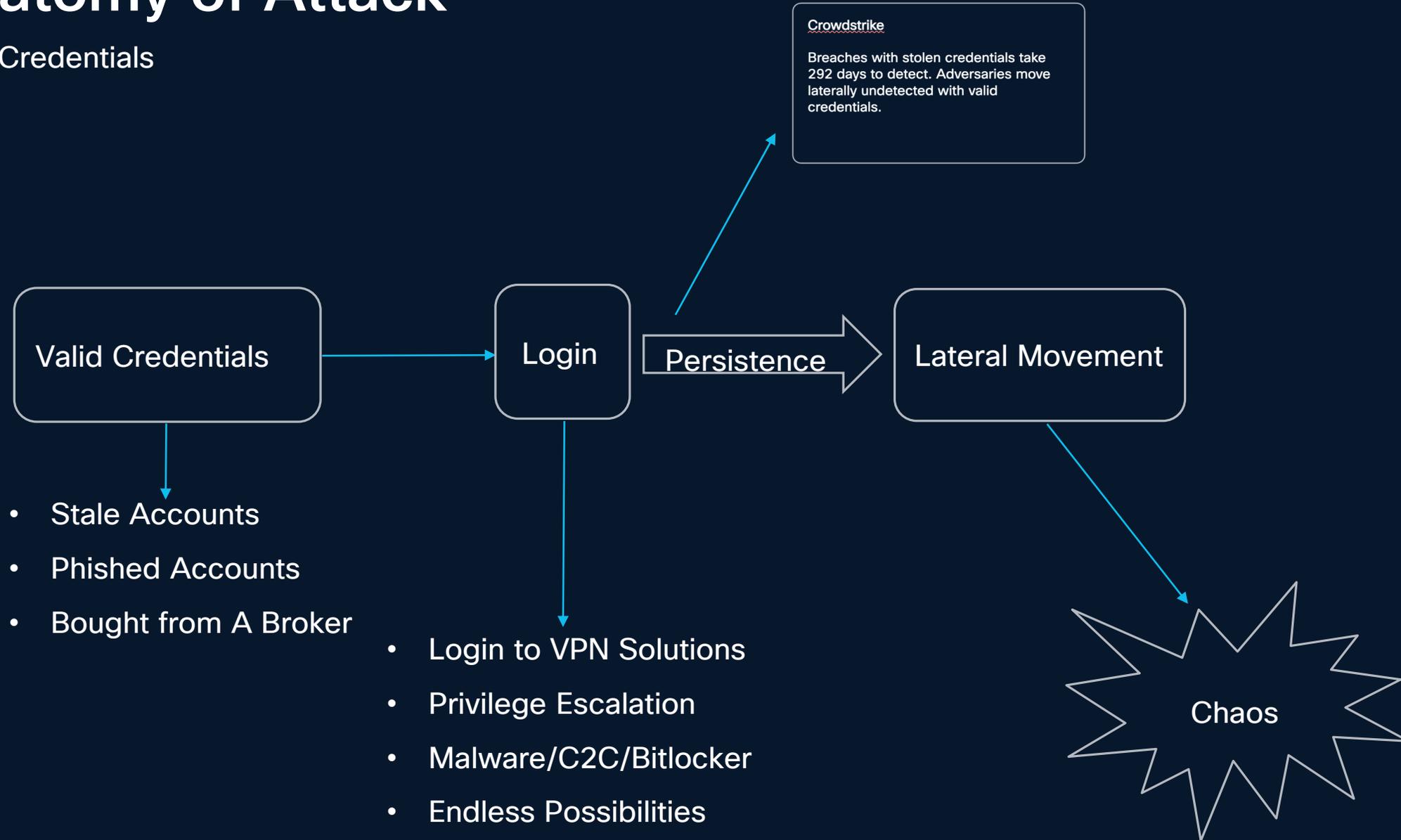
## Initial access and valid accounts

Ransomware actors overwhelmingly leveraged valid accounts for initial access in 2024, with this tactic appearing in almost 70% of related cases



# Anatomy of Attack

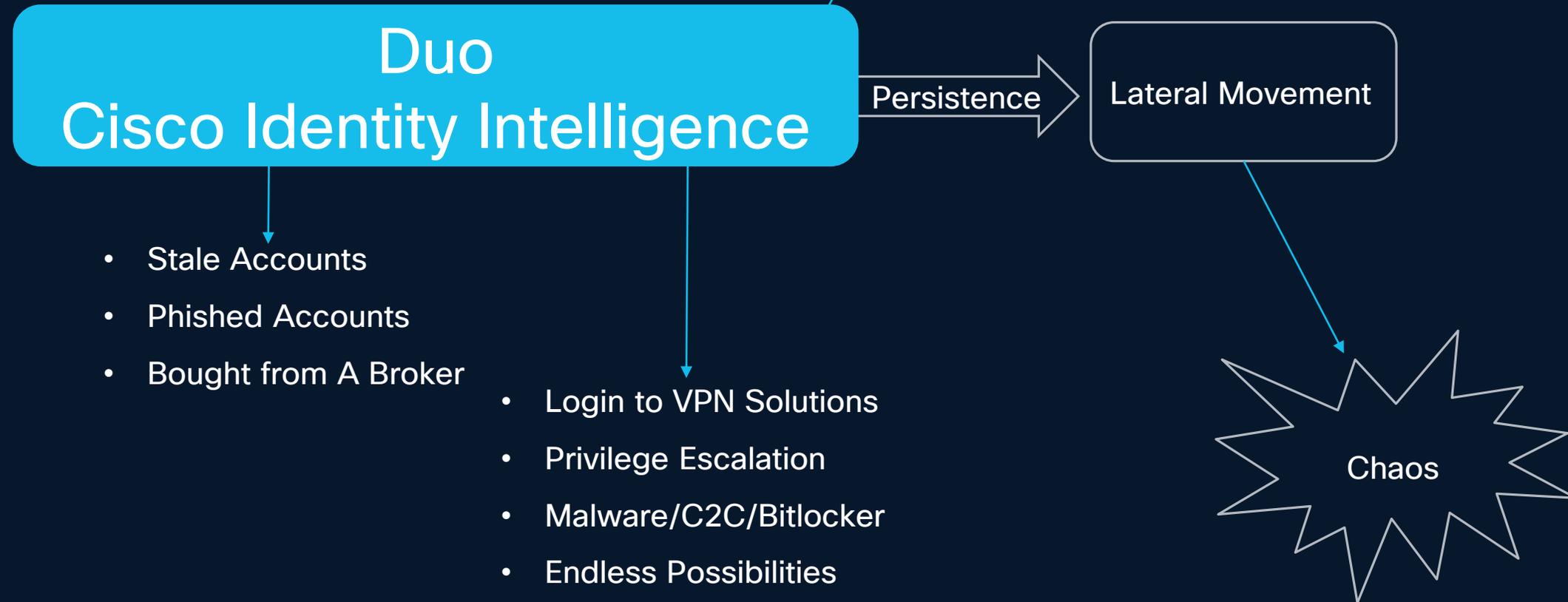
## Valid Credentials



# Blue Team

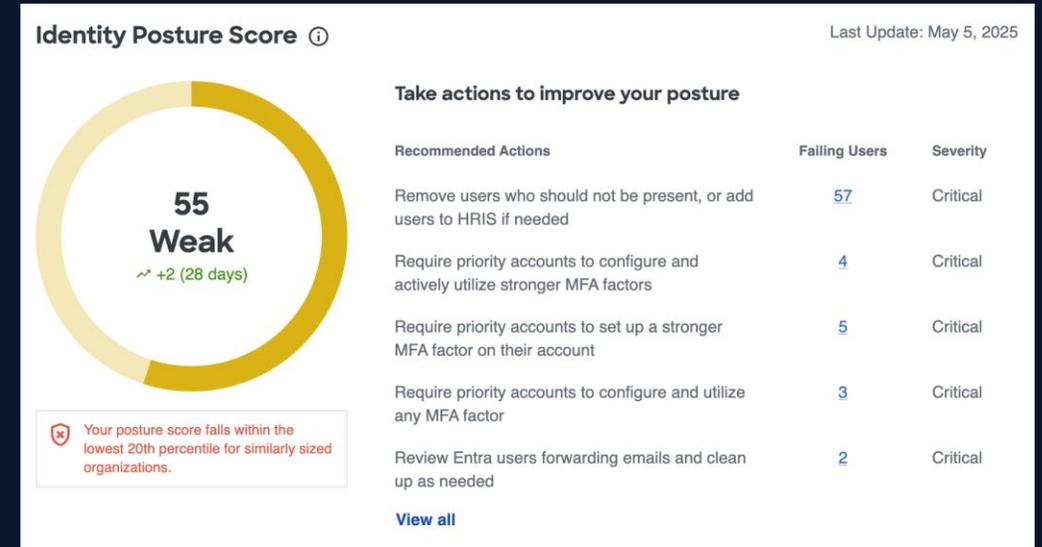
# What visibility do we have?

Valid Credentials



# What is Cisco Identity Intelligence

- Identity Threat Detection Response
- Aggregates multiple Identity Sources
- Identity Posture
- MFA Hygiene
- MFA Threats
- User, Device and Application Inventory
- SaaS



## MFA Hygiene

**18**

No MFA Configured

↓ 2.33% (7 days)

↑ 20.31% (30 days)

**6**

Active accounts with no MFA configured

**11**

Inactive accounts with no MFA configured

**50**

Never logged in accounts with no MFA configured

**0**

Weak MFA Was Used To Successfully Sign In

**2**

No Strong MFA Configured

↑ 30% (30 days)

## MFA Threats

**1**

Accounts with no MFA under password attack

**1**

Telecom MFA Limit Reached

**1**

MFA Flood

**1**

Weak MFA Manually Activated and Utilized



Search

- Collapse
- Home
- Users**
- Devices
- Policies
- Applications
- Reports
- Monitoring
- Billing
- Settings

# Duo Investigation of MROWE

## Users

External Directories | Import Users | Bulk Enroll Users | **Add User**

**i** You have users who have not activated Duo Mobile. [Click here to send them activation links.](#)  
Need to activate a replacement phone? [Learn more about Reactivating Duo Mobile](#)

**145** Total Users | **103** Not Enrolled | **136** Inactive Users | **0** Trash | **1** Bypass Users | **45** Locked Out

Select (0) | ... | Export | Search

<input type="checkbox"/>	Username ▲	Name	Email Address	Phones	Tokens	Status	Last Login
<input type="checkbox"/>	admin@securemobility.o		nicrosoft.com	1	1	Active	Never authenticated
<input type="checkbox"/>	administrator					Locked ... Not enrolled	Mar 8, 2024 4:01 PM

# MFA Fatigue and other Weak MFA Authentications: SMS and Phone

 DUO MOBILE now

**Are you logging in?**  
Additional verification needed. Open app to verify.

 DUO MOBILE now

**Are you logging in?**  
Additional verification needed. Open app to verify.

 DUO MOBILE now

**Are you logging in?**  
Additional verification needed. Open app to

 DUO MOBILE now

**Are you logging in?**  
Additional verificat  
verify.

 DUO MOBILE now

**Are you logging in?**  
Additional verification needed. Open app to verify.



## Sign in

k

No account? [Create one](#)

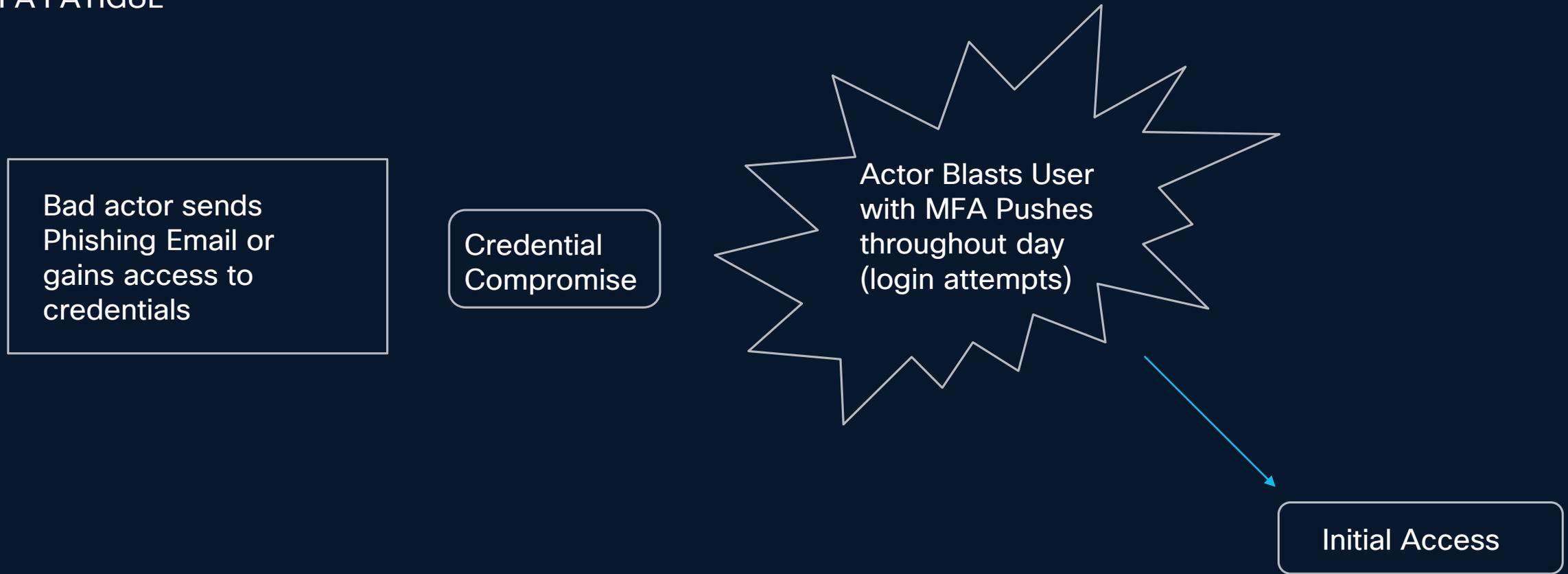
[Can't access your account?](#)

[Back](#) [Next](#)

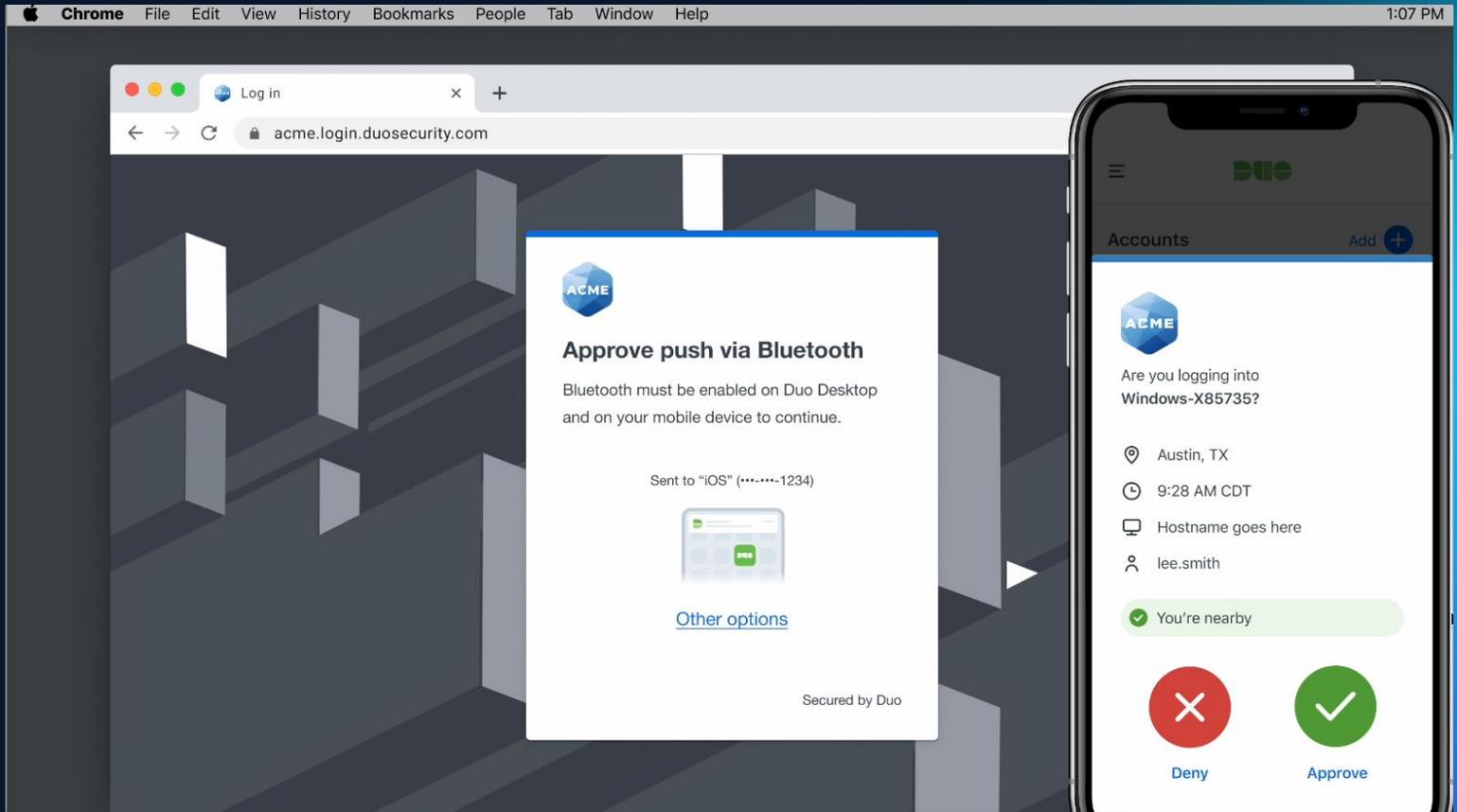
 [Sign-in options](#)

# Anatomy of Attack

## MFA FATIGUE



# Blue Team for MFA Fatigue



# Duo Investigation of MFA Fatigue kreeves

- Collapse
- Home
- Users**
- Devices
- Policies
- Applications
- Reports
- Monitoring
- Billing
- Settings

← Users **kreeves** Logs | Send Duo Push | Sync This User

 kreeves was denied access 1 hour ago. ×  
[Why was kreeves denied access?](#)

 This user was synced from the directory [SMLAB\\_AD](#). Some fields are read-only.

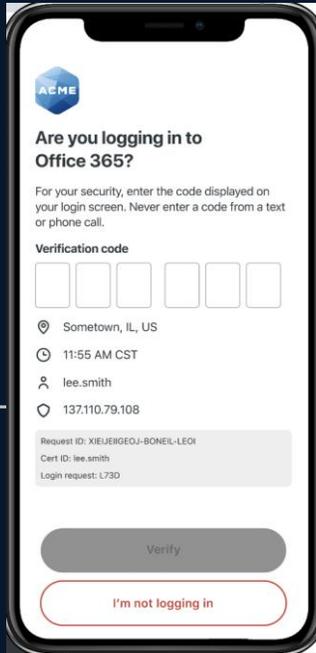
Device enrollment  Enrolled

Username

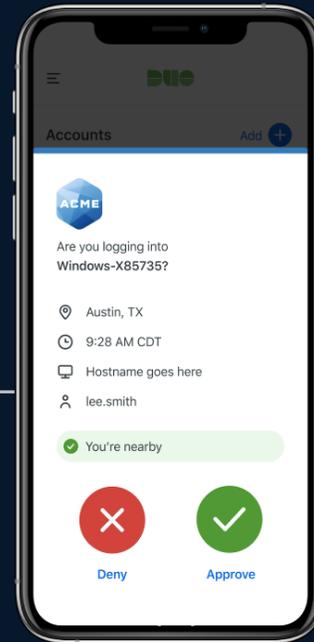
Username aliases Username alias 1

# Tools/Features Used:

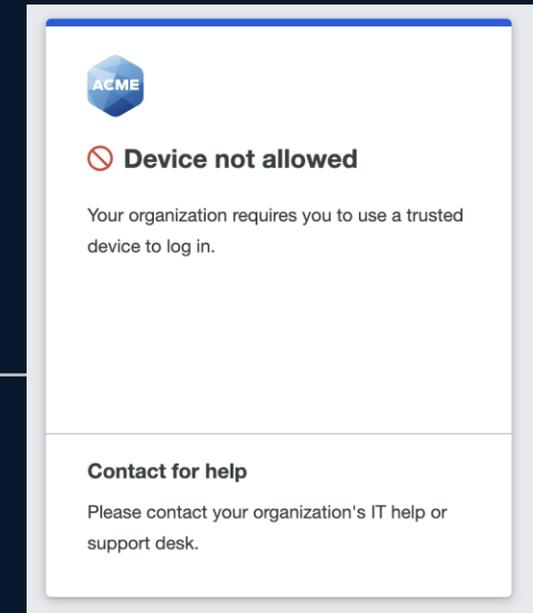
## MFA Fatigue



**Verified Push**



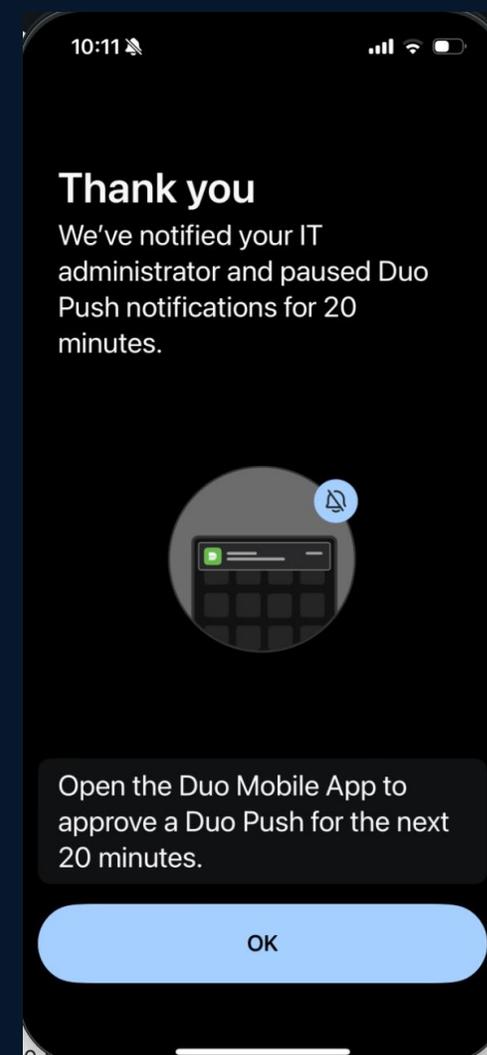
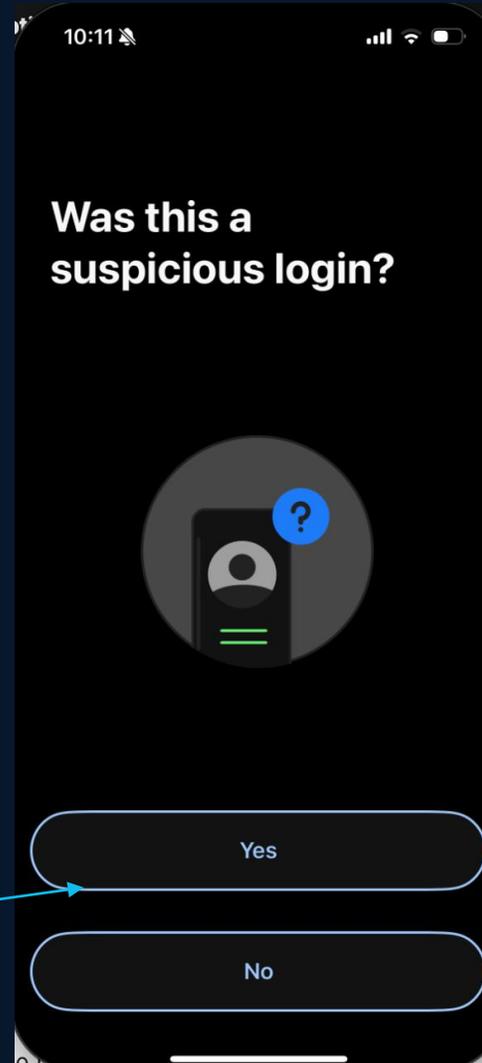
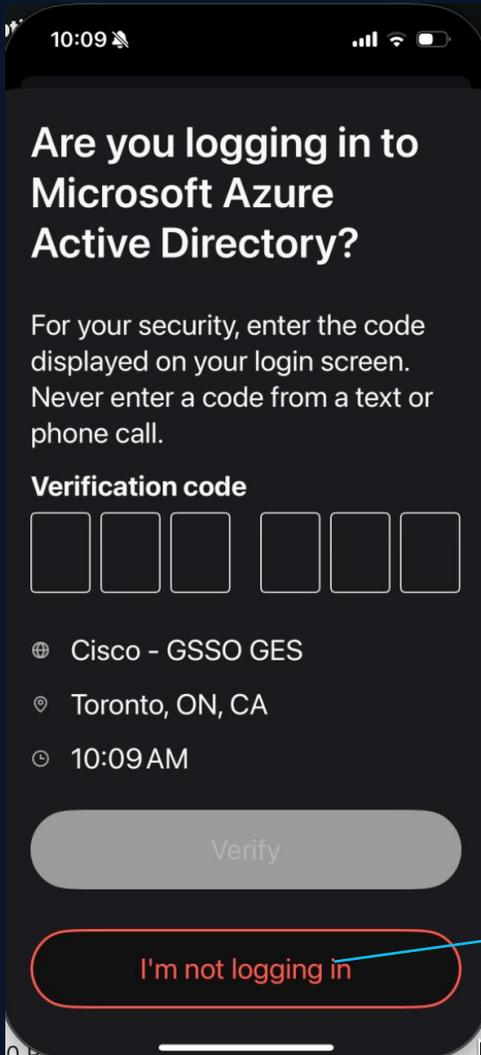
**Duo Mobile Proximity Verification**



**Trusted Device**

# MFA Fatigue – Verified Push (Code enabled)

Suspicious login available across all options



# Fraudulent Report + User Lockout Examples

**Fraudulent authentication report**

DS Duo Security <no-reply@duosecurity.com> Today at 10:11 AM  
To: Charles Kim (kimchar); jpsanche@securemobility.net; Keith Simmons (keitsimm); keitsimm@securemobility.net; Ned Zaldivar (nzaldiva)

---

**This is an automated email from Duo Security.**

---

User kreeves (Keanu Reeves) has reported a fraudulent authentication request.

User: kreeves (Keanu Reeves)

Factor: Verified Duo Push

Date: Wed Jun 4 10:11:21 2025 America/Chicago

Customer: Cisco - GSSO GES

Integration: Microsoft Azure Active Directory

IP address: 155.190.1.4

User administration page: <https://admin-72eeb4eb.duosecurity.com/users/DUG0ABQF7WEY4ESI1SO4?referer=email>

**User lockout report**

DS Duo Security <no-reply@duosecurity.com> Today at 10:31 AM  
To: Charles Kim (kimchar); jpsanche@securemobility.net; Keith Simmons (keitsimm); keitsimm@securemobility.net; Ned Zaldivar (nzaldiva)

---

**This is an automated email from Duo Security.**

---

User kreeves (Keanu Reeves) has been locked out due to excessive authentication failures.

User: kreeves (Keanu Reeves)

Factor: Verified Duo Push (Proximity Verification)

Date: Wed Jun 4 10:30:53 2025 America/Chicago

Customer: Cisco - GSSO GES

Integration: Microsoft Azure Active Directory

IP address: 155.190.51.4

User administration page: <https://admin-72eeb4eb.duosecurity.com/users/DUG0ABQF7WEY4ESI1SO4?referer=email>

Link to admin portal to start investigation

# Duo Policy Options

## Notification of Fraud

## Other Lockout and Fraud settings

- Unenrolled users
- Failed Attempts
- Frequent Attempts

### Lockout and Fraud

#### Multi-factor authentication

Lockout settings for users' second factor authentication like Duo Push, passkeys etc.

##### Notification email

Email administrators when users or admins report fraudulent activity or when users get locked out due to failed login attempts. Fraud can be reported through push notifications, email, or Duo Trust Monitor.

**Notify all admins**

Notify specific email address:

Do not notify

##### Unenrolled users

Set a new or existing user's status to **Locked Out** if they haven't registered a device in a set length of time.

30

days after a user is created in Duo

##### Failed attempts

Set a user's status to **Locked Out** after  consecutive failed attempts

Revert user status to **Active** after  minutes

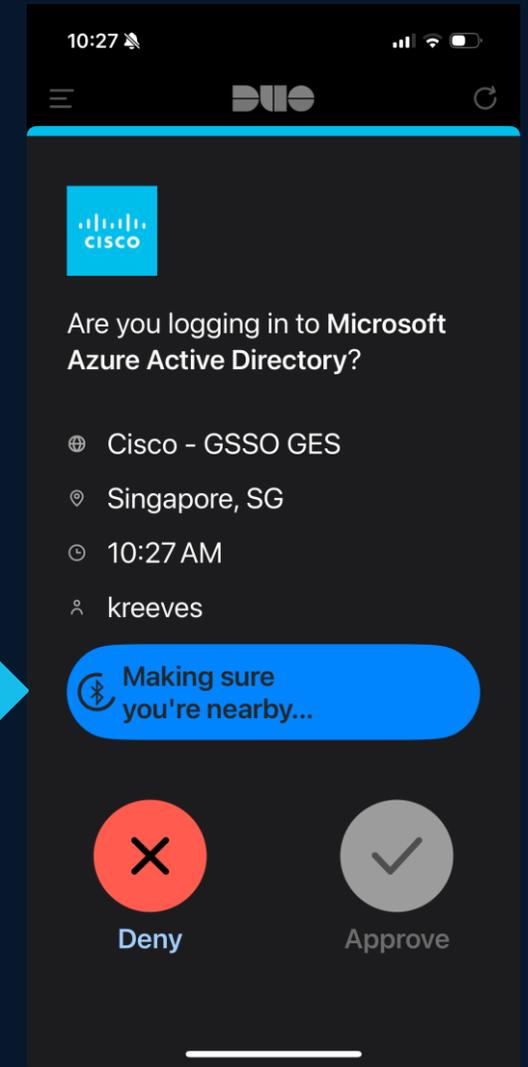
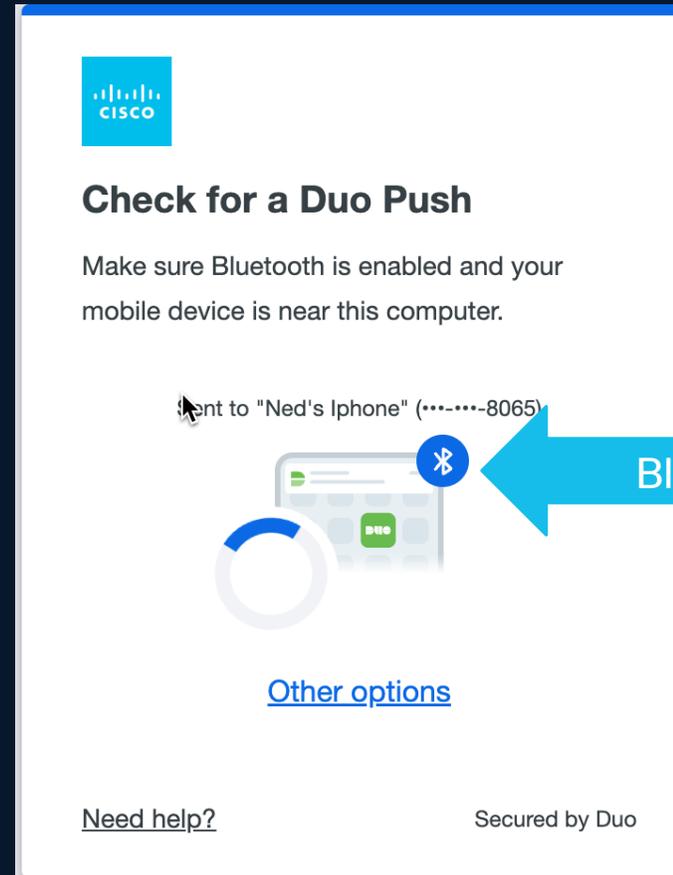
##### Frequent attempts

Block Duo Push attempts that occur within 15 seconds of an unanswered attempt

Blocking this type of Duo Push activity can prevent authentication fraud. Blocked attempts will be reported in the Authentication Log as **Frequent attempts**.

# MFA Fatigue – Verified Push with Proximity (patent pending)

- End user cannot approve
- Attacker Authentication not in Bluetooth Range of Authenticator
- Eliminates the human error



# Duo Policy Options for MFA Fatigue

**Devices**

Trusted Endpoints

- ✓ Duo Desktop & device health
- ✓ Remembered devices
- ✓ Operating systems
- ✓ Browsers

Plugins

**Networks**

Authorized networks

Anonymous networks

**Authenticators**

- ✓ Risk-based factor selection
- ✓ Authentication methods

Duo Mobile app

Tampered devices

Screen lock

Duo Push

- Require a Verified Duo Push

Verification code length: 3 (default) ▾

- Require users to enter a verification code  
Users must enter a verification code for every Duo Push.
- Autofill the verification code with Bluetooth **Early Access**  
Requires Duo Desktop, and is only available for browser-based logins on Mac and Windows. The verification code can still be entered manually.
- Require proximity verification with Bluetooth **Early Access**  
Requires Duo Desktop, and is only available for browser-based logins on Mac and Windows. If proximity verification fails or isn't possible because of device or platform restrictions, the user will be blocked unless an alternative method is available.

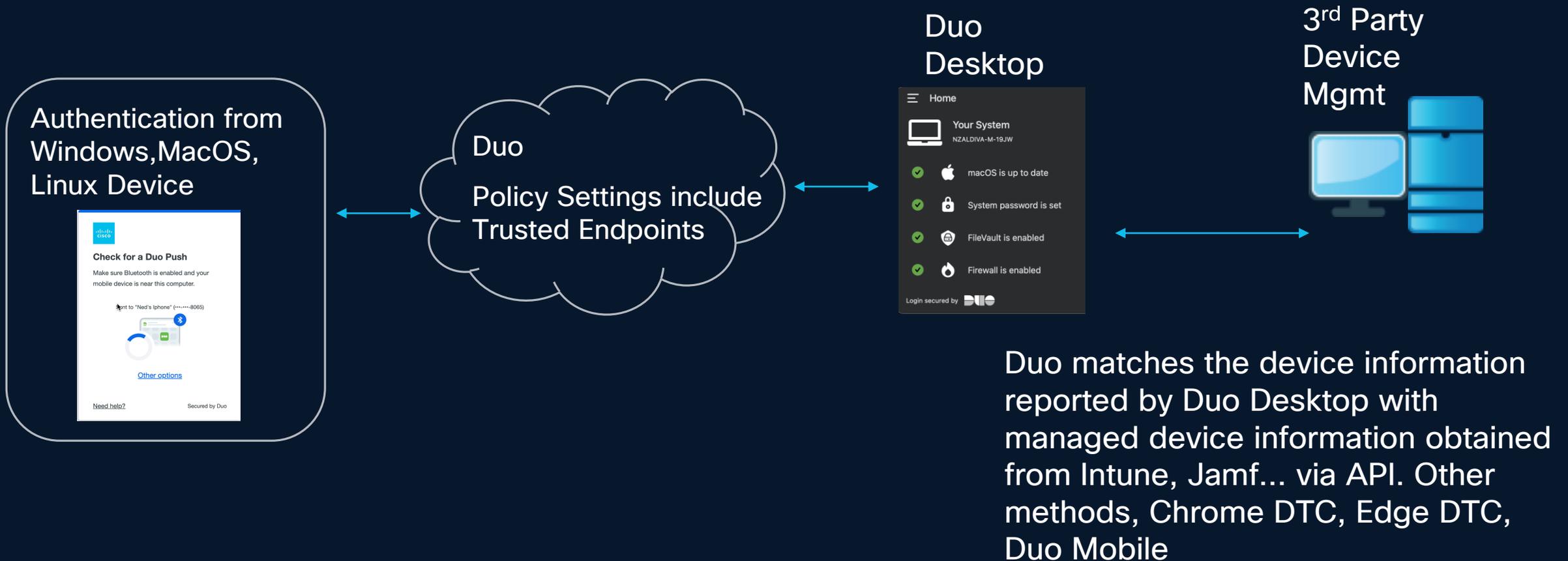
Duo Desktop authentication

- Duo Mobile passcodes
- SMS passcodes
  - Automatically send a new passcode up to 3 times if delivery fails. Any retries will use additional telephony credits.
- Phone callback
- Hardware tokens
- Bypass code

Verified Push  
with Code

Verified Push  
with Proximity

# How Trusted Device Verification Works With Duo Desktop (Win/macOS/Linux)



<https://duo.com/docs/trusted-endpoints>

# Outlook for everyday email and calendars

Stay on top of multiple accounts with email, calendars, and contacts in one place. Available on desktop, mobile, and web.

[Sign in](#)[Create free account](#)[See plans and pricing](#)

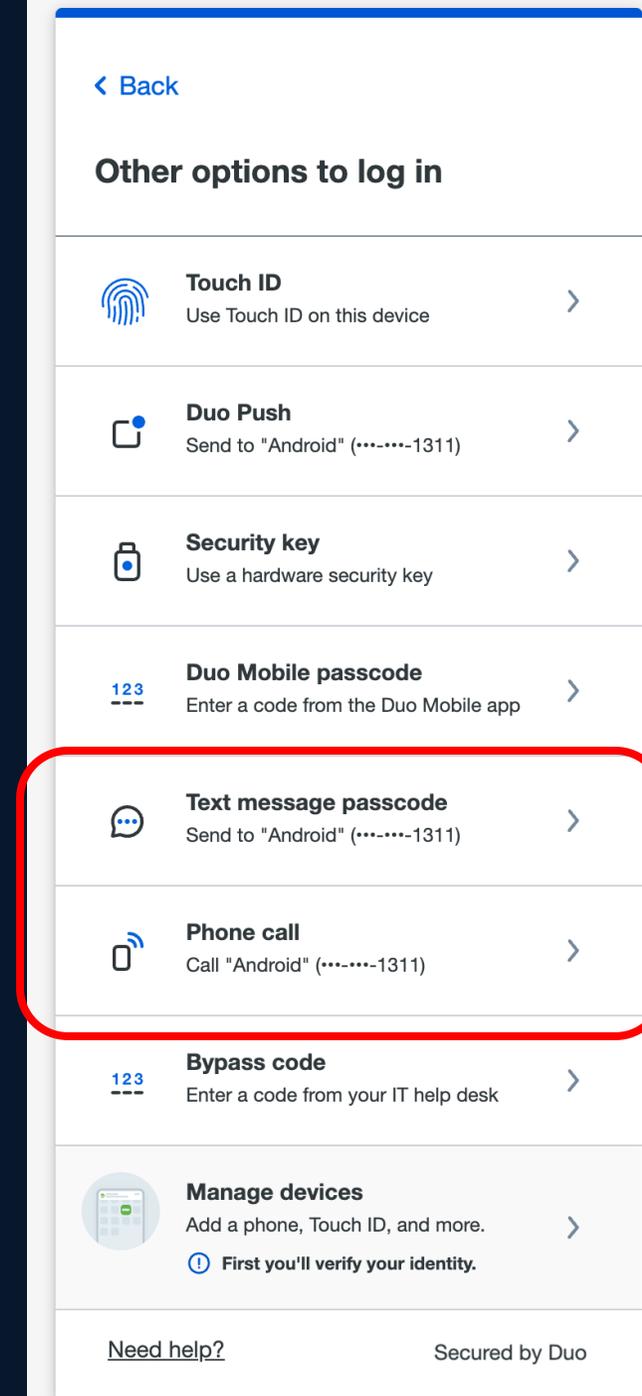
# Phone / SMS MFA is Insecure

- **Interception** (sms) SS7/Network Vulnerabilities, Phone Malware
- **Not Encrypted** (sms) – RCS and iMessage are encrypted as well as other 3<sup>rd</sup> party messaging apps.
- **Sim Swapping** (both) – Getting your phone linked to an existing account
- **Social Engineering** (both)

## How to protect?

- Who is using it?
  - Duo Reporting
  - Cisco Identity Intelligence -> across all identities
- Policy Changes
  - Disable both SMS and Phone
  - Turn off inline enrollment ->

[https://help.duo.com/s/article/7769?language=en\\_US](https://help.duo.com/s/article/7769?language=en_US)



# Summary

- Identity Attacks are going to happen
- These attacks are well known, but take diligence to mitigate

- Visibility is key!
- For Threat & Compliance

- MFA is not a checkbox activity
- MFA is a must not just for critical apps, but all applications
- MFA Phishing Resistance is a must

# Complete Your Session Evaluations



**Complete** a minimum of 4 session surveys and the Overall Event Survey to be entered in a drawing to win 1 of 5 full conference passes to Cisco Live 2026.



**Earn** 100 points per survey completed and compete on the Cisco Live Challenge leaderboard.



**Level up** and earn exclusive prizes!



**Complete your surveys** in the Cisco Live mobile app.

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**Book** your one-on-one Meet the Engineer meeting



**Attend** the interactive education with DevNet, Capture the Flag, and Walk-in Labs



**Visit** the On-Demand Library for more sessions at [www.CiscoLive.com/on-demand](http://www.CiscoLive.com/on-demand)

**Contact me at:** [nconroy@cisco.com](mailto:nconroy@cisco.com) [nzaldiva@cisco.com](mailto:nzaldiva@cisco.com)

# Cisco Live US Identity Security Learning Map

## Sunday—8<sup>th</sup>

**TECSEC-2013** 2:00PM  
Identity Zero to Hero: Understanding the Identity Security Space and Modern Auth

## Monday—9<sup>th</sup>

**BRKSEC-2100** 8:00AM  
ISE Your Meraki Network with Group Based Adaptive Policy

**BRKSEC-1017** 8:00AM  
Achieving Industry Standards, Frameworks and Architectures Using Duo

**BRKSEC-2096** 8:00AM  
Securing Industrial Networks: Where Do I Start?

**BRKSEC-2144** 9:00AM  
Modern Authentication Explained to the Network Professional

**BRKSEC-1383** 9:30AM  
Securing the Olympics: The Cybersecurity Architecture for Paris 2024

**BRKSEC-2416** 1:30PM  
Cisco ISE Meets Azure Cloud. Deploy, Automate, Integrate with Entra ID and Intune

## Tuesday—10<sup>th</sup>

**BRKSEC-2880** 2:00PM  
Identity Under Siege: Strategies for Today's Threats

**BRKSEC-2082** 3:00PM  
Breaking the Identity Provider Mold with Duo!

**BRKSEC-2162** 4:00PM  
Identity Intelligence Demystified

**BRKSEC-2347** 4:00PM  
ISE Deployment Improvements - Tips and Tricks

## Wednesday—11<sup>th</sup>

**BRKSEC-2164** 01:30PM  
Identity Based Attacks, a Red Team/Blue Team Experience

**BRKSEC-3707** 01:30PM  
Advanced SGT - Multi Domain Context

**BRKSEC-2910** 2:30PM  
Bridging the Gap: Integrating Identity Security Across Platforms

**VILSEC-1057** 2:30PM  
Fifteen bars of connectivity in Healthcare, powered by Jamf, Apple, and Cisco Private 5G

**BRKSEC-2879** 3:30PM  
Duo Identity Security: Protect your users and applications with SO MUCH more than MFA!

## Thursday—12<sup>th</sup>

**BRKSEC-2202** 9:00AM  
Demystifying the World of Passkeys

**BRKSEC-2660** 10:30AM  
Setting the Stage for ISE Deployment Success: A Guide to Effective Planning

**BRKSEC-2584** 10:30AM  
Innovative Authentication: Beyond Passwords

BU-led sessions

Thank you

**CISCO** Live !

